


VALPARAISO HIGH SCHOOL

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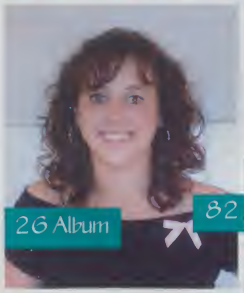
# 2006
## keep on keeping on



172 ads



120 sports



26 Album

82





student life

Enrollment: 2,061

Valparaiso High School
2727 N. Campbell Street
Valparaiso, IN 46385

# Keep on...



Representing Valparaiso High School, senior Ashton Kleeman dresses up as Victor the Viking, and encourages the crowd to make noise at the homecoming football game against Merrillville.

# 2006

(Left) VHS principal Patrick Weil waves to the community watching the Homecoming parade on Campbell Street. (Center) Cameron Weeks applauds his teammates as they come off the field to take a break. (Right) Key Clubs members help Ride do Halloween activities at the annual October Party.

When the freshmen first came to VHS, they were in awe of the experience and the sheer size of their new school. They excitedly, yet carefully, made their way through new territory which included new classes, new teachers, new circles of friends, and of course, the rules of the reigning upperclassmen.

For the sophomores, their first year back brought with it a new level of confidence that they proudly displayed as they walked the halls. Even with the added pressures of ISTEPS and drivers ed, they could breathe a slight sigh of relief.

Juniors finally secured their place among the upperclassmen. However along with this new sense of accomplishment came the uncertainty and added responsibility of longer papers, harder classes, SATs, and the pressure to maintain a decent GPA. The driving force in all this chaos remained the fact that they were one step closer to graduation.

With the arrival of the seniors came the belief that this would be one of the best years of their lives. Senior parties, picnics, and exemption points were just a few of the priviledges they had to look forward to during the year. Of course they would have to lend some focus to preparing for college and keeping up grades. When the last exams were turned in and the last diplomas were handed out, seniors could finally pause for a moment and say, whether in disbelief or with satisfaction-we finally made it.

Success at VHS was well-earned and widespread throughout the year though it did not always come easily. One needed to be determined. One needed to be passionate. Above all, one needed to garner the inner strength and endurance to simply keep on keeping on.

(Far Left) Top: The juniors design the winning homecoming float. (Center) Students participate in a game of "Simon says" at the annual Challenge Leadership Conference. (Right) Sox spirit is displayed in the hallways during the World Series. (Near Left) Junior Lindsay Jacobs follows through as she tees off the first hole at a home game. (Center) The B band performs a song. (Top) Brittany Cowan and Janie Bowker act out a skit at Challenge Leadership.

# ...Keeping on



As Evil Eye Fleagle, senior Ashton Kleemann explains to General Bullmoose(David Stuck), Appassionata Von Climax (Sarah Marciniak) and Sen. Jack Phogbound (Nick Ripley) how his "Whammy" will allow the turn-about race to end in the general's favor.

# Our Life.

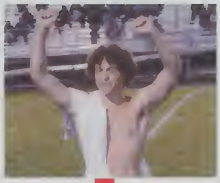
No matter how it is looked at, a major component of the four years spent at high school is how involved one gets.

Throughout each day, students try to keep goals in mind - the play we've been rehearsing for weeks or the prom we have only dreamt about. These goals keep us going, if we were to stop we might never get to them.

Our lives belong to us..what



At the parade, a Japanese club member shows enthusiasm about the upcoming game against the Merrillville Pirates.



Senior class president Ian Golando gets pumped up to pie the underclassmen presidents at the homecoming football game.

we do with them, how we deal with them, and when we decide to live them

So, this is it. Our lives, buried inside of the school events, the spring breaks, the dances, the competitions, the graduations, are defining who we really are. Without these events, there would be much less to look forward to, much less reason to keep on keeping on.

**So here it is. Our life...paused.**

# Paused.




Due to a lack of motivation, seniors display an "unfinished" float as they proudly walk down Campbell Street.

Bid-line bands members Chad Woods left and Tanner Hall (bright rock act) flex and their set at Battle of the Bands.



Kennedy [illegible] keyboardist and bass player, Jacob Murphy, does backup vocals while Nick Gibson plays drums.



Members of The Daddy Cheerleaders perform their self proclaimed Southern Funk style music.



Lauren Mike Patterson members of Aesthetic Report, plays his drums during their set at Battle of the Bands.



## What did you enjoy most about being in the show?

"After the show I was packing my stuff and these 6th grade girls wanted to say hi and shake my hand and as soon as I touched her she started breathing faster and panting. Wow!"
-Rachael Rasmussen, '06



"Personally I don't [illegible] I enjoyed playing for a packed house. It was a compliment to the musicians that a lovely crowd had come to support us and [illegible]."
-Mark Thomas, '07



"I enjoyed the crowd reaction. Being front and center in front of all those screaming fans was awesome."
-Heidi Womack, '06



"I really enjoyed playing for my friends and introducing younger kids to our music."
-Erin Allen, '06



"Being in front of my peers and playing music that our band wrote. Also, the really great support I got from other people telling me how great we did."
-Tom Lowry, '06



"I [illegible] playing in concert. Playing BOTB's allowed us to play for an audience that we usually don't play for like our parents. It's also nice meeting new people, people that like your music or kids or other bands, it's nice to have a network."
-Daniel Lowe, '06



# Battle of the Bands





Battle of the Bands 2006 showcased a variety of talents which included southern funk, rock, and dance rock.

Aesthetic Report's Mike Patterson described his music as, "progressive-glam-good ole fashion-sweet lovin'-rock n' roll."

"I thought all the groups did well, but I thought Aesthetic Report and The Gaddy GreenHorns brought something brand new to Battle of the Bands," said Gaddy GreenHorn member Eric Allen.

The winners were Aesthetic Report for the second consecutive year in a row. Second place went to McFinn, and coming in third and fourth place were January February and The Gaddy GreenHorns.

The people's choice award went to the Gaddy GreenHorns, due to their very enthusiastic performance at the competition.

The audience reaction was one of awe as well. "The best part of Battle of the Bands was the end when Ashton Kleemann was singing. The rest was okay, everybody was into the music," said junior Adam Engel.

Main Picture (above): Senior Jill McMillon announces the winners of the Battle of the Band Contest.

Circle: Senior Robbie Dumevant serenades the audience at the start of his band's set as he plays the keyboard and sings.



Seniors Kristen Brown, Sarah Kaye, Meaghan Davis, and Jill Voss proudly display their green and white Friday night of the Homecoming game.

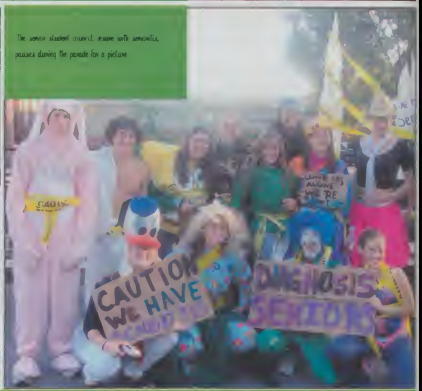


The freshmen, dressed all in purple spirit beads, sell by on their float



Cheerleader student council members wave excitedly to the crowds that came to watch the parade.

The senior student council poses with somewhat unusual during the parade for a picture




## Why did you participate during Spirit Week?

It's a fun way to unite the school.
Christy Brown '09



I thought the spirit days this year were so much fun. You could go all out and compete with your friends.
Allison Nix '07



It's nice to be able to get a little crazy at school
David Chase '06



It's a great way to get involved at VHS and show some school spirit.
Andrea Kent '06



Because it's fun and it's important to support your school.
Kate Gonyatz '06



Um, it's fun. Then, if we normally expect our students to participate, we have to get involved ourselves. We (teachers) have that leadership role and it's an important one
Mrs. Kathryn Bailey



# Homecoming Week '05




Everywhere students looked, school spirit seemed to take shape. Whether they came to school in costume, rode the floats in the parade, or simply cheered from the stands on Friday night, students were eager to participate.

"I was so excited for Decade Day," laughed senior Kate Larson. "Spirit week lets you be so creative and crazy with your outfits."

Just walking through the halls, students saw cowboys, G.I. Joes, and flapper girls decked out from head to toe. A little class rivalry also encouraged everyone to get involved. Each day, first hour teachers tallied how many came to class dressed appropriately for the day's theme. The senior class led for much of the week and won the competition. As a reward, the senior class president, Ian Golando, had the opportunity to pie several staff members in the face during halftime.

While the football team continued to strategize their eventual win against Merrillville that night, friends and family of the Homecoming Court nominees watched eagerly as each was escorted onto the field.

"It was a surreal moment when my name was announced for Homecoming Queen," recalled senior Rachael Churchard. "I was proud to be part of the homecoming court and honored to be chosen by the student body."

Above: The cheerleaders look on with anticipation as the football team is about to burst through onto the field. Below: The homecoming queen and princess, seniors Rachael Churchard and Liz Pockp, share a moment of surprise and celebration.



Junior Jessica Wells and senior Sarah Swober dance at the 2005 homecoming dance where the theme was My kind of town, Chicago.



Senior Samantha Townsley and date Peter Connelly pose for a picture during one of the slow songs at the dance.



Laughing and dancing from 8pm to 11pm in the cafeteria, juniors Lauwa Nietert and Peter Westrick enjoy themselves.

Senior Sarah Goodaker and her date slow dance at the homecoming dance.



## What was your favorite part about homecoming?



Chris Clark, 06



Emily Longhi, 08



Lomen Fox, 06



Jessica Lampman, 07



Erica Raschke, 06



Richard Cardile, 08

# "My kind of town, Chicago"




Whether it was The Electric Slide or the Tango,on Saturday, October 1, 2005, the Valparaiso High School homecoming was definitely the place to dance.

The cheerleaders spent hours decorating, from half time of the game Friday night until about 2am.

"The hardest part after all was the actual night of decorating," said cheerleading coach Ms. Jeana Kane.

"My kind of town, Chicago," was the theme of the dance this year. It was inspired by cheerleading squad captain Dana Zubik, who moved to Valparaiso from Chicago.

" The decorations included skyscrapers,the Chicago Theatre, Navy Pier, Lincoln Park Zoo, the Museum Campus, and a skyline rooftop," said Zubik.

"It had a lot of variety that I didn't see at the other dances,"said junior Sarah Dooley.

"Everyone was so pumped and excited because it was the first dance of the year," said Kane.

The cheerleaders spent their lunch hours selling 845 tickets. All proceeds went to the athletic department.

1.)Homecoming court and their escorts (from left to right) Edward Shipbach, Lauren Boyer, Joe Corabie, Lisa Church, Brandon Hess,Rachel Churchard, Mike Mullen, Liz Pinkop, Rich Scuderi, Andrea Kent, Robert Dumavant, Cami Kaw.



Senior James Wolfe approaches senior David Carlson with a painting in his attempt to save Dogpatch



Seniors Molly Vess, senior Jill McMillan, and senior Evan Taylor, are getting ready to perform



Senior Cara Kerr and dancers exit the stage after performing 'Dog off the Block'



Senior Ashley Klemmer casts a spell on sophomore Jason Hooten in order for him to be caught dancing Sadie Hawkins Day

## What was it like participating in the play?

It was a lot of fun, and I'm glad I could be a part of it.

Eddie Gawacki, '06



It was fun, but it was bittersweet because it was my last show and it was probably my favorite. I had a blast with everyone in the cast and I would do it over again!

Kaitlin Williams, '07



Evergreen was my first experience with [illegible] one of my favorites.

Abbie Goodell, Theatre



Being a part of Miss Goodell's last performance was an honor and a privilege. It was an awesome experience for me, it was a show with all my talented friends and - got to make new ones.

Evan Taylor, '06



It was a BLAST fun - wish I could have gotten one last scene and performance in everyone Senior Class, '07



It was an excellent experience. I almost forgot how intimidating it was to be on stage. ... There was a nice interview. The people were great. I learned a lot from them and about them. Thoroughly enjoyed it!

Nate Vaughn, '07



# Li'l Abner



It was Mrs. Alice Gambel's last show at VHS and she wanted to go out with a hit. She got it with the 2005 production of Li'l Abner. The show had it all and it included humor, upbeat music, political satire, and something called Kickapoo Joy Juice.

Gambel chose the musical because it was the first one she was ever in (she played Daisy Mae) and it was going to be the last one she would direct. She was assisted by Lindsay Babcock, Ann Nettleton, and Kat Bailey.

Lead roles went to seniors Eddie Garwick (Li'l Abner), Cami Kern (Daisy Mae), and John Thyen (Marryin Sam). There were over 40 other castmembers, plus the orchestra and stage crew.

The cast began rehearsals in September and practiced almost every night during the final weeks before the show.

1) Main Picture: Ashton Klusmann, Patrick Thornton, Patrick Bassleesam, and Eddie Garwick relax by the creek during their rendition of "Dogpatch."
2) Below: Cami Kern portrays Daisy Mae.

Li'l Abner was a big party. "A big hillbilly party," said junior, Sarah Dooley who played "Dee Dee, one of the country wives."

"A lot of work, a lot of fun, a lot of memories. Everyone made my last musical at VHS one of my favorites," said Gambel.
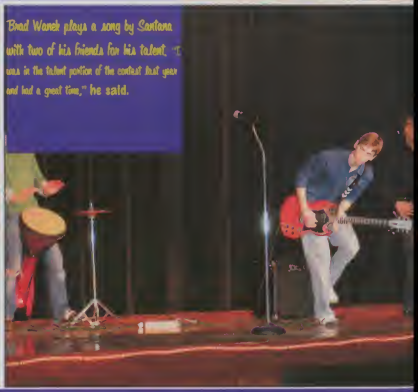


The top 7 contestants line up to pick their questions. Normally, the group was narrowed down to 5, but this year there was a 2-way tie.




The guys perform a synchronized dance to a country song for their opening act.



Alex Costakis performs Hal Leluiah by Rufus Wainwright for his talent. Junior Sarah Dooley helped on vocals for part of the song.



Brad Wanek plays a song by Santana with two of his friends for his talent. "I was in the talent portion of the contest last year and had a great time," he said.

## What was your favorite part about competing?

"The suspense."
-David Conision



"The morning practices. I loved getting up an hour early and dancing in a humid gym for 45 minutes."
-John Thyen



"The opening act, and watching Billy Allen Coleman dance."
-Hunter Van-Houten



"Getting to wear tight green pants...the whole show."
-Ashton Kleemann



"Doing the crazy dance with 'Al Steak.'"
-Danny Livarchik



"The whole experience was fun."
-Sheldon Alt



# Mr. VHS....Goes West




Mr. VHS consisted of the usual- a funny opening dance, amazing talents, and a couple little extra surprises to keep the audience content.

But this year was unforgetable. The opening dance was the funniest it's ever been, the talents went beyond imaginable, and with extras such as senior Lauren Bryan and junior Hillary Reisinger singing a duet from Wicked this year's competition was something to remember.

"The whole experience was fun," said 2006 Mr. VHS Sheldon Alt. Second place went to Ashton Kleemann and third place went to Keith Carlson, who performed Ben Folds' "Trusted" on the piano. (above).

All in all, the competition was just meant to raise some money for student council, and to have a good time, for both the contestants and the audience.

"I enjoyed getting to know the other guys and sharing a few laughs with them," said Brad Wanek.



Like most girls, Brittany Cowan decides to dance without her shoes on. Her date, Nick Rodick, helped her remove them.



Kelly Hill, Margaret Ombrembowski, Bridget Obrien, Trenton Redington, Jessica Keaton, and Matthew Linby dance the night away.

Dancers Hallis Bathurst and Billy Coleman show off their skills as a circle gathers around to watch.



Nearing one of the last songs of the night, everybody throws up their hands in spirit to the song Shout.



## What was the best memory you have of the entire King of Hearts experience?

My best memory about the entire experience was having fun and sharing time with the fellow court members, and I guess I can say being crowned king.

Aaron Biggs



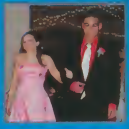
Getting gifted at by my football coaches for dressing like a princess.

Tim Hamilton



Dressing up was fun, but the best part was dinner and the dance. I had so much fun with all my friends.

Samba Rothrugeba



Flipping by everyone in the hallways on the rollerblades.

Hunter Van Hunton



Getting to know the guys. There is no better way to bond than by wrestling fights and drama.

John Thyne



Ottawa Crawford was nominated by junior Bailey Effis.



# Winter Wonderland



Prince John Thyen



King Aaron Biggs

Attendees of 2006 King of Hearts dance walked into their high school, which was transformed into a winter wonderland. The theme was selected after Key Clubbers brainstormed ideas. The ideas were voted on by the entire club.

Members along with other volunteers stayed late into Friday night and early Saturday morning putting up decorations which included a cozy cabin, murals, snowmen, and lots of snowflakes.

"The decorations were wonderful. It looked amazingly real," dance attendee Benedict Ziemens commented.

Senior Aaron Biggs was crowned king, while John Thyen was awarded the title of prince. "The best part was trying to win people's votes on the day of the dance. I also really liked the social bond that was created between all of us who were on court," Aaron Biggs stated.

"I enjoyed getting to make a complete fool out of myself with some really cool guys with no one caring," stated John Then. Jane Bowker, chair of the dance, thought the project went extremely well this year.

*Pictured Above (left to right): Paul Coburn, Jackson Phelps, Adrienne Mathis, Robert Hummel, Nathan Windsor, Kerisa Kostrzeba, Matthew Ziolkowski, Sarah Kretzmann*



Senior Mary Kayette, along with her sisters Ellen and Teresa visited their older sibling Kate in Italy. Kate was studying in Europe during her spring semester.



In Riviera Maya, Mexico, sophomores Megan Price and Kelsey McShane stand in the Caribbean Sea.

Sophomores Lauren Sharp, Iris Summers, Caitlin Welsh and seniors Alyssa Sharp and Brittany Cowan take a picture in front of their hotel during their spring break vacation.

Juniors Chelsea Hall (left) and Ashley Lobar pose by a ceramic shark when their cruise ship made stop in Ochoriss, Jamaica.





## What did you do for spring break?

I went to the mall with my friend Kelly Boyle from Webster High school, and got my nose double pierced. Jackie Shaver, 12



I went to Myrtle Beach, South Carolina with my family and I hung out with my mom on the beach. Chris Wetherell, 12



I went to Nashville, Tennessee with my best family and my best brother William Sharpe (right). Theodis Thomas, 12



I went to Cabo Beach, Mississippi to my friend Katelina's house (right). Kyle Wiggins, 12



I went to Cabo San Lucas, Mexico with my friends Caroline Monge (left), Samantha Sanders (center), Lauren Vogelsang, 12



I spent spring break in St. Pete Beach, FL with my friends Jillian Cromwell (left) and Sarah Lindsay (center). Kelsey Eichelberg, 12



# Spring Break
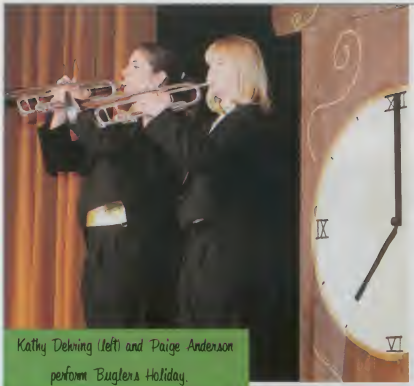


Students had plans for various activities during spring break. While many people planned on staying in town and just hanging out with friends, other people had more exciting activities in mind. Destinations ranged from Phoenix, Arizona to many different places in Florida, which included Orlando, Myrtle Beach and Panama City. Other popular places included Mexico and cruises which visited several different locations.

For students that stayed locally their plans were not too out of the ordinary. Many people were obligated to work, while others only intended to relax and hang out with friends. Some took mini-vacations to Chicago.

Senior Matt Nelson went to Playa del Carmen, Mexico for one week. Nelson went on his trip with the McGonigles and had fun "kayaking, swimming, and just having fun." Nelson's favorite memory of this trip was everything including taking pictures with groups of girls and just relaxing at the beach.

Senior Mary Kozelka and sister Ellen Kozelka went to Rome, Italy, for a week to visit their sister, Kate, who was studying abroad there. The Kozelka sisters went with their family and Ellen's favorite part of the trip was " going to the Amalfi Coast."

Main picture: Sophomore Paul Kneip, seniors Jessica Kneip and Shanna Rottinger and junior Kirk Kennett are decked out for 80s night during their spring break vacation.



Kathy Dehring (left) and Paige Anderson perform Buglers Holiday.



Ken Mark Long accompanies the song Rock Around the Clock by playing bass.



In front from left: Kristen Alessi, Tanav Popli, Susannah Gingerich, and Sara Kretzmann.



Leann St. John performs Sara Lee.

## How did you stay calm before the show?

I stretched a lot and tried not to think about the audience. Rachel Gough, 10



I practiced my part a lot, so when show night came I knew that even if I screwed up, it would be minor. Talia St. John, 10



I prayed and paced. Zack Neill, 12



I realized that we were all just having a good time and then it didn't seem as terrifying. Patrick Thornton, 12



I have performed several times before in front of people so I wasn't really nervous. Anessa Kasparian, 10



I wasn't really anxious or anything before the show, instead I was just excited. Katie Schenckel, 12



# April Antics




In this year's April Antics, "It's about Time", participants made commitments in order to make the performances a hit.

"I had to commit to all of the rehearsals, and skip dance practice for the whole week before the show, and that was really hard," said Rachel Gough who danced to "Imagine", while Lauren Bryan and Mike Baron accompanied her with vocals and guitar.

To lighten the audience's spirits, the comedy acts such as Celebrity Jeopardy and Time Life CD Special gave reason to laugh. Celebrities such as Alex Trebek (J.T. Sirokie), Harry Carey (Matt Lomas), Mr. T (Aaron Biggs), and Sean Connery (David Chace) were portrayed in Jeopardy.

Patrick Thornton and David Conison poked fun at musical decades while introducing acts of the show.

"April Antics was the funniest thing since Hamlet!" said David Conison.

This year had a special meaning for director Mrs. Alice Gambel, because it was her last show due to retirement.

"I felt what I always felt, overwhelmed with the amount of talent and finesse that all of my students I've ever worked with exhibited on performance night," commented Gambel. In a symbolic gesture at the end of the show, Gambel handed her keys to Miss Lindsay Babcock who will take over as director next year.

Above: Mike Baron and Lauren Bryan perform "Imagine."



Junior Travis Blane entertains the crowd with his dance moves.



(L-R) Juniors Jarrod Carr and Lauren Prow were crowned Prom prince and princess while seniors Ashley Thompson and John Thyen were selected as prom queen and king.

Junior Ester Key and her date senior Zachary Saponaro pose for a shot in the limo they rented for prom. " We had an awesome time," said Key. "I really liked the Grand March because I got to see how everyone was dressed."



Seniors Nick Brown and Katie McCarthy along with sophomore Jenna Angelini, and Will Grossman pose for a picture in front of a pond in Woodmere.



## What was the most exciting part about getting ready for prom?

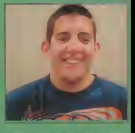
"This realization that this is our last dance in high school."
PJ Patterson, '06



"I love having everything done for you- your nails, make up, and hair that's the best part."
Lindsey Jacobs



"Looking in the mirror when my suit was on, and saying to myself, "Wow I'm dead sexy."
Jackson Phelps



"I can honestly say that the dress I bought was the dress of my dreams."
Vesna Bukur, '08



"My favorite part was getting my hair and makeup done. I had fake eyelashes that looked awesome."
Liz LaJeunesse, '07



"The most exciting part of getting ready for prom was getting my make-up and hair done and not having to worry about doing it myself."
Amanda Zale



# Havana Nights
# Prom 2006



The date Friday, May 19,2006, was a special night as Valparaiso High School hosted their annual prom at the Expo Center with the theme Havana Nights.

Post prom was also held at the Expo Center and included musical features such as the Planetary Blues Band and Chad Clifford. Other entertainment included fortune tellers, psychics, and caricature artists. The night also included refreshments such as a chocolate fountain and Culvers Ice Cream.

Seniors John Thyen and Ashley Thompson were crowned prom king and queen. Juniors Lauren Prow and Jarrod Carr were selected as the prom prince and princess. Other members of the prom court included Brandon Cornett, John Dougherty, Tim Handlon, David McGonigle, Travis Allen, Tyler Doane, Rob Hummel, Scott Martin, Natalie Gough, Laura Punter, Megan and Molly Steiner.

Although, attending prom was costly, students didn't seem to mind.

"My date Jontae and I thought prom was an excellent night. It was awesome getting out with all your friends and enjoying something everyone would remember. The whole night was something I will never forget," said sophomore Sonia Arroyo.

Junior Ashlie Addison also enjoyed attending prom with her date senior Billy Allen. "I thought it was an all-around fun time," she said.

In addition to attending prom, many students spent the next day on excursions around the area which included visiting Chicago or Great America. For seniors, it was a great time to spend with friends before graduation.

Prom was a very costly affair for some students. Expenses included the purchase of prom tickets, post prom tickets, pictures, dresses, shoes, salon services and the rental of tuxedos. Some students also rented limousines. (Main Picture) Prom attendees dance the night away at the Expo Center.

Graduation speaker Mrs. Alice Gambel addresses the Valparaiso High Class of 2006. The ceremonies marked two special milestones for her. Andrew, her son, graduated and she retired at the end of the school year after 33 years of teaching drama, speech and theater at VHS.



Mr. Ahmed poses with his son Shaoman for a picture. Proud parents and family filled the gymnasium during the commencement ceremonies.



Senior Smita Das listens to Ian Golando's speech. Das graduated with an Honor's Academic Diploma, Highest Distinction and she was in the top ten percent of her graduating class. In addition, she was an International Baccalaureate candidate. The gold tassel she was wearing indicated membership in the National Honor Society.



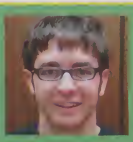
Dr. Micheal P. Benway, Superintendent of Valparaiso Community Schools, congratulates the graduating class. This was Valparaiso High School's one hundred thirty-second commencement.



## How do you feel about graduating?

"I'm both extremely excited and unbelievably nervous about what the future holds."

Jordan Smith '06



"Nervous, anxious but at the same time very excited. It is hard and even sad to let go but you can t wait for it to happen."

Ryan Norris, '06



"I can't wait to move on with my life and career but I am also going to miss my friends and teachers very much."

Jessica Johnston,'06



"I'm ready to graduate and start college, but I will miss the good times I had in high school."

Kyle Wiggins, '06



"I feel like I've accomplished one of the greatest things in my life. Now, it's time to move on and get grown."

Jontae Randolph '06



"I feel like the time is right. I'm ready and it's time to go off and make something of our selves."

Katie Sarkisian, '06



# Graduation 2006



The one hundred thirty-second commencement ceremonies for the Class of 2006 took place on Wednesday, June 7 at 7pm in the VHS gymnasium.

The presentation of diplomas was done by the Valparaiso Community School Board members, administrators and staff who were assisted by the 2007 class officers.

Retiring English teacher Mrs. Alice Gambel was the featured guest speaker for the event. Her son Andrew was a member of the 2006 graduating class.

The student speakers for the event were seniors Erica Foreman and Ian Golando.

Musical selections for the event were performed by Eric Allen, Michael Baron, Kenny Lipscomb, Jason Copeland, Sean Cunningham, Jen Marshall, Michael Moran and Alex Costakis.

Students reflected on their four years of high school as they listened to the class song "100 Years" by Five For Fighting.

"I looked forward to walking across the stage and seeing my family," said senior Katie McCarthy.



Senior Jill McMillan is all smiles after receiving her diploma.

It was four long but fast years, and the senior class president Ian Golando was there for it all. "Deciding to run for president my freshman year was one of my best decisions I made in my high school career," said Golando. "It has opened many doors for me."

Along with Senaka Ratnayake, Erica Foreman, and Jon Chen, Golando took on a number of senior activities. "Our main task was graduation. We organized all of the senior activities: senior picnic, baccalaureate, graduation ceremony, senior party, senior dinner, and senior royalties," said Ratnayake.

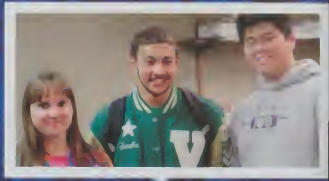
But this wasn't 'all work and no play'. As Foreman stated, "It was me and three boys...ha ha. It was a blast! They were really fun and it was wonderful working with them!"

Golando agreed. "We got along fantastically. I knew two of the officers for 6 or more years and the other I had been friends with for 3."

# Seniors



President Ian Golando



(left to right) secretary Erica Foreman, treasurer Senaka Ratnayake, vice-president Jon Chen

And with so much to be done, it was good they all got along. "Organization and communication were the keys to success in any club or activity," said Foreman.

"It was almost always and more efficent and better done when you worked together," added Ratnayake.

Under the guidance of student council sponsors, Rebecca Burbrink and Mrs. Pagel, the group got all done. "We picked and put together bascially everything," said Foreman. "All the officers were supposed to have specific jobs, but we all did everything and helped each other out."

In the end, one might ask themselves if it was really worth it. "Being class president provided several memories. While I loved this school and I loved representing it, I was ready to move on with the next part of my life," said Golando.

Sarah Albers
Billy Allen
Eric Allen
Sheldon Alt
Brittney Alyea



Alexandra Andrejevich
Petar Arsenijevic
David Arzola
Nikke Ault
Andrew Baker





Michael Bales
Alexander Balingit
Sarah Barker
Michael Baron
Emily Barry

Matthew Basile
Matthew Baum
Marie Bautista
Sarah Beigh
Erica Bengel

Benjamin Bennett
Brandon Bennett
Courtney Bennett
Kaileigh Berger
Samuel Berkshire

Noelle Bernat
Jonathan Berry
Aaron Berryman
Leah Bess
James Biagi

Aaron Biggs
Laura Blackburn
Taunia Blake
Thomas Blythe
Matthew Bonick

Jason Boumis
Jane Bowker
Elizabeth Boyce
Joshua Boynton
Matthew Bradney

Melissa Bradney
Garrett Brincko
Aaron Brown
Christine Brown
Kirstin Brown



Megan Brown
Nicholas Brown
Lauren Bryan
Stephanie Buck
Carlene Butterfield



Keith Carlson
Nicolas Carullo
Tiffany Casey
David Chace
Quynh Chau



Lisa Church
Rachael Churchard
Christian Clark
Katrina Clark
Matthew Claysen



Chally Clem
Paul Coburn
Luke Coleman
David Conison
Kaitlyn Cook



Jason Copeland
Lindsy Corneil
Brandon Cornett
Joseph Corsbie
Alexander Costakis





Karli Costalunga
Evan Costas
Brittany Cowan
Amanda Crawford
Corey Crew

John Cribbs
Shauna Croarkin
David Cross
Robert Cuellar
Paul Cunningham

Sean Cunningham
Samantha Daniels
Johnathan Darrow
Smita Das
Matthew Davis

Kathryn Dehring
Marisa Demko
Jillian Demorotski
Ryan Denike
Kyle Dinwoodie

Eren Dogruyol
John Dougherty
Timothy Douglass
Jacob Doxtater
Jennifer Doxtater

Sarah Dravet
David Dravininkas
Seth Duis
Robert Dunevant
Dax Duron

Joshua Earhart
Cassaundra Edgar
Kelsey Eichelberg
Kirsten Ellison
Samantha Engel

Emily Erftenbeck
John Farrell
Lisa Fejer
Natalie Fisher
Lisa Fitzgerald

Erica Foreman
Madelin Foster
Loman Fox
Tressely Franko
Ashley Fredericks

Jared Frey
Vanessa Gaboian
David Gambel
Alisha Garrison
Stephen Garritson

Edward Garwick
Jenna Gathmann
Michelle Geer
Renee Gildein
Katherine Godbey

Kelly Goffiney
Ian Golando
Katherine Gonzalez
Sarah Goodaker
Erich Goranson



# What do you buy from the vending machines?

- 1% ice cream
- 3% everything
- 8% candy
- 4% nothing
- 7% any snack besides candy
- 39% pop
- 38% a beverage other than pop



Seniors Jessica Krenz and Meaghan Ryan purchase bottled water from the vending machines.

100 people surveyed



Valerie Graham
Laura Grayam
Jolene Grcich
Samuel Grossnickle
Julia Groves

Melvin Guinn
Regina Guinn
Saara Hafeez
Brittney Hall
Michael Hammond

Timothy Handlon
Diane Hardin
Emily Haring
Timothy Harreld
Jessica Heimberg

Timothy Hennessy
Kara Henry
Jason Higginbotham
Joseph Hill
Jaime Hite



Joseph Hittinger
Lauren Hittinger
Carl Hoefler
Ashley Hoffman
Elizabeth Hoffman



Kathryn Horan
Benjamin Hosfeld
Katherine Hostetler
William Howell
Brett Howie



Matthew Hudgins
Monica Idstein
Danielle Iem
Krystina Irzyk
Dana Jacques



Matthew Jadrnak
Edra Jani
Jeffrey Jensen
Aaron Johnson
Krestina Johnson



Jessica Johnston
Mark Kalmbach
Nicholas Kappas
Kaitlin Kearby
Nicholas Kelley









Kevin Kelly
Benjamin Kenis
Ian Kennedy
Andrea Kent
Rachel Kenworthy







Sarah Kepa
Cami Kern
Marvin Kilian
Olga King
Brandon Kirk







Anna Kispert
Ashley Klazura
Ashton Charles Kleemann
Gerald Klimczyk
Anthony Kneifel

## What was the BEST part about being a senior?

J.T. Sirokie



"Being able to laugh loud, act goofy, and just be yourself. I could tell that underclassmen looked up to me, and that really made you feel special inside."

"When people heard "Meg Ryan" they didn't think of the actress. -wink-"

Meaghan Ryan



Evan Coster & Keith Carlson




"Well, well, well
It's time to move on
This year has been swell
But now we're gone
These four years have flown by
We will miss our friends
I will probably cry
But we must put this chapter to an end.
So as we leave
and we look at the clock
make sure you believe
Keith & Evan rock."

"The relaxation of senior year."

Nick Brown



# Are you a SUPERFAN?

1. When choosing what to do on a Friday night you:
a. Of course go to the game, where else would you be?
b. Go to the game, there doesn't seen too be much else to do.
c. Stay home, you didn't even know there was a game.

2. To pay for the game you:
a. Get the athletic pass.
b. Pay cash.
c. Jump the fence.

3. How do you dress?
a. Go all out: face paint, green and white, sometimes a costume.
b. Wear a VHS t-shirt, you should support the team some how.
c. Wear whatever you want, you don't really care.

4. When the cheerleaders come out you:
a. Participate with them, you know all the cheers.
b. Talk to your friends, besides you go to the games to socialize not watch.
c. Use the opportunity to get food.

5. When you wake up the next morning you:
a. Have no voice, and still have face paint on.
b. Wake up a little tired and still have your green and white attire on.
c. Have had your full eight hours of sleep and are ready for the day.

6. When you hear names Hoffman, Hoffer, Hefner, Klimczak, McCall, what comes to mind?
a. They are the coaches of the awesome Valpo football team.
b. I think I have some of them as teachers.
c. I have never heard those names before in my life.

7. How loud do you get?
a. You scream until you have no voice and your throat hurts.
b. You just talk loud enough to talk over the cheerleaders and talk to your friends.
c. You barely talk at all, after all, you don't need to talk much sitting at home playing video games.

8. How early do you get to the game?
a. You're there before the band is.
b. You get there a little after the start, you really don't care anyway.
c. You didn't even know there was a game.

9. What does being a superfan mean to you?
a. You are at every single game and it makes you happy everytime your team wins.
b. You think that it would be cool to be one, but you don't want to go to all that trouble.
c. You don't even know what a superfan means.

10. What makes you happy?
a. A Valparaiso football player scoring a touchdown in the final minutes of the game
b. Meeting someone really cute at the game.
c. Finishing your home work Friday night and getting plenty of rest

Answers on page 4

Selby Knoblock
Mary Kozelka
Jessica Krenz
Clinton Krysa
Cassandra Kwell



Timothy Labarbera
Brett Lakin
Michelle Lang
Kate Larson
Brandy Lauder





Julie Lentz
Kevin Letta
Jennifer Lindburg
Kelly Linder
Sarah Lindsey

Gregory Lindy
Jennifer Lipp
Kenneth Lipscomb
Jessica Lisak
Lindsay Littlefield

Daniel Livarchik
Allyson Lodics
Carmen Loeoech
Kenneth Long
Alyssa Magagnotti

Emmeline Magno
Cameron Mahnic
Matthew Malecha
Matthew Manney
Sarah Marciniak

Josie Marcinko
Justine Maresca
Jennifer Marshall
Amber Martin
Eric Martin

Nikki Martin
Alexander Mason
Michelle Matchett
Carolyn Maynard
Katharine McCarthy

Thomas McGinley
David McGonigle
Megan McGrath
Sara McKinley
Nathan McKinney



Aj McLinn
Jill McMillan
Meghan McNabb
Cynthia Medina
Mercedes Medina



Lisa Micka
Robyn Mihal
John David Millspaugh
Christopher Minissale
Jamie Moeller



Thanzeela Mohideen
Adam Monnier
Michelle Moore
Kelly Moran
Michael Moran



Kevin Morse
James Morton
Nicholas Mullin
Monica Munoz
James Myers



Ashley Naramore
Zachary Neill
Matthew Nelson
Jillian Ness
Arika Nolan





Ryan Norris
Robert Novotny
Kevin Nuppnau
Jasmine Nwabara
Heidi O'Hara

Christian Owen
Christine Page
Rebecca Pahl
Lindsey Papka
Sarah Passaro

Lindsey Payne
Candace Pederson
Hannah Peters
Margaret Philips
Rajiv Pithadia

Elizabeth Pochop
Amanda Pocratsky
Ryan Pong
Brytany Pope
Sabrina Pope

Stacey Powell
Dustin Price
Joseph Price
Michael Prochno
Nicholas Rapp

Erica Raschke
Senaka Ratnayake
Allison Rawley
Michael Refbord
Tracy Reff

Andrew Reich
Patrick Rickman
Hashem Rifai
Kathryn Ripley
Austin Ritter



Michael Rivera
Lisa Marie Roberts
Samantha Robertson
David Robinson
Phillip Rodenbeck



Catherine Rodriguez
Linda Rohe
Andrew Rosene
Jason Rothenberger
Derek Rothman



Shanna Rottinger
Nikki Ruffner
Magdalene Rutkowski
Matthew Ryan
Meaghan Ryan



William Ryan
Jenna Saltanovitz
Nicole Samay
Samantha Sanders
Donald Sands



Nicholas Saponaro
Zachary Saponaro
Katherine Sarkisian
Elizabeth Scannell
Jillian Schafer



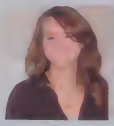


Justin Schafer
Jacob Schau
Katherine Scherschel
Ryan Schmidt
Andrew Schmidtke

Kimberly Schroeder
Mike Scott
Kristen Scuderi
John Seramur
Jeffrey Shapiro

Alyssa Sharp
Zachary Shuta
Jillian Simison
Jeffrey Sims
Joseph Sirokie

# I predict that in 10 years, VHS will...



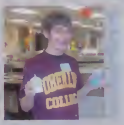
"still have lunch ladies with crazy contests, hallways that smell like freshly lit stink bombs, seniors that will continue the tradition of sitting in the carpeted area in the lunch room, and teachers that will still have to log off sassy!"
-Jill Demorotski



"be pretty much the same, but perhaps there will be a new swimming pool by then. IF there's anything VHS needs, that's it."
-Sarah Surber



"not have any sports due to sports affecting the learning environment for all students."
-Danny Livarchik



"be a prison."
-Sean Cunnigham



"still have the gnar-gnar freshmen swimsuits."
-Jamie Moeller



"be one huge Starbucks."
-Anthony Rush

Kevin Skelton
Sherri Skinkle
Kristin Skinner
Jessica Smick
Christopher Smith



Jamison Smith
Jordan Smith
Cecily Smrzlick
Zachary Solomon
Emily Somers



Holly Sontag
Lindsey Spratke
Benjamin Spurr
Stacey Staack
Shashika Stanislaus



Hanna Stern
Mitchell Steuer
Jacquelene Stewart
Leeann St.John
Angela Stolpe



David Stuck
Andrew Summers
Sarah Surber
Grace Sutherland
Elaine Szarmach



Falin Tanner
Marrissa Taylor
Renee Taylor
Billy Terrance
Amanda Thomas





Ashley Thompson
Martha Thompson
Meghan Thoreson
Patrick Thornton
John Thyen

Michael Tilleman
Ryan Timmons
Georgina Tomas
Alexandra Tompi
Dylan Totzke

Samantha Townsley
Kevin Tran
Hans Trapp
Mary Trimble
Katie Turley

## Answers for page 34

**If you answered mostly A's:** You are a SUPERFAN!! You go to every single game regardless of where it is at. You dress up and go all out. Sometimes you are wearing something ridiculous or you are just simply wearing green and white. Those colors are also your favorite colors. In the morning when you wake up you are still in your green and white and you can't speak at all. Congratulations, you are a super fan!

**If you answered mostly B's:** You aren't really a superfan. Sure, you go to some of the games, but you are basically there to socialize. You are happy when Valpo wins a game, but you don't really care if they lose. You just like hanging with your friends and finding out what is the newest drama.

**If you answered mostly C's:** Sorry to say it, but I am not even really sure if you know that Valparaiso High School has sports teams. You spend your weekends studying and getting all your recommended sleep hours. You like staying home and playing video games.

Kevin Vail
Ashley Valestin
Hunter Vanhouten
Jacob Vannoort
John Vanvliet




Adam Vass
Andrew Vereb
Lauren Vogelsang
Kendra Wagner
Libby Wagner



Holly Walsh
Julie Wandasiewicz
William Wanek
Melissa Webb
Caitlin Weeks



Cameron Weeks
Christopher Wellsand
Michaela Welsh
Nathan Wendrickx
Jamie West



Kyle West
Alicia White
Holly Wiergacz
Kyle Wiggins
Kaitlin Williams



Amanda Willis
Kevin Wilson
James Winter
Vanessa Wirth
Allison Witte













Evan Witters
Shawna Wixon
Brittney Woldt
Benedict Ziemens
Anthony Zonghetti



Dana Zubik

# Class of 2006

# Senior Royalties

*Winners are pictured in their categories.*

## Class Clown



*Ashton Kleeman
Richard Cernauskas
JT Sirokie

Meaghan Parks
Mary Kozelka
LeeAnn St. John*

## Most Likely To Stay In Valparaiso



*Kevin Nuppnau
John SeraMur
Chris Smith

Jane Bowker
Kendra Wagner*
Edra Jani

## Best Smile



*Shachika
Stacy Laud
Joe Corbie
Keith Carlson

Rachael Chitchard*
Lauren Bryan
Shanna Rottinger

## Best Personality



*Aaron Biggs
John Thyen
Ian Golando

Jenna Gathmann
Andrea Kent
Paige Thompson*

## Best Dressed



*David Conison
Michael Moran
Ryan Pong

Kaitlin Kearby*
Caitlin Magidson
Lauren Hittinger

## Best Artists



## Biggest Flirt



*Eddie Garwick
Mike Baron
Chris Wellsand

Kirstin Brown*
Raine Hall
Leah Bess

## Best Hair



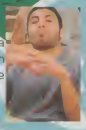
*Kenny [illegible]
[illegible]
Luke Coleman

Liz Pochop*
Lauren Bryan
Quynh Chau

# Class of 2006

## Most Likely To Take Over The World

*Rajiv Pithadia*
David Conicon
Senaka Ratnayake





Saara Hafeez
Smita Das
Carolin Langerer

## Most Likely To Never Return to Valpo

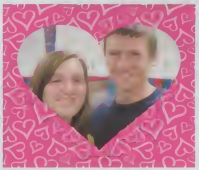
*Rob Cuellar
Robert Bober
Mike Groenewegen





Marisa Demko*
Jasmine Nwabara
Erica Foreman

## Best Couple



Kate Larson and Jeff Jenson
*Haley Page and Anthony Ruch*
Jen Doxtater and Jordan Smith

## Most Likely To Fall Into A Manhole

Mark Kalmbach
Jason Higgenbotham
*Kevin Morse




Arika Nola*
Danielle DelValle
Becky Pahl

## Most Likely To Succeed

*Tim Handlon
John Dougherty
Jon Chen

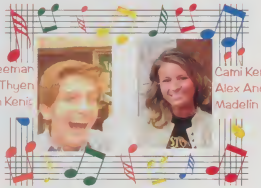




Smita Das*
Andrea Kent
Saara Hafeez

## Best Musical Talent

*Ashton Kleeman
John Thyen
Ben Kenis



Cami Kern*
Alex Andrejevich
Madelin Foster

## Drama King/Queen





## Best Athlete



# JUNIORS

(l-r) Vice-president Caitlin Casey, president Allison Nix, secretary Chelsey Dunleavy, treasurer Katie Lenz



Through a variety of activities, student council members made amazing accomplishments to help the community, as well as the school. Some of their projects included: food and gift drives, the Homecoming parade, Mr. VHS, and fundraisers for Riley's Children's Hospital. Student council undertook such large projects thanks to the common goal of the class officers: giving back to their community and school.

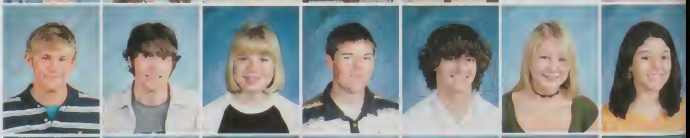
In charge of prom, the junior class had a lot of work that needed to be done this year. Class president Allison Nix thought her organization, along with her involvement, was an asset to completing projects. She believed the people she worked with were the best part about STUCo. She spoke about her fellow classmates in a positive manner. "We all got along great and we were a very energetic group!"

Junior class secretary Chelsey Dunleavy considered her favorite part about student council differently. "My favorite part about student council was helping other people. I also enjoyed meeting new people and learning new ways to encourage others and being involved," she said. Like Nix, Chelsey viewed organization to be an important quality that attributed to the success of the club. Another characteristic she found valuable was being a good role model for others.

Sumer Abulhassan
Ashley Addis
Kristen Alessi
Julie Alexander
Bruce Allen
Lukas Allen
Melissa Allen



Travis Allen
Robert Almus
Paige Anderson
Kyle Annen
Brandon Apostoloff
Jessica Archer
Maryam Arfeen



Meagan Arizpe
Mitchel Arndt
Hadi Atassi
Kinda Atassi
Ashlee Aytes
Randy Bach
Nicholas Badger



Hollis Ballard
Natalie Barker
Andrew Basile
Daniel Battisti
Melissa Baum
Joseph Bavuso
Blake Berry





Anna Bianco
Marcus Biggs
Carlton Bishop
Mark Blane
Danielle Blasko
Matthew Bobrowski
Dina Borovilos

Jonathan Bosse
Meghan Bowers
David Branch
Stacy Brevoort
Moleen Brittain
Michelle Brodzinski
Robert Brotherton

Erika Brown
Jordan Brychell
Danijela Bukur
Ross Bunchek
Ryan Caldwell
Joshua Canaday
Aaron Carlisle

Jarrod Carr
Caitlin Casey
Katelyn Casey
Ramon Castro
Christopher Cauchon
Joseph Cempel
Christopher Chambers

Nicole Chaney
Melanie Chapdelaine
Alexander Christenson
Austin Christian
Bradley Cicenas
Jessie Anna Cicillian
Dale Clapp

Brian Clark
Jonathan Clark
Seth Clinkenbeard
Sydney Coatsolonia
Meghan Compton
Brian Connor
Rachel Connor

Daniel Connors
Leandrea Cowan
Stacey Crew
Hannah Crosmer
Courtney Crozier
Christina Csonka
Katelyn Cunningham

John Davis
Sarah Davis
Christian Demko
Jessica Denby
Jennifer Dinkelman
Patricia Dippo
Ashley Dittrich

Tyler Doane
Peter Dodson
Garrett Doneske
Nickolas Donlin
Rachel Donner
Sarah Dooley
Thomas Drakos



Chelsey Dunleavy
Michael Durak
Mackenzie Dykes
Elizabeth Dzomba
Amber Edelen
Jessica Edwards
Isabelle Ehrlich



Christy Elkins
David Elkins
Bailey Ellis
John Ely
Adam Engel
Brandon Engstrom
Colleen Ennes



Brandon Ensign
Jenna Ensign
Hannah Fingerhut
Gina Fink
Travis Finner
Elijah Flakes
Victoria Ford



David Fox
Nicholas Franz
Jacob Fredericks
Kyle Frey
Zachary Fromm
Sean Funes
Alexander Fusak



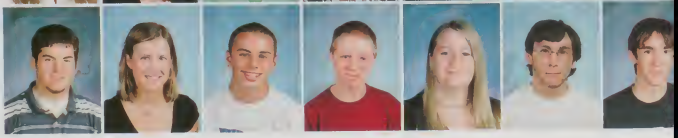
Andrew Gardner
Smruthi Garlapati
Ashley Garrett
Bianca Garrett
Vincent Garza
Kyle Gatlin
Michael Gawdzik



Hayley Gerstler
Susannah Gingerich
Christie Gleason
Branda-Lee Goldman
Luis Gonzalez
Jessica Gordon
Keith Gore



Bradley Gottschlich
Natalie Gough
Neville Gough
David Graham
Melissa Gronek
Robert Grossman
William Grossman





Nicholas Guenther
Peggy Gunter
Calandra Hackler
Alexandra Halkias
Chelsea Hall
Lauren Hall
Ryan Hall

Blake Hallett
Eric Hanson
Amanda Hardesty
Lauren Hardesty
Kyanna Harris
Gene Hart
Fawn Hartz

Daniel Hennessy
Melissa Hensley
Brandon Hoess
Brittany Hoffman
Clark Hogan
John Holmen
Rachel Holmgren

Katelyn Holub
Chapman Hosier
Amy Howell
Rachel Hrapek
Shaun Huffman
Jaimie Huguenard
Josh Hull

Robert Hummel
Steven Hundt
Ryan Huntley
Jessica Hurst
Michael Hutcheson
Michael Hyde
Laura Hyer

Christopher Iliff
Emily Ingram
Daniel Ittel
Matthew Jackson
Lindsay Jacobs
Melissa Jamison
Elizabeth Janus

Paul Jaskowiak
Joshua Jenkins
Mallory Jindra
Danielle Johnson
Donald Johnson
Katherine Johnson
Kyle Johnson

Kylie Johnson
Matthew Johnson
Jennifer Jolley
Alex Jones
Whitney Jopling
Krystle Jordan
Erin Joyce

Juliana Kahrs
Ashlee Karp
Mary Kasparian
Keri Kearns
Robbie Keller
Timothy Kelly
Shelley Kendall



Kirk Kennett
Esther Key
Jamie Kiernan
Katherine Kilhefner
Travis Kipper
Gregory Kirby
Kyle Klein



Timothy Kneifel
Bradley Kolada
James Kosterski
Kerisa Kostrzeba
John Kraker
Sarah Kretzmann
Jill Krieger



Karly Krizmanich
Colin Krupchak
Jonathan Krupinski
Brittany Kubal
Rachel Kupsis
Anthony Lafrossia
Elizabeth Lajeunesse



Jessica Lampman
Matthew Lampman
Christopher Latta
Ashley Lawson
Ashley Lebar
Andrew Leeth
Brittany Leffew



Thomas Leland
Kathryn Lenz
Brittany Leslie
Leslie Levenhagen
Caitlyn Leverich
Jordan Lill
David Linder



Nicholas Loden
Matthew Lomas
Michele Loudermilk
Brian Loutzenhiser
Sara Lucas
Alexandra Maciel
Erienne Madrid



Amanda Malone
Lisa Manago
Maricol Marcinkowski
Brianna Martin
Robert Martin
Scott Martin
Alyssa Martinek





Curtis Mathews
Adrienne Mathis
Harold Matias
Ashley Matuska
Katelyn Mayers
Ronald McClain
Allison McClure

Ryan McConnell
Dallin McDowell
Sean McGill
Patrick McGinley
Danielle McKean
Renee McShane
Pamela Medina

Jonathan Medved
Marysol Mendez
Aaron Merrill
Jordan Merz
Kevin Meyne
Brian Mick
Alex Milanoski

# OC Mania

O and C, those were two letters students at VHS were familiar with. Ever since August 5th, 2003, when the OC premiered teens and adults couldn't tear themselves away from their television sets on Thursday nights.

At VHS, the kids couldn't get enough of the show. Some threw OC parties, while others shut themselves in their rooms and wouldn't come out until 8 p.m.

The kids at VHS all had their favorite story lines and characters. Some liked the romance of Ryan and Marissa, while others like the quirkiness of Seth and Summer. The guys, liked Summer, Marissa, and for those who preferred a more mature woman, Julie and Kirsten.

As for the girls, some liked Seth, but mostly it was the kid from Chino, Ryan Atwood.

"Ryan was the ultimate lover," said junior Liz LaJeunesse. "There was so much drama, it made your life seem normal," she added.

"I liked it because it was drama I didn't have to deal with, I could just watch it... I liked Ryan because he was hot," said sophomore Jessica Keaton.

**"Which character would you be if you were on the OC?**



"I watch the O.C. because it makes me even more popular."
Chris Clark '06



"I would be summer so I could be with Seth Cohen."
Maeghan Parks '06



"I would like to be Ryan, so everyone thinks I'm hot."
Renee Gildein, '06

Bryan Miller
Paul Mooney
Brandy Morgan
Danielle Motshagen
Glen Mueller
Jessica Mueller
Sean Mullins

Emilie Naccarato
Sadie Nagle
Samantha Neal
Travis Nguyen
Mike Nierkala
Laura Nietert
Allison Nix

Michael Nolan
Melinda Norfleet
Shelby Nowlin
Frank Odar
Lorrin Ostojic
Kenneth Owens
Sinead O'rourke

Derek Paariberg
Ian Page
Kristen Pallok
Ethan Palm
Kris Patrick
Mark Pattermann
Michael Patterson

Jamie Patton
Brendan Paulsson
Cindy Pawis
Danielle Pejoski
Alexander Pennington
Carly Perry
Keith Pester

John Phelps
Thomas Pimentel
Henry Piper
Tanav Popli
Lauren Prow
Laura Punter
Ryan Pylipow

Daniel Qualkenbush
Melissa Qualkenbush
Derek Ransom
Nicholas Rapley
April Ray
Adam Raynor
Kayla Reedy

James Reinholt
Hillary Reisinger
Kenneth Rhynard
Megan Rickard
Amy Ridder
Jourdan Ringenberg
Ashley Ritter



# O.C. Quiz

1.What is the name of Seth's boat home?
a.Newpsie
b.Summer
c.Captain Oats

2.Where do the kids go to school?
a.Newport Union
b.The Harbor School
c.Both a and b

3.What is Sandy and Kristen's favorite restaurant?
a.The Newport Bay Yacht Club
b.The Arches
c.The Light House

4.Who is the creator of the O.C.?
a.Josh Schwartz
b.Peter Gallagher
c.Stephanie Savage

5.Which of these celebrities appeared on the O.C.?
a.Lindsay Lohan
b.Paris Hilton
c.Brad Pitt

6.Where is the O.C. filmed?
a.Newport Beach
b.Laguna Beach
c.Manhattan Beach

7.Who was Julie's first husband?
a.Jimmy Cooper
b.Caleb Nichol
c.Lance

8.What is the name of Summer's character in the Atomic County comics?
a.Li'l Miss Vixen
b.Cosmo Girl
c.Princess Sparkle

9.Who has Marissa not dated?
a.Ryan
b.Alex
c.Seth

10.Where is Ryan from?
a.Riverside
b.Watts
c.Chino

Answers: 1-c, 2-c, 3-b, 4-a, 5-b, 6-c, 7-a, 8-a, 9-c, 10-c



Joshua Ritz
Kristin Robb
Adam Robinson
Brianna Robinson
Danielle Rodecker
Zachary Rodenbarger
Nick Rodich

Marie Rodriguez
Kristen Roessing
Tiffany Rohrbacher
Carmen Rojas
Daniel Romo
Adrian Rose
Curtis Rose

Robyn Rothgeb
Jennifer Ruisard
Christine Sallee
Salome Santiago
Laura Sarwacinski
Lauren Schafer
Cody Schleining

Emily Schmidt
Jacqueline Schrader
Jordan Scott
Ashley Sejda
Marlana Sekuloski
Thomas Sepanski
Brent Sever

Andreas Shepard
Kelsey Shireman
Peter Showers
Kyle Sims
Charles Sizemore
Nicole Sliger
John Small

Katie Smigiel
William Snell
Ashley Sohovich
Daniel Speckhard
Brandon Spencer
Christin Spoolstra
Nicholle Staack

Megan Steiner
Molly Steiner
Tyler Stiscak
Katherine Stoner
Andrea Stout
Amanda Strohl
Mark Stymiest

Cydney Sullivan
Michael Sullivan
Justin Susdorf
Genna Swanson
Jeremy Sydney
Justin Szczepanski
Hilary Talbert

Brent Taylor
Kyle Tengblad
Chris Theodosis
Dever Thomas
Sergio Tomas
Bruce Tran
Jonathan Trapane

Heidi Trapp
Brandon Tritle
Mark Tunacik
Wesley Tutterow
Joseph Tylenda
Anthony Urankar
Justin Uzelac

Bertha Vandegrift
Brett Van Keppel
Eric Vaughn
Jenise Vega
Monique Vega
Aaron Velasquez
Matthew Vilga

Frank Villareal
Sarah Visnyak
Megan Walsh
Kristina Wardlow
Kaylyn Wardrip
Jae Weaver
Dana Webb





Jessica Wells
Timothy Wells
Kathyrn Westerfield
Peter Westrick
Christopher Whitmer
Brittany Whittemore
Randi Wible

Marie Wichlinski
Adam Wickstrom
Joshua Wiedder
Elizabeth Wiening
Emily Williams
Jasmine Williams
Amanda Wilson

Nathan Windsor
Rachael Witt
Tashame Woods
Courtney Wright
James Wyatt
Vamshi Yelavarthi
Melissa Young

Nyla Young
Kenin Zaharias
Amanda Zale
Peter Zale
Ruth Zemke
Joseph Zic
Alexandra Zikesch

Jonathan Zimmerman
Matthew Ziolkowski
Austin Zosso
Andrew Zromkoski

# CLASS of 2007



Sophomore class offficers: (left to right)
Secretary Melissa Bucks, President Ather Ahmed
Vice-president Michael Pavell, Treasurer Rachel Gough

# Class of 2008

# Sophomores

The sophomore class of 2008 took part in student council with a positive attitude and a goal to improve.

"I think of student council as an oppurtunity to make a beneficial difference in the lives of my fellow students. Seeing people gain from our work in student council is reason enough," said president Ather Ahmed. Along with vice president Micheal Pavell, treasurer Rachel Gough, and secretary Melissa Bucks, Ahmed helped to unite the sophomore class despite social cliques. They organized the gift drive, homecoming parade, food drives, sucker sales, and soc-hops.

"My personal favorite was the gift drive. Knowing we were making a difference during someone's holiday makes all the work worth it," said Ahmed.

"We always needed enthusiasm and support for all of the activities that we did," said Gough.

"I think that the qualities an officer needed in order to contribute were varied. First, you needed tobe able to talk to people, compromise, and also be patient when others were sharing their ideas. Also, you needed to be responsible and able to come up with clever ideas to help out the council," added Pavell.

Courtney Adams
Jenna Agee
Ather Ahmed
Paul Albers
Jessica Allen
Laura Alonzo
Alexa Amatulli

Michelle Anderson
Margo Andrews
Jenna Angelini
Molly Ares
Matthew Arndt
Michael Arnold
Sonia Arroyo

Kayla Baker
Madeline Baker
Jonathan Balazs
Alison Baldea
Christian Baldwin
Brett Balingit
Jason Ballard

Kelci Banschbach
Megan Banschbach
Michael Barton
Corey Baxter
David Beckwith
Ryan Bejna
Caitlin Bennett





Anthony Blakely
Brian Blankenship
Chadwick Blankman
Alexandra Bluell
Jillian Blythe
Megan Bobrowski
Michael Bocek

Ekkaphol Boriboune
Peter Borovilos
Samantha Bowker
Jodie Boy
Gina Bradley
Kayla Breitenbach
Maxwell Breitinger

Christine Brichta
Kathy Bridges
Stephanie Brissette
Tyler Brock
Alecia Brown
Kristopher Brown
Tomika Brown

Clifford Bryan
Melissa Bucks
Vesna Bukur
Nicholas Bullman
Zachary Burden
James Burnell
Kelli Burns

Arlene Byrnes
Shawn Byrnes
Amanda Campos
Amy Cardile
Richard Cardile
Kevin Carpenter
Ashley Carroll

Brody Carter
Alexander Cassidy
Cassondra Castillo
Roy Castro
Jeffrey Catania
Elizabeth Charlson
Candice Choo Kang

Anthony Christopher
Thomas Churchard
Spencer Cirrincione
Kristin Claiborne
Caitlyn Claysen
Natalie Conlon
Brian Coslet

Erin Coughlin
Bradley Cozza
Shawn Crabtree
Sean Cunningham
Amanda Czarny
Cassie Daly
Elizabeth Danielson

Brandee Daumer
Samuel Daviera
Timothy Davis
Alexander Dean
Laura Debold
Andrew Dejesus
Meghan Denny



Timothy Dillon
Maria Diveris
Scott Doebler
Anthony Douglass
Christine Drakos
Whitney Dulla
Ryan Earl



Ryan Ellis
Janelle Elwood
Kristin Engerer
Alyssa Ensign
Kory Erb
Melissa Estrada
Jennifer Evan



Stacey Evanovich
Daniel Evans
Mark Evans
Stephanie Evans
Erika Farwig
Pelegrina Filipidis
Patrick Fitzgerald



Thomas Flanagan
Jessica Follin
Ashley Follis
Angelina Fraley
Dustin Gahimer
Heather Gal
Gianni Galbiati



Mark Galetti
Jordan Garbison
Elizabeth Garnes
Ben Garrett
Carley Gasaway
Brian George
Kacey Gergely



Erin Gerig
Tyler Gerlach
Nicholas Glassen
Matthew Goldschmidt
Lisa Golly
Brian Goodaker
Evan Gootee



Rachel Gough
Christina Graham
Andrea Green
Genna Greene
Kyle Greenfield
Andrew Guard
Sandra Guenther





Nicole Guernsey
Ashley Guritz
Jordan Guyer
Kelcey Hall
Samantha Haller
Jade Hammer
Elliot Hartsough

Seth Hawk
Christina Heath
Allison Hedges
Allison Hedrick
Amanda Hedrick
Bradley Hellman
Kayla Hellman

Ryan Heminger
Donelle Henderlong
Amanda Henderson
Michael Hendrich
Matthew Hendrickson
Ashley Heroldt
Justin Herzog

Spencer Heuring
Cameron Hilker
Kelly Hill
Rebecca Hoefler
Elizabeth Hoeppner
Timothy Hollandsworth
Jamie Hootnick

Silver Horton
Sean Houlihan
Heather Huber
Michael Huguenard
Hannah Hupp
Rachel Hurley
Kristin Hurst

Joshua Ilgenfritz
Laura Jack
Alex Jakeway
Blake James
Nela Jindrichova
Amanda Johnson
Jonathan Johnson

Mandalyn Johnson
Julene Jolley
Jordan Jones
Steven Jorden
Austin Jungels
Peter Kalmbach
David Kapp

Annesa Kasparian
Jessica Keaton
Grace Kennedy
Amanda Kerner
Alexandra Kerr
Andria Kessler
Mohammad Khalik

Amal Khatib
Brandon Kimes
Nicholas King
Michael Kingery
Nicholas Kirkpatrick
Kaitlyn Kleemann
Kyle Kleist



Ryan Klimczyk
Alexander Kline
Sriharsha Kota
Georgia Kouknas
Alexa Kovachevich
Arianna Kovachevich
Ellen Kozelka



Michael Kozik
Patrick Kozlowski
Paul Krenz
Hannah Kreps
Benjamin Kroft
Ethan Kruse
Emily Krysa



Zachary Kuchta
Robert Kulick
Donald Kuschel
Justin Lahr
Robert Langer
Matthew Lasky
Kelly Laursen



Nicole Lawrence
Alexxis Lawson
Nathanael Lawson
David Lebar
Jeremy Ledersek
Caitlyn Lee
Christopher Leer



Jessica Leonard
Zachary Lomaka
Scott Lonadier
Emily Longhi
Jordan Longstreth
Jalyssa Lopez
Thomas Lyons



Kristen Macke
Ajay Major
Shawn Mallonee
Kirsten Mangel
Jeremy Marchand
Erika Marinello
Elissa Martin



Jeffery Mason
Eric McClure
Caterina McElwain
Nathaniel McGhee
Brendan McGuirl
Kelly McMillan
Chris McReynolds





Kelsey McShane
Karitza Medina
Tobie Merrill
Matthew Meyer
Tessa Meyer
Michael Micka
Katelyn Mika

Alex Miller
Clark Miller
Corbett Miller
Jeffrey Miller
Todd Miner
Andrew Misch
William Mitseff

Laura Mittelstaedt
Mary Moats
Monica Mockler
Alex Mogck
Damean Molina
Elisha Moncada
Eric Montelongo

# What's Your Dream Car?



"A candy apple green Acura NSX with carbon fiber hood, scudo full catback exhaust system, and header, AEM intake with a roof scoop and eighteen inch excel radius rims." Anthony Blakely '08

"Any old classic car, an El Camino would be great!" Kayla Baker '08





"My dream car would have to be a vintage VW bug because they're so cute." Jenna Angelini '08

"Any hybrid or truck." Mike Huguenard '08



Amanda Montgomery
Ian Moore
Michael Moore
Nathan Moore
Vicky Morgan
Daniel Moroney
Todd Morton

Matthew Mudrich
Laurie Mullins
Jacob Muryasz
Stephen Nardi
Thaomy Nguyen
Rebekah Niedner
Natalie Nightingale

Meghan Oglesby
Abigail Olack
Ashlea Olsen
Margaret Ombrembowski
Marion Opperman
Kevin Ostafinski
Samuel Ostafinski

Scott Ostojic
Leslie Ostrowski
Bridget O'brien
Mary O'brien
Robert Parker
Marc Parroquin
Kerri Patrick

Rebecca Patton
Lindsay Paulson
Michael Pavell
Allissa Perconti
Brittany Perry
Michael Perzigian
Kathryn Philips

Gabrielle Phillips
Patrick Pochop
Aaron Porter
Megan Price
Otto Proud
Stefani Puaca
Michael Puskar

Matthew Puszkiewicz
Kailee Pynakker
Jade Raber
Derek Radosevich
Scott Rastovic
Katherine Rawley
Alexa Raynor

Priyanka Reddy
Trenton Redington
Karli Reich
Katherine Reinert
Kevin Reinhart
Annie Rice
Ashli Richardson

# iPods

Throughout the 80's, 90's, and into 2000, portable CD players were a hit. However, a new fad has replaced the use of portable CD players. What has taken the place of such a great invention? What could be better than such a compact, convenient music player? An even smaller one, called an iPod; the newest trend in the music world.

Apple's invention of the iPod was quite a success. Starting off with the original iPod, the company altered the invention to many different types. For example, maybe the normal 4.1 x 2.4 inch iPod is too big for a consumer's liking. Apple conveniently created an iPod shuffle, a very handy, smaller music player. Another benefit of an iPod is the price. Shuffles cost from $99-$129 compared to the $299-$399 price of regular iPods.

Another version of the iPod was the iPod Nano, the most recent one yet. The iPod Nano provided multiple benefits. It holds up to three days of music, plays up to fourteen hours in between charges, and comes with many accessories! However, do not let the size be deceiving, iPod Nanos sell for $199-$249.

VHS freshman, Brittany Vaequez, was ecstatic about her Christmas gift this year. "I got an iPod Nano! Most of my friends got iPods too; they were really popular this Christmas. I take mine with me everywhere!"

Sure, these little electronic music players can get pricey; however Amanda Henderson, a sophomore at VHS, along with most iPod consumers, would say it is worth its cost. "My mom said she would only get me an iPod if I really used it... I proved her right! I use my iPod all the time! Long car rides and working out is what I mostly use mine for, but it is really useful anytime."

Apple's iPods provide many great benefits. An iPod consumer will no longer have to waste money on batteries for their portable music players. After 20 hours of battery life, an iPod simply needs to be recharged. In addition, with a portable CD player, a CD only contains about 15 songs. Where as an iPod can hold up to 15,000 songs! Lastly, it can show videos or photo slideshows.

Although, the cost of iPods can be high, great features come along with that price. The trend of iPods is spreading quickly. It will be interesting to see what kind of iPod Apple comes out with next!





Megan Rines
Jeffrey Rinkenberger
Damien Ritz
Winnie Robertson
John Robinson
Katherine Rodenbeck
Elaine Rodriguez

Robert Rogers
Karin Rozendaal
Karl Rudzinski-Haun
John Ryan
Tiffany Sandberg
Kate Sanders
Shari Sanders

Philip Santay
Alex Sarkisian
Krista Schaefer
Nancy Schenker
Jasmine Schirato
Rebecca Schoon
Jacob Schroeder

Victoria Schroeder
Matthew Scott
Matthew Scuderi
Jillian Seeger
Fawn Selsor
Monica Semento
Carolyn Shaffer

Lauren Sharp
Stephanie Shelton
Caitlin Sherman
Katalin Shrader
Angela Shriner
Benjamin Shuta
Jonathan Sibo

Jessica Sickles
Emily Simison
Katlin Simmons
Emilia Sitja
Katelyn Skinner
Michael Slack
Alysha Sly

Ryan Smith
Tiffany Smock
Deanne Smrzlick
Sara Sowers
Brittany Stack
Samantha Stanton
Vada Stasierowski

Julia St John
Jennifer Stolarz
William Strong
Michael Stuck
Andrew Sullivan
Joy Sullivan
Iris Summers

Abbey Sutton
Joshua Swisher
Jennifer Szmagaj
Stephen Szrom
Megan Taylor
Melissa Taylor
Daniel Thibodeau

Vincent Thinath
Casey Thompson
Amanda Tompi
Taylor Tompkins
Jerry Tondini
Benjamin Townsend
Rebecca Townsend

Brian Tran
Chancellor Travick
Amber Turner
Brianne Utley
Alexes Valestin
Emily Van Laan
Bradley Vansenus

Jerry Vasile
Molly Vass
Joseph Vaznonis
Jason Velchek
Benton Vernosky
Taylor Vogelhut
Martin Vukson



Michelle Walker
Amelia Wallace
Caroline Walsh
Alyssa Walter
Donald Warneke
Danielle Waugh
Nicholas Weaver

Chelsey Weirich
Jessica Wells
Caitlin Welsh
Emily Welter
Michael Wendahl
Drew Wenger
Joshua Werner

Alexander White
Jacob White
Rebecca White
Barbara Wilkerson
Brian Williams
Jasmine Williams
Justin Williams

Sarah Wirzman
Jessica Wojda
Jeremy Wray
Kristopher Wuebbling
William Wunder
Allyson Yager
Heather Zaharias

Michael Zappetillo
Dayna Zell
Aaron Zerza
James Zubik

## Top Ten Embarrassing Moments Everyone Has but No One Wants To Admit To

1. Having your cell phone ring in the middle of class.
2. Shaking your milk at lunch with the lid open.
3. Dropping your books and papers in the hallway.
4. Tripping over hurdles in track.
5. Walking into the wrong bathroom.
6. Having swim trunks fall off during gym class.
7. Sitting in the wrong class, and not noticing until much later.
8. Spilling the contents of your lunch tray on someone else.
9. Talking to a friend while they're no longer behind you.
10. Falling on ice in the parking lot in front of your crush.

# FRESHMEN

"I was very excited to be a part of such an awesome group of peers merging together for the first time and creating one united VHS class of 2009," exclaimed Bri Sever, president of the freshman class student council. Sever, vice president Derek Wilson, secretary Mia Kalish, and treasurer Tashia Mech agreed that being a part of the student government was a great opportunity to get involved while making a difference among the student body. Although, it was their first time as members of the VHS student council, their own enthusiasm and the guidance of the upperclassmen led them on to a successful and memorable year.

Among the numerous activities organized by student council, the freshmen worked on several soc hops, successful sucker sales, Jar Wars, the annual Mr. VHS competition, and their own float for the Homecoming parade, which happened to take second place.

The freshmen student council also made efforts to simply make the school a more welcoming and comfortable environment for all.




(left to right) President Briana Sever, secretary Mia Kalisch, vice-president Derek Wilson (not pictured) treasurer Tashia Mech

Handing out candy, hugs, and advice were just a few of the ways in which they reached out personally to their fellow peers.

"I respected my classmates and I listened to their ideas and their creativity so we could put their ideas into action," explained Sever.

For Kalish, "my favorite part was the people." Student Council offered "a quality of friendship."

Deanna Affeld
Amal Akbik
Brittany Alamillo
David Albers
Sara Alessi
Rachel Alexander
Elissa Ammerman

Mindy Anderson
Whitney Anderson
Kelsey Angelini
Arpita Appannagari
Kenneth Armour
Scott Austin
Aliena Bachman

Madison Balbo
Michael Ball
Skyler Balmer
Charles Barratt
Alexander Barrios
Andrea Bates
Curtis Bayne

Craig Bazin
Ethan Beach
Corey Beeler
Derek Beeler
Laura Beilfuss
John Berning
Emily Bess





Samuel Bezotte
Nicole Bianco
Ariadny Bisacky
Gina Bishop
Elizabeth Black
Samantha Black
Mallory Bobrowski

Dana Bohannon
Mark Bonick
Nathaniel Booker
Methawee Boriboune
Joshua Bowman
Annaliese Brandt
Kyle Breitenbach

Alex Breitzke
Rebecca Brown
Danny Brownfield
Alicia Brunker
Taylor Burge
Matthew Burgess
Olimpia Burgess

Patrick Bushbaum
Michael Byers
Junisia Cain
Hannah Camp
Timothy Carey
Shannay Carpenter
Brandon Carter

Kyle Cassady
Sydney Castle
Daniel Cempel
Emily Cender
Brandi Chang
Jacob Chester
Stasy Christos

Demetri Chronis
Carly Chuich
Taylor Chuich
Richard Chumbley
Edward Chupriniskas
Kelly Clapp
Alexis Clark

Nicholaus Clark
Hannah Coatsolonia
Crystal Cobb
Emily Cole
Stephanie Coleman
Bradley Colter
Bryan Colter

Taylor Cooley
Jilissa Copeland
Thomas Cornett
Kevin Costalunga
Hayley Costas
Shelby Cowley
Taylor Craig

Haley Cribbs
Jocelyn Crizer
Colleen Crowe
Brittney Cunningham
Clayton Cunningham
Zachary Dahlgren
David Darrow

Schuyler Dearmond
Mike Demonja
Nicholas Devries
Jordan Dewees
Heather Deyoung
Kelly Dimitroff
Douglisio Dimuccio

Gage Dobbins
Samantha Dolph
Christopher Domer
Solanna Dommer
Jessamine Ehrle
Christian Ehrlich
Samuel Elder

Lindsay Ellis
Steven Engel
Armando Esparza
Yvonne Estrada
Megan Evers
Jake Evey
Scott Farabaugh

Eric Farrell
Cassie Felton
Peter Ferrari
Jestin Ferrell
Kyle Fingerhut
Chelsea Fish
Allison Flasch

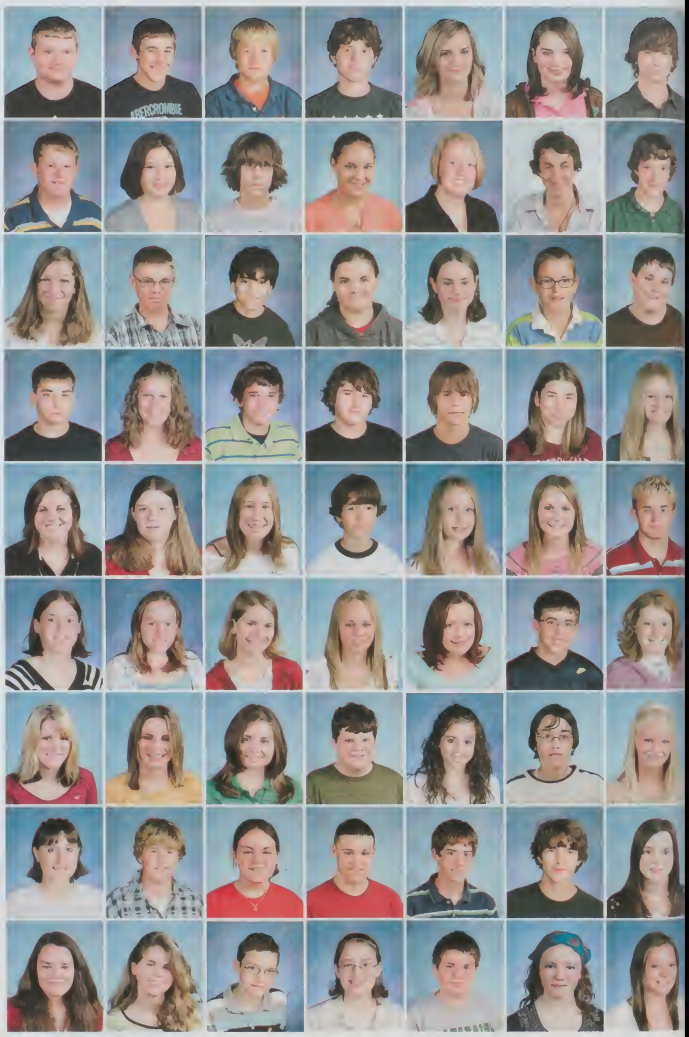
Taylor Fleeman
Julie Floran
Calin Florek
Trace Flynn
Abigail Ford
Andrea Fraley
Patrick Fraley

Laura Franz
Margaret Freeman
Lisa Gabbard
Linsay Gaither
Amanda Garbison
Jordan Garrett
Libbie Gilliland

Haley Glickauf
Echo Goble
Samantha Goethals
Jonathan Gold
Joselyn Goldsmith
Mario Gonzalez
Caitlin Gooding

Mary Gordon
Jeremy Gore
Megan Gottlieb
Joseph Gottschlich
Joseph Gough
Christopher Goyne
Laura Graber

Abigail Gratz
Megan Graykowski
Robert Greenawald
Nicole Greenboam
Zachary Greiner
Cora Grossnickle
Amanda Groves





Kassandra Haberkamp
Igor Harris
Katelyn Harsh
Nina Hartz
Kristin Hasselbring
Briana Hayes
Andrew Heath

Christopher Helton
Alex Henderson
Alex Henderson
Lindsey Hendrich
Stephanie Hendrickson
Jenna Henry
David Hensrud

Kelley Hetzel
Thomas Higgins
Jennifer Hilker
Ashley Hill
Matthew Hills
Anthony Hite
Danielle Hoffmann

Nicole Holesinger
Emily Holmen
Jonathan Holmgren
Marissa Hoshaw
Andrew Hostetler
Devin Howard
Mak Hozo

Jacob Hreha
Ryan Huffman
Hayden Humes
Jennifer Hurley
Leo Husarik
Joseph Idstein
Salman Iqbal

Eric Jackson
Tyler Jacobs
Kyle Jacques
Phillip Jakich
William Janeway
Travis Jefferson
Parker Jensen

Aaron Johnson
Abbey Johnson
Alissa Johnson
Ambiar Johnson
Ashley Johnson
Jake Johnson
Jessica Johnson

Rebecca Johnson
Sarah Johnson
William Johnson
Samantha Jurecki
Kelton Kaechle
Mia Kalisch
Alec Kammerer

Cody Karolzak
Kristin Kellerman
Kristen Kelley
Sundos Kesbeh
Elise Kirby
Kacie Kirkpatrick
Isak Kispert

Benjamin Klawitter
Rebecca Kolada
Maxwell Kolar
Emily Kolodziej
Julianne Kowalski
Aaren Kracich
Matthew Krantz

Kevin Krupchak
Melissa Krupinski
Jordan Kucharyski
Lisa Kurtz
Andrew Kutkoski
Mary Lajeunesse
Danielle Landgrebe

Gina Lang
Kevin Latta
Samantha Lawson
Jonathan Lebron
Ashton Lee
Kristin Lenz
Vaughan Leslie

Haley Leuthart
Timothy Lewis
Dj Lightfoot
James Lipscomb
Eric Lisak
Caitlin Littlejohn
Kayla Lloyd

Christopher Lockard
Kara Lonadier
Christina Loutzenhiser
David Lowe
Mellissa Lyon
Stephanie Mahan
Ashley Mallek

Nathan Malone
Teagan Manogg
Amber Manzella
Andrew Marciniak
Matthew Marcinko
Joshua Martin
Nicholas Martin

Patrick Martin
Matthew Maturo
Erica Mauck
Matthew McChesney
Kayla McClain
Daniel McClure
Carey McCombs

Alison McDonald
Maureen McDonnell
Ashley McGriffin
Scott McGuirl
Steven McGuirl
Krystal McMeans
Mary Mears

Tashia Mech
Evan Merz
Rebecca Millian
Madelyn Miskulin
Melissa Moeller
Nabeela Mohideen
Dayna Mongeau





Ethan Monroe
Troy Monroe
Kyle Montgomery
Benjamin Morgan
Colby Morgan
Britni Morris
Ross Mosak

Michelle Motshagen
Rebekka Mounts
Hanna Mueller
Marcus Mues
Alexandrea Mullins
Jorie Mulvihill-Burto
Courtney Murphy

Lydia Naccarato
Catherine Nelson
Scott Nemeth
Jacqueline Neumann
Brittany Nevill
Michael Niziolek
Annie Nolan

Kevin Nolan
Justin Norris
Kaley Norris
Jessica Novak
Kyle Novak
Anna-Lisa Nyborg
Melanie Ohm

## Do You Have Good Study Habits?

1.Your math teacher tells you on Friday that there will be a math test on Monday.You_____
A.forget all about it until you get to class on Monday.
B.cancel all your weekend plans so you can stay home and study.
C.make sure you leave at least an hour on Sunday to look over your notes.

2.You have an English project assigned that is due in one month.You_____
A.hit the library right away.You need to get it all done tonight.
B.decide to not worry about it until the night before it is due.
C.plan to work on it for a half an hour every other night until it is done.

3.How many books do you take home each night?
A.only the ones that have large homework assignments
B.I don't own a book bag.
C.all of them just in case you have homework

4.Your crush asks you on Wednesday to go with him to the football game on Friday.You _____
A.tell him you can't go because you always do all of your homework on Friday night.
B.say yes and decide to not even take homework home so you don't have to worry about doing it.
C.tell him you'd love to and do your homework on Saturday morning.

5.What type of notes do you take?
A.you hang on every word your teacher says and copy it all down.
B. you write down the key elements that you will need for a test.
C.what notes? (you're too busy trying to take a nap)

(continued on pg. 72)

Benjamin Olejniczak
Kelsea Olsen
Morgan Olsen
Felecia Owens
Mary O'hara
Ryan O'laughlin
Jacquelyn Painter

Kelli Parks
Alexander Paul
Jonathan Peller
Kaylene Peng
Robert Penman
Christopher Perkins
Alexander Petersen

Laurel Peterson
Daniel Petkovic
Lindsey Pfledderer
Sonia Phadke
Kevin Piet
Brendan Pope
Zachary Popovich

Dennis Publicover
Kristopher Pullins
Brandon Pylipow
Scott Rader
Andrew Ramirez
Jessica Rance
Megan Ranegar

Stephanie Ranegar
Cynthia Rawley
Melissa Reach
Kelly Jean Reed
Megan Rhinefield
Jeff Riesland
Katee Riggle



## Key:

1) A-3 B-1 C-2
2) A-1 B-3 C-2
3) A-2 B-3 C-1
4) A-1 B-3 C-2
5) A-1 B-2 C-3

## Poindexter 5-7

It's good that you're so into studying, but you leave no time for yourself. Try organizing your schedule so that you have a chance to enjoy high school and your friends.

## Perfect Scholar 9-12

You know how to manage your activities. You have the perfect balance of work and fun so that you ca succeed in high school.

## Procrastinator 13-15

You waste all of your time and aren't living up to your student potential. Try to apply yourself more in class instead of only focusing on fun activities.



Carl Rivera
Max Robertson
Bailey Robinson
Rocio Rodea
Christina Rodich
Jarrett Rogers
Sarah Rogers

Milissa Rohrbacher
Cristina Rojas
Dorathia Rollins
Courtney Romano
Meghan Romo
Angela Rooker
Taylor Rose

Trey Rucker
Jessica Rudovich
Angela Ruffner
Jessie Ruisard
Lani Rush
Soraya Saffouri
Ruth Sanders

Tye'arra Sanders
Michael Sandridge
Neil Sarkisian
Robert Sarwacinski
Brendan Scannell
Justin Schafer
Paulina Schau

Courtney Schmidt
Eric Schoer
Chelsea Schroeder
Cole Schroeder
Devon Scott
Hannah Scupham
Briana Sever

Connor Shapp
Chelsea Sharp
Scott Shelton
Scott Shimala
Ashley Shipley
Kenny Showalter
Amber Shuta

Colleen Sikorski
Jesse Simons
Jay Sipes
April Sirokie
D Siwietz
Jeffrey Skelton
Patrick Skelton

Nicholas Skok
Ashley Slagle
Ryan Smith
Connor Snapp
Bree Snyder
Devin Southcott
Ashley Spencer

Ariell Springer
Theresa Srnick
Lindsey Stack
Bruce Stanley
Anne Stasik
Lindsey Stauffer
Jessica Strainis

Chloe Strycker
Joshua Stymiest
Kristin Sulich
Devohn Sullivan
Emalee Sweeney
Amanda Swinehart
Samuel Tallman

Hilary Teibel
Alexander Thinath
Olivia Thomas
Kayla Thorpe
Benjamin Tobey
Jamison Todd
Sarah Todd

Michael Tognetti
Brian Townsend
Holly Tratar
Ryan Tucker
Alyssa Turk
Alyson Twenge
Tiffany Tyler

Jennifer Valpatic
Josh Vanatta
Ashley Vanderwall
Kassi Van Keppel
Michael Vanvliet
Brittany Vasquez
Rhianna Vaughn

Tiffany Vega
Shane Velasquez
Nathan Velchek
Tara Villarreal
Natalie Villasenor
Christian Viloria
Michael Vinciguerra

Alyssa Vinluan
Matthew Violanti
Nathalie Virgil
Kayla Vontobel
Joseph Vugrin
Daniel Wagner
Michelle Walla

Dorothy Wallzs
Kristy Walsh
Katherine Wanek
Justin Weathers
Bryan Webb
Hannah Weitzel
Amanda Welch

David Wenzel
William Werner
Alexa Westerfield
Cory Whickcar
Kevin White
Daniel Whitlow
Steven Whittemore

Erica Wickstrom
Jessica Wilde
Erin Williams
Collin Willing
Benjamin Wilson
Chelsea Wilson
Derek Wilson





Tyler Wilson
Olivia Wise
Joel Wisneski
Jeremiah Withrow
Derrick Woods
Dwain Wooley
Brianne Wozniak

Elliott Wratten
John York
Bartel Zandstra
Alec Zerza

## How to Have a Stress-free Freshman Year

1. Respect the upperclassmen.

2. Get involved and stay involved.

3. Embrace organization and use your assignment notebook.

4. Always be prepared-you never know what gym class will throw at you (literally).

5. Don't run in the hallways- five minutes is longer than you think.

6. Write things down-a great way to remember your locker combo, room numbers, your crush's phone number...

# They Will Be



For thirty-three years, Mr. Terry Cox taught American history, world history, and current issues and coached football at Valparaiso High School.

"The most important lesson I taught my classes and my teams was that if you do the work, it will be rewarded," said Cox.

He said that the hardest part to teaching was knowing some of the situations that students were enduring at home and in their lives.

He was most influenced by his parents and teachers. He admired his parents' attitude on life.

"My parents were great role models. They worked hard, were honest, and treated all people fairly. My parents put their children before themselves. They taught and knew the meaning of love," said Cox.

Many students and teachers have fond memories of Mr. Cox. His sense of humor and uplifting attitude will be missed by his coworkers. Mr. Dan Klimczak admired Cox's ability to always keep things in perspective.

Corbett Miller, a former current issue student, found his class to be interesting because of the changing curricu lum and Mr. Cox's interesting point of view.

Cox helped out his staff in times of need.

"When I first started my career here at VHS, he went out of his way to help me get adjusted. He always looked out for me early on," said Mr. John Guttierrez.

Although he will miss being with the students and teachers, he has decided to retire. He has fond memories of his teaching career, and is ready to have more free time. "My wife and I would like to travel to parts of the United States that we have not been to on other trips. I think that a trip to California going the Northern route and coming home the Southern route is in our near range plans," said Cox.

Also, he will continue to coach football for Valpo. He would like to be remembered as someone who cared.

# Missed...

After teaching English for thirty-seven years, Mr. John Knauff decided to retire to pursue other interests. Knauff was not only an English teacher at VHS but was also head coach for the girl's golf team and a coach for the boys sophomore basketball team.

Knauff recalled happy memories which included students, teachers, and various events. Out of all the enjoyable times he has had, Knauff was unable to choose just one favorite memory.

Many people attending or employed at VHS will miss Knauff's warm sense of humor and his face within the hallways.

"He was an easy man to get along with, having an easy-going personality and sense of responsibility," said co-worker and English Department Head Diane Gordon.

Members of the girls golf team will especially miss his optimism and encouragement. The team looked back on happy memories with Knauff. "Being able to complete my high school career with the best team in the history of VHS with Mr. Knauff is something I will never forget," commented golf team member Ashley Nanamore. This past season, the girls attended state and placed fourth.

Knauff believed the hardest part of teaching was attempting to reach out to students who had no desire to learn. Throughout the difficult tasks of educating others, Knauff tried to be a positive role model by being punctual, fair, honest, and compassionate. Perhaps these desirable traits were shaped mostly by his parents, whom Knauff viewed as the people who influenced his life the most.



"He remains a strong family man with deeply rooted values and an old-fashioned gentleman," said Gordon. Fellow teachers will remember Knauff as a man who was able to help students become successful young adults. He did so by leading by example with professional ideas in mind. Gordon also viewed him as not only an associate but also a friend.

Students enjoyed his class for a variety of reasons including: being able to read aloud, voice their opinions and his ability to make lessons interesting. Learners also appreciated his willingness to help them with an individual concern.

His future plans included relocating to Tennessee.

Vella Anderson-business
Cheryl Bagnall-consumer science
Kathryn Bailey-English
Brooke Barger-math






Barb Bowman-paraprofessional
Elke Bowman-German
Patti Brady-math
Terry Brendel-English






Rebecca Burbrink-Spanish
Rhonda Coffin-math
Todd Coffin-physical education
Kathie Connelly-media center






Lorie Cook-physical education
Tracy Corneil-math
Diane Davis-social studies
Karen Devries-attendance






Todd Evans-physical education
Ane Frankus-paraprofessional
Staci Gadacz-Spanish
Alice Gambel-speech/drama











George Gordon-Assistant Princ.
David Gow-guidance director
Gary Gray-technology
Marilyn Hanson-art






Carol Hazen-music accompanist
Matt Hefner-science
John Hershberger-math
Lenore Hoffman-English






Mark Hoffman-health
Michaela Houldieson-German
Neil Hurdle-English
Della Hutton-math






Jennifer Juliano-paraprofessional
Laura Karr-science
John Knauff-English
Mark Knauff-math






Tim Kopf-orchestra
Ramona Krueger-special ed.
Joe Kulgrick-paraprofessional
Judy Largura-paraprofessional

Lance Leach-social studies
Kathy Levandoski-special ed.
Bill Lieske-custodial supervisor
Jill McGonigle-math



Jaclyn Mentz-paraprofessional
Jean Miller-English/Latin
Tina Morales-Special Ed.
Ann Nellessen-attendance



Stacey Pagel-English
Mike Pavell-Assistant Princ.
Bobbie Pio-secretary
Daniel Pritchett-band director



Robert Punter-math
Patricia Rhinehart-German
Mary Kae Ringer-main office sec.
Emilie Rinner-science



Miguel Rosario-band
Kay Sattler-math
Paula Schmidt-attendance
Linda Schonbachler-choral direc.








Sandra Schoon-choir assistant
Deb Seeger-paraprofessional
Mary Sikorski-nurse
Sharon Soltis-paraprofessional






Gordana Sormaz-journalism
Daniel Spears-special ed.
Kathy Spears-Assistant principal
Cynthia Stalbaum-business

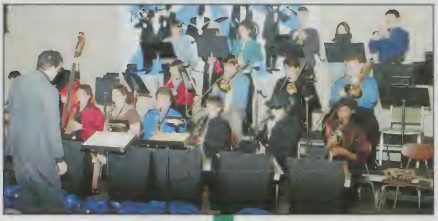





Melissa Stoltzfus-English
Dawn Sutton-Special ed.
Celia Townsley-attendance
Donna Walters-media center dir.




Chris Wendahl-nurse
Gloria Zimmerman-guidance counselor



Jazz Band performs by Mr. Rosario's lead at the annual Jazz Dance.

# Just Keep

As if school is not enough, the majority of the student body chooses to partake in clubs or challenging classes.

Classes ranged from something as complex as math to something as hands on as construction systems

"It's nice having a lot of options," remarked senior Anthony Rush. "You can do almost anything you want to do."



During the Homecoming parade, the cheerleaders march down Campbell Street.



Spanish club members get ready to introduce their float during the homecoming parade.

Don't have enough room in your schedule from elective classes? Then clubs were your thing. Clubs gave students the chance to serve the community.

Regardless of whether you're in a club or a class, there is something out there for you. And until you find it, don't stop searching.

# GOING.





Because it will set me up for my future career. Sarah Davis, 11



I thought you had to have 4 years of math. Adam Vass, 12



My parent's made me." Bethy Scannell, 12

Why did you decide to take a math, science, or technology class?

1. There are a total of 3,931 students involved in math, science and technology classes.
2. There are 17 types of math classes, 18 types of science classes, and 21 types of technology classes at VHS.
3. Math classes offered at VHS ranged from pre algebra to AP/IB Calculus.

# Profile

## Sean Hutcheson '05




" I loved engineering and the understanding of how things worked,"said VHS junior Sean Hutcheson. During his high school career, Hutcheson took five technology classes, three science classes and three math classes. Hutcheson plannned on taking more classes next year like digital electronics and possible construction systems and transportations systems.

"These classes gave you the opportunity to design and build projects like bridges, hydraulic systems, material testing, etc. You also used many different computer programs to make 3-D models of your design," said Hutcheson. He planned on going to Purdue University in West Lafayette to study electrical engineering.

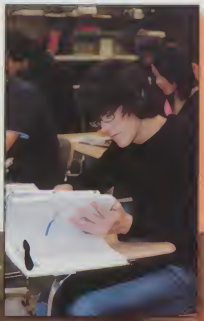
Hutcheson worked at Best Buy as a sales person for the car audio equipment. For fun he liked to hang out with his friends and was in the band Mayfire, with other students from VHS.

Main picture, right page: General Physics teacher Mr. Matt Hefner teaches the class. Seniors Rajiv Pithadia and Jeff Shapiro listens enthusiastically to Hefner.

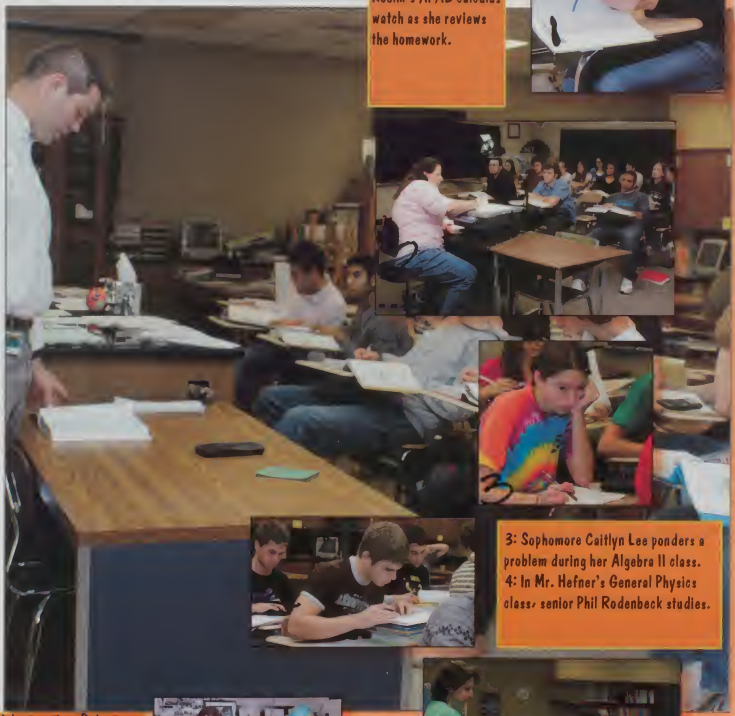
# If I had my way I would do math..

Sarah Dooley '07

...24/7



1: In Doc. Boyle's Chemisty class, Zach Vouga does his homework. 2: Seniors in Miss Koelm's AP/IB calculus watch as she reviews the homework.









3: Sophomore Caitlyn Lee ponders a problem during her Algebra II class. 4: In Mr. Hefner's General Physics class, senior Phil Rodenbeck studies.





5:In AP/IB biology seniors Dylan Totzke, David Stuck, and Shadman Ahmed conduct a lab.
6:Mrs. Cornell teachs her Algebra II class that is composed of sophomores and juniors.

1. Quiz Bowl consists of four rounds. The first and fourth rounds use buzzers. The second round is the bonus round. The third round is the lightening round.

2. At the Dumeland Academic Conference, the Valparaiso Spell Bowl team came in second place.

3. Science Olympiad placed first at regionals and fifth at the state competition.

# Profile

## Aaron Brown, '06



Quiz Bowl, the high school version of Jeopardy combined skill, talent, and expertise.

The captain of the Valparaiso High School Quiz Bowl was Aaron Brown, who had been in Quiz Bowl for four years. "I joined to get extra credit in Mr. Mathew's English class, but I decided I liked it and kept with it," said Brown.

"Aaron exemplified the seriousness and dedication it took to be successful," said Coach Tim Mathews.

Lightening round was Aaron Brown's favorite round. "You either knew it or you didn't," said Brown. "The hardest part was coming off a bad lightening round and having to catch up in the fourth round," said Brown.

Quiz Bowl, although serious at times, was a friendly competition as well as a chance to make new friends.

Like Jeopardy, quiz bowl participants had diverse backgrounds. They had to know facts about various subjects. "Because of Quiz Bowl I have a collection of obscure and useless facts," said Brown.

"Aaron was unique in his ability to analyze and answer questions quickly. He could take competition seriously,but still make a match fun," said Coach Mathews.

The Varsity's record this year was 4-6. They lost the first round in the tournament. Junior varsity's record was 9-2. They lost in the tournament final.

Main picture, right page: Jeff Catania and John Dougherty work on a Science Olympiad project to prepare for the upcoming meet.

## What was your favorite part about participating?



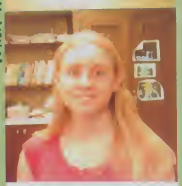

You get the chance to interact with those that you normally wouldnt. It allows you to form friendships with like minded people.

Jason Rothenberger, 06



Competition was the best part. It was fun to work on new problems under high pressure.

John Dougherty, 06



All of the random topics that came up, the little facts of knowledge that makes you think Who would know that?

Betsy Jarus, 07

# "Who would know that?"

-Betsy Janus, '06

*thinking back on Science Olympiad, Quiz Bowl and Spell Bowl*



1: As tradition, the Spell Bowl team eats dinner at Fezoli's before the area meet.
2: During a practice, Ather Ahmed, James Reinhold, Betsy Janus, and Steve Szrom ponder their answers.







3: Amol Akbik ponders her answer before buzzing in.
4: The Spell Bowl team holds up their ribbons content with their second place win.



5: Betsy Janus and Steve Szrom debate on answer.
6: As a past time before practice begins, the science olympiad team plays yukor.





"Actually doing my art work, and not procrastinating."
Chris Clark, 06



Working for hours and hours afterschool and sacrificing your free time. Also, working on multiple projects at a time.
Melissa Jamison, 07



Experimenting with mediums is a challenging aspect of AP art class, and my prefered medium isnt readily available to me during class.
Jordan Lill, 07

What's the weirdest prank you've pulled during Advanced Placement Art?

1. Mrs. Malott is the art department chair.

2. 1,500 to 2,000 pieces go into the "This is our Story" art show.

3. In the AP/IB Art show, sixty students participated.

# Profile

## Kevin Wilson '06



Senior Kevin Wilson has been taking art since middle school, where he was accepted into Mrs. Nietert's honors art class. He pursued art with drawing, painting, and photography.

His current goal was to create a strong portfolio for the colleges that he planned to apply to, and experiment with new styles, such as surrealism, and new mediums, like oil paints. Many of his ideas started out as visions in his head, that he then roughly translated into sketches until he found a composition that he liked.

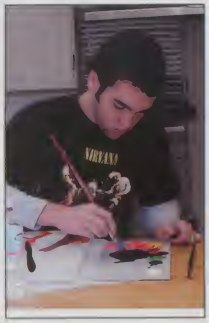
"This year's class was so large that it was hard for all the students to bond and open up to sharing their ideas," said Wilson.

" The art show was huge this year, with over fifty students who are participating. So, I was concerned with space, but since my dad was a carpenter, my friends suggested building a two story exhibit, . . . with a fire pole," said Wilson.

# "Hangin with the Hanster"

Ian Tyler '06

*...while making masterpieces*



1: Using acrylic paint, senior Mike Baron works on a concert scene.
2: Sophomore Leslie Ostrowski works on cutting out a stamp to use during printmaking.





1: "My piece is entitled, Analytical cape melted within a magnified ribcage, we used a sentence game to come up with our ideas," said senior Kevin Wilson. He used colored pencils on fiberboard.
Bottom Picture: Jordan Vouga painted a belonging piece for his IB Art Class.







3: Adjusting the flame, sophomore Brett Belingit starts to solder during Mrs. Lolek's Jewelry I class.
4: Sophomore Chris Loer helps fellow student Caitlyn Claysen solder her pill box.





5: <far right> Freshman Mandy Welch admires junior Nick Donlin's work during Mrs. Norwich's Painting I class. "I really enjoy being original with my paintings," said Donlin. 6: In Mrs. Ruiz's class, sophomore Matt Goldschmidt works on his rubber stamp piece.



Nick Brown likes to start things with Valenian for no reason but I like taking the bait from him because it makes me laugh, said Sarah Kepa about the rivalry between Viking Press and Valenian.



Three year Viking Press member Nick Brown and two year member Will Grossman pose at the South Bend Tribune workshop for high school newspapers.



Senior Adam Vass and junior Sarah Dooley work on the student newspaper during 1st period.

1. The Viking Press newspaper staff published 8 monthly issues of the school newspaper.

2. Meg McGrath and Nick Brown were co editors in chief of the Viking Press.

3. Valenian on average ordered food about once a week.

# Profile

## Holly Wiergacz and Sarah Kepa, '06



Sarah Kepa and Holly Weirgac were not only well known seniors but, more importantly, co-editors of the yearbook. Sarah and Holly had accomplished a lot in the years they were on the Valenian yearbook staff. Sarah had been the yearbook editor for the past two years.

"I liked the feeling of controlling a lot of what was in the yearbook," said Kepa.

"I think that if I hadn't been 'co-editor' of the yearbook my senior year wouldn't have been as fun," said Wiegacz.

"Sarah and Holly were awesome yearbook editors," said senior Selby Knoblock. "I've worked with them for the past two years and they have been great."

"Designing the cover and spreads were my favorite things to do. I loved looking at an empty page and just letting myself be as creative as I wanted. Picking the theme was also awesome because it meant a lot to you when you were the one that created it," said Kepa.

Main picture, right page: Yearbook staffer Holly Wiergacz and yearbook advisor Ms. Gordana Sormaz attempt to place pictures on a spread from the digital camera.

# "Valenian..."

-Sarah Kepa '06

*...will always win*



1) Co-Viking Prexy Kaitlin Mae McGrath gave a speech at the annual Valentine's Day dance.

2) Seniors Sarah Kepa and Katie McCarthy share a hearty embrace.









3) Viking Prexy members Katelyn Thornton, LaJeunesse and Jamie Angelini smile at Notre Dame during a break in their workshop.

4. Valenian members take at Purdue after attending the annual yearbook workshop held at Valparaiso University.

5) Valenian and Viking Prexy members gather at Tony's Pizza for the annual Christmas Party where they exchange gifts.

6) Valenian - Front Row: Pamela Thornton <Back Row: L to R: Tiffany Bilyeu, Whitney Wolfe, Katie McCarthy, Sally Kwiatek, Sarah Kepa, Abby Wiegman and Elaine Sanders>





What was your favorite part about being involved with speech/debate?



My favorite part was meeting people from other schools. I made so many friends from other schools, and even got asked to Mumsters prom, said Mark Blane, 07



"The trips to Indy were always memorable and after a long week filled with calculus homework and econ tests, nothing felt better than letting all my anger out in the form of a debate, said Shashika Stanislaus



Catching a bus at at 5 in the morning every Saturday and watching Shashika wake up when we were about to get off the bus was great, said Andy Reich

1. Jon Chen and Vince Thinath qualified for the National Tournament in Public Forum Debate.

2. At the regional meet, Smita Das and Bethy Scannell won Best Witness Awards and Shashika Stanislaus won a Best Attorney Award.

3. Mark Blane and Marie Wicklinski were named to the IHSFA first team All State.

# Profile

## Katelyn Mayers '07



Katelyn Mayers was in speech for two years in middle school at St. Paul and has spent her three years of high school actively involved with speech.

Being involved with speech has helped Mayers to become much more comfortable with speaking in front of large groups of people and it has also taught her to have a great deal of self-confidence.

"My favorite memory in regards to competing was my very first competition where I placed fifth overall. I was shocked to have even received a ribbon", said Mayers.

Her main event for speech was prose, but she has also done oratorical interpretation and duo.

The most challenging part of speech for Mayers was having to wake up at five a.m. or earlier. "Sometimes it was really difficult to wake up so early for competitions", said Mayers.

She felt that speech would continue to help her in the future. "I think that it will help me to be more outgoing and hopefully a lot less nervous being in front of lots people", said Mayers.

Main picture, right page: The mock trial team placed first at the regional meet and 11th at the state competition.

# "People have more emotion

*than we give them credit for."* -Sarah Dooley, '07



1:Andy Reich, Emily Ingram, Shashika Stanislaus, and Jon Chen are all smiles as they prepare to eat.

2: Smita Das and Bethy Seannell compare notes while preparing for the mock trial case.








3:Heidi Trapp and Jon Clark review their notes after school.

4: Dr. Larry Steber works on some papers during practice.





5:Vince Thieath and Andy Reich review results.

6: The state finalists Andy Reich, Shashika Stanislaus, Heidi Trapp, and Brendan Poulsson pose for a picture after placing ninth in the IHSFA state debate meet.

7:Jon Chen listens intently to Dr. Stuber.





How has community service influenced you?



Community service has made me more aware of issues I didn't know existed in the community.

Jill Simison, 06



I would travel across the nation just to stop people from drinking and driving.

James Biagi, 06



It has made me look at life differently. I feel that I have become a better and more positive person.

Beth Hoffman, 06

1. Key Club had 135 members. They met in A109 every Tuesday.

2. SADD had 9 members. They met every other Wednesday in room E161.

3. King of Hearts sold 756 tickets, not including the complimentary tickets for the six members of the court and their dates. All the profits went to different charities.

# Profile

## Jill McMillan, 06



Ladies and Gentleman, the President... of Key Club. Jill McMillan has been serving the community since her freshman year. Junior year McMillan was vice president then was elected president her senior year. As president, McMillan ran meetings, making sure everyone else got their jobs done. She inspired people to lead.

"El Presidente" as McMillan called herself was not just any walk in the park. Many long hard hours went into leading the club.

Every Tuesday, Key Club met in A109. "We talked about upcoming events, Key Club stuff, signing up for events, and sometimes we had special presentations," said McMillan.

But Key Club was not all about volunteering. Fund-raising also played a big role in community service. Events such as carwashes, Krispy Kreme sales, and gift wrapping at Barnes and Nobles were regularly on the schedule.

The biggest fund-raiser of the year was the King of Hearts Dance. Months of preparation went into this annual event. "It was a little bit stressful, but it was a lot of fun! And a lot of late nights," said McMillan.

"Jill was comfortable in every situation. She seldom got flustered. She was a very good speaker and had a good sense of humor," said sponsor Mrs. Cyndi Svilar.

Main picture, right page: Spanish teacher Mr. Robert Cespedes attends the Key Club Halloween party which was held for the children of VHS faculty and staff. It was an annual event.

# "Inspire others to lead!"

-Jill McMillan, '06

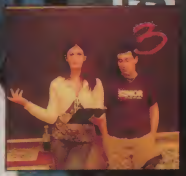
Thinking back on Key Club and SADD



1: Co-Presidents Samantha Townsley and James Blagi announce to club members an upcoming event at Inman's.
2: The ladies of Key Club pose for a picture after a scary night at the Halloween party. The club put on skits and played games with the faculty's children to give them a safe environment to celebrate Halloween.







3: Co-Presidents Samantha Townsley and James Blagi plan an event to promote no drinking and driving during spring break.
4: Beth Heffman, Jill McMillan, Jane Bowker, and Jill Simison take a break from decorating the cafeteria to pose for a picture.

5: Key Club members host the annual Halloween party in the VHS cafeteria.
6: Members of SADD listen to the president and discuss an upcoming fundraiser to raise money for awareness.

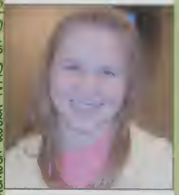






"The togetherness with all of the coolest people in the school."

Andrea Kent, 06
National Honor Society



"Watching everyone dance at the soc hop, and playing Catch Phrase at the meetings."

Jenna Gathmann, 06
Student Council



"Helping out at the Pines and playing dominos with all the people there."

Emmeline Magno, 06
National Honor Society

What will you remember about NHS or STUCO?

1. Student Council partakes in a state convention every year, sending 10 representatives to a weekend field trip that consists of leadership activities with student councils from all over Indiana.

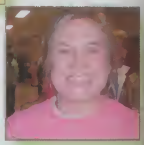
2. National Honor Society requires eligible members to fill out an application which is reviewed by the sponsors.

3. Student Council interacts with a large number of the surrounding schools. For example, a leadership field trip, PCLC, takes place every spring with representatives from every school.

# Profile



## Smita Das '06



## Maeghan Parks, '06

"Really, how many other clubs played 'Catch Phrase' at a meeting?" inquired Student Council President Maeghan Parks, when asked what made Student Council different from the other clubs.

Parks was just an average student who "liked meeting new people and going on various field trips and conferences," so she thought it would be fun to run as an officer. The other officers included: vice president Jessica Krenz, treasurer Andrea Kent and secretary Holly Sontag.

"We were all friends and got along pretty well," said Parks.

But Parks wasn't the only president who got to run a club with her friends.

Senior Smita Das ran National Honor Society this year.

"We all had some sort of input in everything and were willing to voice our opinions. Plus, we were all committed to helping each other and NHS as a whole," said Das.

Her fellow officers included: vice president Andrea Kent, treasurer John Dougherty, secretary Alex Costakis, and student representative Ian Golando.

In regards to what NHS accomplished, NHS was "all about commitment to service through leadership, scholarship, and character," said Das.

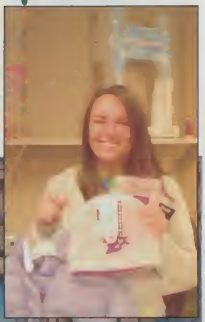
"It was great to see how much we could accomplish when we were willing to work as a team," stated Das.

Main picture, right page: Mr. VHS contestant Senior Sheldon Alt performs during the talent portion of the competition. Alt went with a western theme during the student council event.

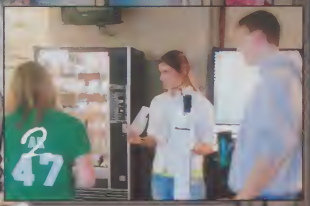
# "I LOVED BEING A PART OF A GROUP."

-Smita Das, '06

thinking back on student council and stuco



1:Sophomore Kaitlyn Kloemann holds up some of the clothes collected from the Student Council gift drive. 2: Student council members gather food to weigh for the annual Student Council food drive. All proceeds were donated to local food pantries.







3: During first period, senior Billy Ryan gathers flowers to deliver for the flower sale. 4: Student council members arrange all the gifts that the 1st hour classes donated for Christmas.





5-Seniors Kristen Ellison and Jenna Saltanovitz take a break from passing out flowers during their study hall. The NHS flowers were delivered on February 9th. Proceeds from the flower sale went toward scholarships.

6-The competition can get intense between bottling 1st hours. Students made donations of non-perishables for the food drive.



"I enjoy teaching psychology because I love working with young people and hopefully inspiring them to understand more about their own behavior and others behavior" said Mrs. Diane Davis



"It's important to learn history in order to understand, live, and exist in our present world", said Mr. Miller.



"Learning history enhances our ability to impact the future", said Mr. Dan Klimczak.

What is your favorite part about teaching?

1. Some of the classes offered in the social studies department include government, economics, psychology, sociology, U.S. History I and II, geography, world history, foreign policy, and current issues.
2. [illegible]
3. To graduate from VHS, a student had to pass six semesters of social studies classes.

# Profile

## Jackie Hogan, '06



"There are so many things that you can learn about people by studying past events. It also never ceases to amaze me how much each culture has evolved and changed over time" said senior Jackie Hogan.

Hogan loved learning about how other cultures live and have lived and she has taken a variety of social studies classes.

Her list of classes included world history, current issues, American literature/U.S. history block class, and psychology.

During first semester of her senior year, Hogan took sociology and economics and then went on to take government during second semester.

Out of all the social studies classes that Hogan took the one quote that has always stuck in her mind is "Four score and seven years ago our fathers brought forth upon this continent a new nation conceived in liberty and dedicated to the proposition that all men are created equal".

Main picture, right page: A group of students from Mrs. Daviss psychology class stop and pose for a group picture.

# “History makes the world go ‘round”

Junior Wesley M.





1 Students in Mr. Lewis’ class enjoy watching a Holocaust movie in class.

2 Juniors Kirsten Riley Ryan Martin Amber Gerrish Shane Ross Mallory Andrus Tyler and Jake Hutchinson work on a project for Mr. Rogers’ AP History of the American People class. These 3 students signed up for extra credit.





3 Junior Kelsey Wilson and Cara Brewster listen intently to presentations given by fellow students regarding the 1920’s.

4 Junior Ryan Mc Kinzie, Jo Ann and Alex Lewis go over their notes.





5 Students Cara B. Mr. McClear Mr. Rogers Mr. Lewis & the American Flag in U.S. History classes.

Kelsey Wilson and Ashleigh Rogers use an interactive map in Mr. Lewis’ economics class.





What are some things that are better in other countries than they are in the United States?



The laws and school systems in Germany are better than ours.

Jackie Stewart 06



Its so weird man . .

Alex Cassidy 08
(Sen. John Kerry)



The food and the food portions.

Alyssa Magagnotti 06

1. Every year Spanish club goes to Pilson in Chicago to visit the Mexican Fine Art Museum to see Day of the Dead displays.

2. One thousand students participated in a foreign language class this year.

3. The number one reason for students taking a foreign language is to understand and accept cultures different from their own.

# Profile

## Courtney Bennet, '06




With five years of Spanish under her belt, senior Courtney Bennett is able to comfortably carry on a conversation , and successfully pronunciate the words.

" Don't worry about the use of the words as much as the pronunciation. Some words mean two different things, depending on where you put the accent when you're saying it," said Bennett.

Through the years some of her favorite parts of the classes included listening to Spanish music, and drinking hot chocolate.

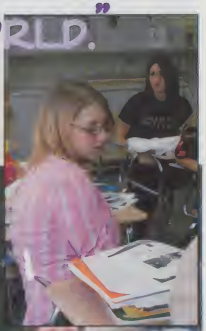
During her four years of studying a foreign language at VHS, she has been on multiple trips to Don Quiote, a purely Spanish restaurant, and to the Art Institute in Chicago.

Main picture, right page: The Japanese team gets together for a group shot after the foreign language soccer competition.

# "It's a whole different world."

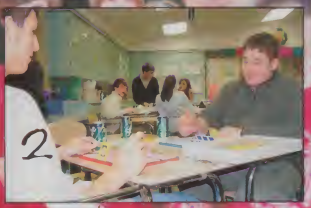
-Sarah Kepa '06

*...learning about different cultures*



1: Sophomore Caitlin Sherman reviews her papers during French II class.

2: Junior Sean Funes and sophomore Peter Borovilos played Guess Who during their Spanish Christmas Party. "It was fun," said Borovilos.










3: Students in Mrs. Water's Spanish class walk during the homecoming parade during Spirit Week.

4: Sophomore Vesna Bukur answers a question while looking at her worksheet.





5: At the foreign language competition, sophomores Anthony Blakely and Eric Hanson cheer after a successful game.

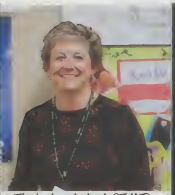
6: Junior Melissa Hensley and fellow classmates participate in a class discussion while working on their homework.

1. STAND is an extra curricular club devoted to promoting tolerance and teaching aspects of diversity. It's open to any VHS student.

2. Formal meetings for STAND were held twice a month.

3. Earth Awareness Club recycles every Thursday after school.

What was the best part about being in STAND, EAC, or HOPE club?



The best part about STAND is getting to know the students and gaining exposure to different cultures and races, said Mrs. Stoltzfus.



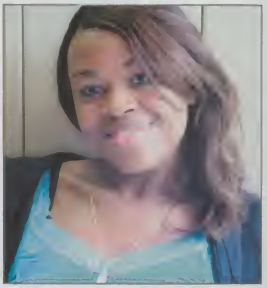
EAC was great. The best part was being able to meet new people and have fun while recycling at school, said Kate Gonzalez.



The best part of STAND was definitely our handy banner and Mrs. S knows that we loved it, said Carmen Rojas.

# Profile

## Tashame Woods, '07



Tashame Woods was a junior at Valparaiso who felt strongly about STAND (Socially Together and Naturally Diverse) and all that it represents. The club has impacted her life in so many positive ways and she was delighted to be affiliated with such a great group.

"STAND represented a very diverse group of people. The club really taught me so much about being a part of a society that was very judgemental and it taught me that even as the world was changing, there would always be people that discriminated against others but the important thing was to go beyond and take the good from the situation", said Woods.

Being in STAND gave students the opportunity to particpate in a number of different activities including the homecoming parade, making T-shirts, the Hispanic food celebration, etc. "Going on all the field trips was amazing and I loved the Merrillville High School exchange", she said.

"STAND taught me so many valuable lessons. One of the most important was even if you were being disrespected, always have respect for others", said Woods.

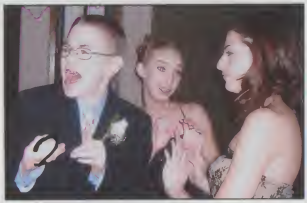
Main picture, right page: Courtney Murphy, Rachel Kupsis, Candace Pederson, and Sara McKinley haver dinner at Dynasty buffet.

"I love being in HOPE Club because it has given me the opportunity to meet so many new people and really make a difference in peoples' lives".
Chelsey Dunleavy, '07.



1. Chelsey Dunleavy, Jake Evey, and Courtney Murphy pose for a picture by the castle at Zac Island after playing mini-golf.
2. Jake Evey, Courtney Murphy and Jen Doxtader pose together at King of Hearts.







5. Jasmine Nwabara, Tshuma Woods, Melvin Quinn, and Naomi Staub pose for a picture in the Valparaiso University Chapel during Martin Luther King Day activities.
6. Seniors Jessica Lisak and Marissa Taylor recycle after school for EAC club.



3. STAND club enjoys an elaborate Hispanic Heritage food party.
4. At the Homecoming parade, STAND club members pose for a picture with their banner.






## What was your favorite part about quest/ home Ec?



My favorite part about Foods and Nutrition was learning to prepare a lot of different dishes and trying new foods said German foreign exchange student Daniel Contreraz.



The best part about Quest class was getting a delicious brownie full of toooove dust on my Quest birthday and hugging everyone, said senior Justine Maresca.



The greatest part of Quest class was watching the Breakfast Club and having secret pals, said senior Katie McCarthy.

1. Everyone in quest class has the opportunity to choose a day to celebrate his/her birthday. A quest birthday consists of everyone singing happy birthday, giving out wishes and affirmations, as well as a handshake or hug.
2. Some of the P.E. classes offered at VHS included weight lifting, tennis, volleyball, bowling, badmitten, basketball, and softball.
3. Cadet teaching gives students an insight into the teaching profession.

# Profile



## Alyssa Magagnotti, '06

"Quest has helped me to understand how important it is to step out of my comfort zone and get to know people I would not normally spend time with", said Magagnotti.

During her senior year, Alyssa took quest her first semester and foods and nutrition during second semester. "I recommend taking both classes. Quest is an awesome class and you rarely have homework, but foods was great too because you make and eat delicious food", said Magagnotti.

Taking foods and nutrition gives one an opportunity to learn about the culinary cultures of many different countries. Foods prepared in the class included Swedish meatballs, stir-fry, peanut butter blossoms, pumpkin rolls, etc. "Making the food was great, but eating it was even better", said Magagnotti.

"Foods class was so much fun because I love food and I learned how to prepare so many new dishes and Quest gave me a chance to get to know so many people that I may not have otherwise taken the time to know and quest birthdays were great!

Main picture, right page: Students in Child Development play with children using a parachute.

"In Quest, affirmation Fridays were amazing. People were so nice to each other." -Dana Zubic, '06



1: Senior Paul Coburn does some curls in advanced physical education class.
2: Junior Brent Sever spots for his fellow classmates.









3: Nick Luden gets ready to do some laps.
4: Mrs. Stephen's ninth period Nutrition and Wellness class enjoys a snack they put together



...Cooper, Tom Blythe, Cory Crow, Erich ...mann and Keith Gore prepare delicious ... chow during Quest class.
...Mercedes Medina makes puppy chow in ... class to raise money to buy supplies ... animal shelter.





I think the best part of Natural Helpers was playing carpet ball with everyone and just having fun with new people.

Nick Bonifas, 06



Getting to know people I probably wouldn't have talked to otherwise.

Samantha Daniels, 06



The best part about Natural Helpers was getting to know different people and yourself better. It was amazing how alike everyone actually was.

Matt Nelson, 06

1. Natural Helpers holds 3 retreats during the year. They are held in the fall, winter and spring.
2. Natural Helpers is the only student chosen organization in the school. But, the rainbow staff were chosen by an application process.
3. The retreat is a great way to get to know other students and teachers on a more personal level.

# Profile

## Ashley Thompson



The colors of the rainbow were beautiful, but when put together they made a magnificent spectrum. Natural Helpers showed the true colors that were inside everyone.

Senior Ashley Thompson was on rainbow staff during the fall 2005 retreat. Thompson represented purple in her staff along with seven other seniors.

Everything that happened on retreat was a secret. The Natural Helpers who went on retreat kept quiet except they came to the consensus that the retreat was "life changing."

Every single person who went on retreat took something different out of it. The people who made rainbow staff were the ones who believed in the program so much they wanted to carry it on to others. "I wanted to help affect someone else's life like mine was affected," said Thompson.

Most people heard that the retreat was just about tree hugging and crying. "The retreat helped people get their feelings out without being ashamed of them," said Thompson.

Like everything else in life, a lot of hard work went into each retreat. "We spent many hours perfecting skits and growing close to each other," said Thompson.

Retreat was not just a weekend getaway or a chance to miss a day of school. Retreat was a chance to get to know each other and to learn new things.

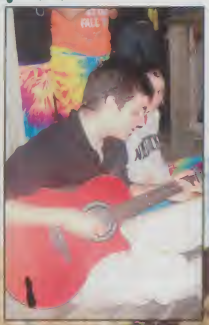
"A lot of kids represented what the retreat stood for, but Ashley was the epitome of a Natural Helper," said sponsor Marilyn Hanson.

On a nature walk through the camp, some of the students climb down a steep hill during free time. (right)

# "I was really Excited, but a Little scared."

-Ashley Thompson '06

*Thinking back on Retreat Events*



1: Alex Costakis plays his guitar for a captive audience late one night.
2: Megan McGrath poses with her ice breaker group at the end of the retreat.







3: John Thyen leads the group over a stream.
4: Part of the retreat is getting to know each other. Mrs. Schott spent some quality time getting to know her students.








5: While waiting to watch a slide show, Bryce Berry and some students huddle together.
6: Most of the girls from the fall retreat gather in the cafeteria for some last minute photos before heading home.



(The most challenging thing about women's chorus was) dodging Mrs. S. and the singing pencils.
Kaitlin Williams, 06



My favorite thing about men's chorus was) selling cookie dough.
Ashton Kleemann, 06



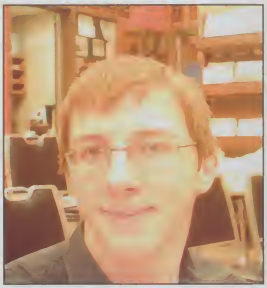
(I decided to join women's chorus because) I grew up watching (my sister) and wanting to be part of V.H.S. choirs. Hannah Hupp, 08

1. Men's Chorus officers included James Winter, Nick Bullman, Tyson Daake, Aaron Porter, and Vinnie Garza.

2. Women's chorus officers included Salome Santiago, Kate Sanders, and Kelly Linder.

3. Both men's and women's chorus performed several barbershops at the ISSMA competition.

# Profile



## James Winter, '06

Senior James Winter was men's chorus president from 2005-2006.

Winter was in concert choir for two years, men's chorus one year, and he joined varsity singers his senior year.

In addition to his choir obligations, he spent three years on the VHS swim team.

In 2005, Winter joined Drama Club and played Romeo Scragg in VHS's fall musical production of "Li'l Abner."

Winter decided to join choir because he dropped band. " Tom Oram (choir accompanist) told me to join choir for fun," said Winter.

His favorite thing about choir was developing an appreciation for music. The most challenging thing was having to learn a lot of music in a short amount of time.

After high school, Winter planned on pursuing a major in engineering.

Main picture, right page: Women's Chorus performs at fall fantasia.

# "Don't forget to sing"

Patrick Thornton '07



1: Men's chorus practice one of their barbershops, "Bill Grogan's Goat." 2: Mrs. Schonbachler accompanies the Women's chorus on their rendition of "Do You Hear What I Hear?" for This Is Our Story.











3: Men's chorus rehearses for ISSMA competition. 4: Erin Williams, Becky Brown, and Maddie Miskulin rehearse for This Is Our Story 5: Men's chorus poses while practicing one of their barbershops, "Bill Grogan's Goat."

6:Megan Banschbach and Erica Wickstrom rehearse for an upcoming concert.
7: Men's chorus practices intervals.





Choir

## What did you think about Varsity Singers?



My favorite thing about Concert Choir and Varsity Singers was the friends I made. Cami Kern, 06



The hardest part about Varsity Singers was putting everything you had into every show. David Cross, 06



I liked the people and the time we got to spend in Varsity Singers. Karli Costa Lunga, 06

1. Seniors Cami Kern and Karli Costalunga worked on the choreography for Varsity Singers.

2. Class officers included John Thyen, Karli Costalunga, David Conison, Cami Kern and Lauren Bryan.

3. Varsity Singers practiced for over an hour every Tuesday and Thursday after school.

# Profile

## John Thyen, '06



"I think it was a fulfilling responsibility to have been a leader of such a talented performing group," said senior John Thyen who was the concert choir president.

In addition, he was a member of Varsity Singers, CASS and drama club. He also played Marryin' Sam in the VHS fall musical production of "Li'l Abner."

Thyen was in both concert choir and varsity singers for three years. He was also a member of men's chorus his freshman year.

He felt that the most challenging thing about concert choir were the state finals. He felt it took a lot of hard work, but it eventually paid off.

While being a part of both concert choir and the varsity singers performances at VHS's Fall Fantasia Concert he gave his renditions of "Feelin' Good" and "Phantom of the Opera."

After high school, Thyen planned on attending Butler University's School of Music.

Main picture, right page: Varsity singers go to work at the "Carwash." That was one of several contemporary songs varsity singers mixed in with classics.

# "Choir is to me what a ship is to a pirate"

Senior David Conison talking about concert choir







1: Leeann St. John leads Varsity Singers in their rendition of "Let The Goodtimes Roll." Tanov Popil and Julia St. John also shared leads on the song.

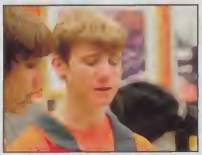
2: The varsity singer girls belt out their rendition of "Come Sail Away."







3: The concert choir altos rehearse for This Is Our Story.
4: Seniors Karli Costalunga and Lauren Bryan joke around while at a varsity singers rehearsal.
5: Concert choir performs at the fall fantasia concert.





6: Sophomores Nick Bullman and Aaron Porter rehearse "Carol of the Bells" for varsity singers.
7: Varsity singers perform their finale, "Come Sail Away."



"Knowing that I'm part of an orchestra that is one of the best in the state and being able to learn with the same kids since middle school and form relationships with them and the teacher."
Paige Thompson, 06



Friends - Fingles Cave
Fun in orchestra.
Andy Reich, 06



Secret Santa
Frank Odar, 07

1. This year, VHS had 6 students selected for All State Orchestra.
2. Concert orchestra consisted of mostly freshmen and sophomore musicians. Chamber orchestra consisted of upperclassmen.
3. Mr. Tim Kopf has been the orchestra conductor for 11 years.

# Profile



## Meg McGrath '06

"I've known the majority of the orchestra since sixth grade, so it's sort of like a family atmosphere," said senior Megan McGrath. She was the president of VHS's Chamber Orchestra and had been playing cello for about 7 1/2 years, since the summer before 5th grade.

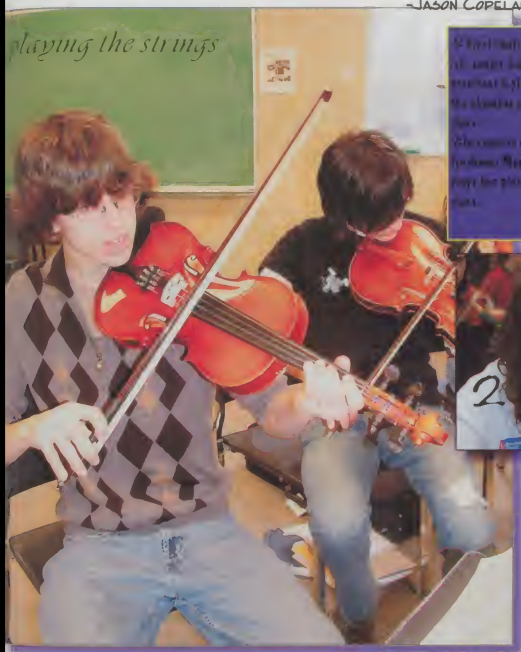
McGrath decided to start playing when she was younger when her older brother started to learn the violin. McGrath planned to attend Indiana University, Bloomington, where she wanted to be in the orchestra for non-music majors.

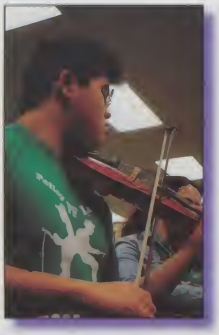
For fun, McGrath liked to read a lot and went to cheer for her boyfriend, who attended Hebron High School. She also taught private lessons to middle school students. McGrath also was one of the editors for Viking Press, the high school newspaper.
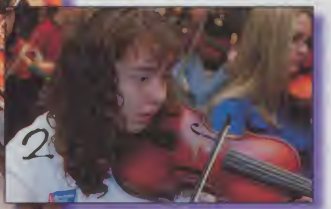
Turn picture right page to see orchestra class. Junior David Beckwith and Senior Tom Boynton play their required music.

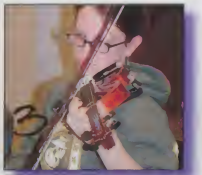
"Orchestra is a great opportunity to reinterpret great works."

-Jason Copeland, '06

















I loved the music that we played. It was always fun, and it often was challenging so I was able to get bet ter as a musician while still having a good time.

Kristin Engever, 08



What I enjoyed about band is the people. It's fun that you can have a class or go on trips and just have a lot of fun together.

Katie Mika, 08



I really enjoyed going to class every morning and play ing/ hearing music. It really got my day going well.

Mia Kalisch, 08

What did you enjoy about symphonic or concert band?

1. About 100 students participated in symphonic and concert band for the 2005-2006 school year.

2. Concert band took second at the ISSMA state contest.

3. On an annual basis, the bands perform for the Veterans Day show at Strongbows.

# Profile

## Colleen Sikorski



As a freshman Colleen Sikorski was actively involved in symphonic band. She played the clarinet as well as the piano.

Sikorski chose these instruments because she liked the way they sounded. Music has had a definite impact on her life.

"Music can set your mood, and for me, it was generally fun," said Sikorski.

Getting involved in conert/symphonic band was an easy choice for Sikorski.

"I was in band in middle school and I liked it, so I continued in high school," she said.

Her favorite part about band was getting to know everyone.

The hardest transition she had in becoming a part of the high school was getting used to the difficult music.

In addition to being a part of the high school band, Sikorski was also a part of the varsity swim team and participated in Key Club.

Outside of school, she participated in the youth group at church, and lifeguarded at the local country club.

"Colleen has a great attitude and a natural ability to play the clarinet. She has a great amount of potential to be a very fine player," said Mr. Rosario about Colleens accomplishments and potential in band.

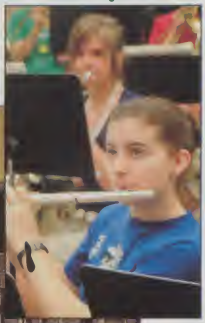
Main picture, right page: Concert band students practice playing after finishing a series of scale tests.

# "I loved the music that we played."

-Kristin Engerer, '08







1: Courtney Romano learns a new song on the flute.

2: Sophomores Nicole Lawrence and Juliane Jolley practice in the brass section of the symphonic band.





3: Sophomores Daniel Lober and Marcus Maes perform their music during symphonic band practice.

4: Symphonic band students watch Mr. Rasorio as they play their wind instruments.

5: April Strokie plays the bassoon while joining the rest of the band.

6: Proving that multitasking is a necessary part of playing an instrument, sophomore K.C. Worthing reads music while playing his trumpet.







Seniors Micheal Moran and Jen Marshall help out at the annual Ham Dinner fund raiser.



Mr. Rosario directs his B Band students. According to Rosario, both bands have been extremely successful and hard working this year.



Junior Nick Rapley practices with other B band members in the percussion section.

1. The band program finished second at the state competition.

2. A and B band achieved perfect sight readings for the third year in a row.

3. Sixty one students participated in A band, while fifty two students comprised the B band section.

# Profile

## Alex Andrejevich '06



For senior Alex Andrejevich, music was more than just a hobby. Not only had it been the focus of her high school years, but it will play a major part in her future education at DePaul University, where she plans to study music performance as a freshman.

"I never thought joining band would lead to so much and create so many opportunities for myself," admitted Andrejevich.

'I now realize how important music is to the school curriculum. It not only gives you confidence and pride in your abilities, but increases your chances for academic recognition."

As a member of A Band, Andrejevich has proven herself to be a viable talent on the French horn. She has been to various state competitions and made it a point to consistently practice outside of school three to four times a week.

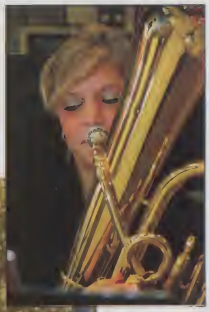
"For the school play this year, I spent so many extra hours preparing, but in the end, seeing our success, I knew it was worth it," she stated.

Above: Senior Alex Andrejevich poses for a picture. Andrejevich has been a band member since her freshman year at VHS.

# "I'LL MISS PLAYING WITH SO MANY GREAT MUSICIANS"

-KENNY LIPSCOMB, '06

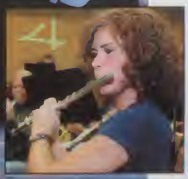
## ...thinking back on band



1: Seniors Jill McMillan and Eddie Garwick lead the A band along with junior Emily Williams during the Homecoming parade.
2: Junior Kate Stoner plays a few practice notes on the tuba. 3: Juniors Jessica Muller and Danijela Baker play their coronets in harmony with sophomore Sam Bowker on the French horn.









4: Junior Nicole Stacek, a B band member, warms up on the flute.
5: Junior Katelyn Casey and sophomore Jalysa Lopez practice a piece together during class.

6: Sophomores Barb Wilkerson and Madeline Baker concentrate on perfecting their piece.
7: Phil Santay and Paul Albers, both sophomores, join junior Jared Carr on the trombone.







I joined because I was a rock drummer and I wanted to expand my horizons. I continued joining jazz because I fell in love with the music.

Mike Patterson, 07

Why did you decide to participate in Jazz band?



The practices have a mostly relaxed environment in which we can channel our raw emotions into our playing and just have fun doing it.

Paige Anderson, 07



I had switched instruments to trombone in order to play in jazz and orchestra. I wanted to be more involved. Joining jazz band was probably the best decision I've made in high school. I'll never forget all the jazz festivals and over night trips.

Michael Monon, 06

1. There are four different divisions of jazz band. They include: Lab, Studio A, Studio B and Jazz Ensemble.
2. As many as 80 students are involved in the jazz band for the 2005/2006 schoolyear.
3. During the year, the jazz bands take multiple trips to places such as Indianapolis and Chicago.

# Profile

## Eric Allen, '06



As a prominent and well known senior, Eric Allen is often seen twirling drumsticks or tapping his fingers to the rhythm in his head. Allen attended Valparaiso Schools his entire life and started playing music at a very young age.

" I started playing music at ten years old, I started playing an acoustic guitar," he said.

Since that time, Allen has learned to play more than six different instruments, including: guitar, bass, piano, vibrophone, and concert percussion.

A great deal of the music Allen listened to at a young age influenced his decisions to join jazz. "When I was younger I listened to a lot of ska, reggea, and a little jazz," he said.

Allen was involved in four different bands, which included Jazz Ensemble, a jazz quintent called "The Quints", A band, and Ghatty Green-Horns.

"Being able to play with high level musicians in a high school venue," is his favorite aspect of jazz band.

Another aspect that Allen admired about jazz band is his instructor, Mr. Dan Pritchett. "Besides my parents Mr.Pritchett was the most influential adult I had ever met."

Music continued to influence Allen's life, and the music he most often listened to was jazz and alternative. His favorite artist was TheLonious Monk.

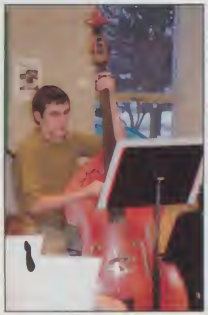
Allen planned to continue studying music in college and planned on majoring in jazz performance and musical production.

# "Jazz band is awesome!"

-Katelyn Casey, '07



1: Sophomore Ben Townsend plays his bass while at lab band practice. 2: Seniors Jason Copeland and Michael Moran rehearse during jazz ensemble practice.





7. Junior Katelyn Holub reads her music while rehearsing at jazz ensemble practice.
8. Junior Katelyn Casey and sophomores Ajay Major, Emily Simison, and Shelly Westerhausen assist attendees of the Big Band Dance.







3: Seniors Kenny Lipscomb and Ashton Klaumann play their instruments during jazz ensemble practice.
4:Students of jazz ansemble play under the direction Mr. Rosario.

5:Junior Katelyn Casey and sophomore Michael Bechok warm up for jazz band practice.
6. Mr. Rosario poses for the camera during Studio B practice.







After a long, tough race, senior Chris Owen stops for a moment to catch his breath.

# Get your

One of the best ways to meet new friends, stay in shape, and get involved with school is partcipating in a school sport. From a poll of 670 people, it is estimated that at least 50% of the student body has played or tried out for a school sport at least once during their high school years.

"Sports are always a good time, at least for me," said senior soccer player Maeghan Parks.

Whether it is fall, winter, spring, or summer, there is always a sport training or in season.



Noticing the oncoming player, senior defender Erica Humes tries to keep control of the ball while getting it to Amanda Malone on the outside.



Football players show their support for the varsity volleyball team by cheering at a home game against Portage.

# game on.

"We're really lucky to have such a huge school with a lot of sports to choose from," said senior track memeber Ashley Thompson.

If one wants to get involved, there is a sport at Valparaiso High School waiting. If playing isn't your thing, school spirit is often best shown by the students watching the games.

"It's not really an extracurricular activity, to be in a sport or even to go to one. It's just another part of our lives," said Thompson.



As senior Kevin Tran prepares to serve, partner Andy Reich gets down low to prevent being in the ball's way.








A) Freshman Hilary Tiebel waits on the sidelines before performing.

B) Junior Brianna Robinson and fellow Vikettes get ready to perform during a home boys basketball game.

C) The poms perform while walking down Campbell street.

D) The cheerleaders lift sophomore Alissa Perconti into a stunt at half time during a home boys basketball game.

E) Senior Sarah Lindsey walks with the flag team.

F) Senior captain Dana Zubik walks with her fellow cheerleaders dur ing the after school parade.

G) The Valparaiso Vikette poms perform at half time during a home game.

H) Seniors Sarah Lindsey, Kelsey Eickelberg, and Lisa Fitzgerald perform during the homecoming parade.







## Cheerleaders and Vikettes...









# And don't forget Victor




"I became a cheerleader because I love to dance and support our school," said team captain Dana Zubik.

"Cheerleading has always been a great part of my high school career. Without being on the cheerleading team, I wouldn't have had so many great opportunities and privledges," she said


Senior Ashton Kleeman

Zubik was on the team for 3 years and felt that being the captain was a very time consuming and respected position."The leadership responsibilities have been very rewarding for me", said Zubik.

"The most rewarding part about being a cheerleader was being able to represent our school with girls that I always have a good time with", said senior Cami Kern.

And of course, we can't forget about Victor the Viking. What would the games be without him?

"I did what I was obligated to do", said senior mascot Ashton Kleemann.

Kleemann has been Victor for 2 years and decided to do it because he saw a call out sign on someone's locker and just went for it. Kleemann made a lot of friends and got along well with the cheerleaders.

"There might have been an occasional catfight, but I always left without any scars", said Kleemann.

"Our mascot, Ashton Kleemann, was one of the funniest guys I know. He kept the games full of laughs and always directed attention to the crowd.

Victor the Viking made my cheerleading career so memorable", said Dana Zubik.



Varsity Cheerleaders: Front row: Nicholle Staack, Mascot Ashton Kleemann, Dana Zubik. Middle row: Kate westerfield, Amanda Thomas, Katie Turley, Genna Swanson, Krystina Irzyk, Cami Kern. Back row: Head coach Jeana Kane, Amanda Henderson, Margo Andrews, Allissa Perconti, Kelcey Hall, Lana Merrill, Jasmine Williams, and Assistant Coach Kara Shunkwiler.



Vikettes: Back row: Taylor Chvich, Sarah Lindsey, Catie , Whitney Jopling, Bri Sever, Molly Vass, Jenna Saltonavitz, and Rebecca Patton. Middle row: Lisa Fitzgerald, Julia Groves, Ashley Valestin, Kelsey Eichelberg, Jennifer Lindberg, Brianna Robinson, Katie Godbey, and Raine Hall. Front row: Maddie Miskulin, Jennifer Hilker, Megan Banschbach, Hilary Tiebel, Sara Passaro, Anessa Kasparian, and Lindsay Paulson.








A) Junior Katie Lenz takes a practice swing.

B) The team is all smiles after taking fourth place at the state tournament.

C) Members of the team scramble to put away equipment and take cover as a rainstorm interrupts their tournament.

D) The team takes a well deserved break to refuel and chat with parents.

E) Senior Ashley Navarrete tees off at the Penn invite.

F) Juniors Lindsay Jacobs, Katie Lenz, and Laura Painter talk strategy.

G ) The team proudly displays the ribbons and the trophy they received as sectional champions.

H ) Junior Laura Painter takes a swing.





# Girls golf...







# A Stroke of Genius





"My goal for this season was to go to state and just play the best that I could," said senior Ashley Naramore. She had no idea that her early ambitions would be so telling. Not only did Naramore have a personally impressive record for the year, but the team as a whole played a phenominal game.



"Our team this year had so much depth," boasted coach John Knauff. "We were lucky to have seven exceptionally talented and hard working players." Such dedication, focus, and a sheer hunger to win drove the girls on to a first at sectionals and an amazing fourth place finish at state, a "best ever for Valpo," coach Bob Punter proudly exclaimed.

Besides having the will to win, the girls also worked to maintain a positive team dynamic.

"We made sure to have fun and just be able to be ourselves around each other" explained junior Laura Punter.

According to junior Mackenzie Dykes, "we constantly encouraged each other to keep playing and to play better."

The team always made it a point to keep one another motivated, no matter the intensity or amount of pressure that came their way.

Reflecting back on her final year with the team, senior Laura Bryan summed up the



experience simply enough: "We went down prepared to play our best and have a blast. And that is exactly what we did."

Left Senior Lauren Bryan looks on as her opponents tee off at the Penn invite.

Right Junior Lindsay Jacobs "pulls the pin" for a teammate.



Back row (left to right): Bob Punter, Allison Baldea, Annie Nowlen, Ellen Kozelka, Ashley Naramore, Natalie Gough, Lauren Bryan, Katie Lenz, John Knauff, Mr. Schwerdt Front row (Left to right): Melissa Bucks, MacKenzie Dykes, Emilia Sitja, Dana Webb, Grace Kennedy, Laura Punter, Lindsay Jacobs







A. After finishing the race, senior John Farrell shakes hands with a Chesterton opponent.

B. The race against Chesterton starts and the Valpo team starts off strong while running together as a pack.

C. The team huddles together for inspirational comments and race strategy from coach Drow.

D. Seniors Kevin Nuppnau, Jeff Jensen, and Tim Hennessy run in stride while they head for the finish line.

E. Senior Don Johnson pushes himself hard and sprints home to the finish line.

F. Tim Hennessy closes in on the finish line.

G. Kevin Costalunga runs hard and sprints past an opponent.

H. Senior Christian Owen shakes hands with Glen Mueller while he stands in the shute after finishing the race.





# Boys Cross Country..







# Run like the wind





Back row: Coach Mike Prow, Chris Owen, Andrew Kutcoski, Pat Pochop, Matt Meger, Sam Ostafinski, Jason Higginbotham, Michael Moore, Kevin Gass, Kevin Ostafinski, Kevin Costalunga, Billy Ryan, Alex Thinath, Joseph Sirokie, Ryan Smith, Nick Skok, Donny Johnson, and Assistant Coach Aaron Crague
Front row: Jack Ryan, Jeff Jensen, Glen Mueller, Kevin Nuppnau, Daniel McClure, John Farrell, Blake James, Justin Williams, Ian Colando, Vaughn Leslie, Michael Sandridge, Tim Hennessy, Brenden Pope, and Matt Burgess.

"We wanted to be the best team in the area. Everything we did was geared towards qualifying for state", said Coach Mike Prow.

Prow enjoyed running daily with the team. "We were a very close-knit team. We relied on each other and motivated each other a great deal", he said.



The team's motto this year was felios, which means brotherly love in Greek. "The family atmosphere in the locker room was great. The guys were all so close, we were like brothers, said senior Tim Hennessy.

The cross-country team had a lot of great runners this season that really stood out. John Farrell, who had been running since his freshman year, really enjoyed when the team got together for pasta parties and went to Hooters. "Cross-country taught me to have a lot of self-motivation and it really helped if the people around you were positive", said Farrell.

Tim Hennessey was also influenced by the cross country team. " Sometimes it was really difficult to motivate yourself to run early in the morning, but I've made life-long friends and gained so many great memories,"said Hennessy.

The cross-country team put a lot of effort into making it as far as they could and they placed second at state.

"We worked hard in practice and even harder at the meets, and the fun came later. All the memories you have really paid off. Having the satisfaction of knowing all the hard work you put in truly made it all worthwhile", said Prow.



Seniors Kevin Nuppnau and Jeff Jensen sprint hard to the finish line.










A. Senior Andrea Kent runs her heart out to the finish line.

B. Olympia Burgess stretches around the bend to the home stretch of the race.

C. The fans cheer on the sidelines as Sam Bowker runs to the finish line.

D. The girls prepare for the race by listening to instructions about the course they are about to run.

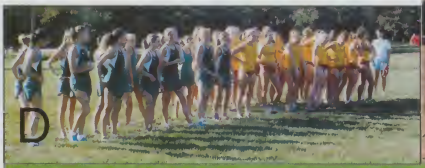
E. Andrea Kent closely follows Liz Pochop in the race to the final leg.

F. Rachel Kupsis catches her breath after a grueling race.

G. Several of the girls sprint from the starting line. They push forward to beat the other team.

H. Fighting to the end, Amanda Hardesty flies to the finish line where she would celebrate victory with her teammates.




# Girls Cross Country...









# Watch Them Go!!!


A


B

A. Sprinting to the end, Cyndi Rawley finishes up the race to accompany her teammates to victory.
B. Andrea Kent and Ashlee Karp run alongside their teammates.
C. Determined to win, Amanda Hardesty works hard to cross the finish line.

And they're off! The race began. " The girls motivated themselves, they kept focused toward their goals," said Coach Karen Devries.

Goals drove the girls to perform their very best. "My goal was to help my team do its very best each meet," said senior Liz Pochop.

The team lived by the motto "One team, one dream, one family." The girls worked together to succeed in the season.

Through the grueling practices and vigorous


Amanda Hardesty

races, they still found time to bond together. "My favorite memory was from the mornings when we would get ready for school. We would blast music and had team bonding time." said senior Sabrina Pope.

The girls worked hard year round. During the season they attend practices and during the off season they ran on their own to keep in shape.

"All I really wanted out of myself was to do my best and be proud of it," said junior Alex Jones.

"Running hard brought out true character," said DeVries.

" Cross Country has helped me to become a more disciplined person. It has improved my work ethic as well," said Pochop.

The season ended 11-0 in dual meets. "Our goal was to make state and do the best we could do," said Devries.

The team made their goal and placed second in the state meet.

"We were a very talented team; whatever happened was meant to happen," said Andrea Kent.



Bottom Row: Olympia Burgess, Sam Bowker, Sabrina Pope, Andrea Kent, Rachel Kupis, Alex Jones, Hannah Kreps, Nikki Martin, Megan Ronegar, Hannah Mueller. Top Row: Rachel Hurley, Mallory Jindra, Molly Steiner, Amanda Hardesty, Liz Pochop, Lauren Hardesty, Betsy Black, Ashlee Karp, Jen Szmagai.







A. Eric Jackson races a Merrillville player to recover a fumble and get the ball for Valpo.

B. A snap begins the play as center Neil Sarkisian hands the ball off to Quarterback JJ Petter.

C. Coach Hofer instructs the center/defensive lineman Andrew Ramirez.

D. Running with the ball, running back/ line back Eric Jackson enters the end zone to score a touchdown.

E. A tackle ends the play as a Merrillville player scrounges up the ball.

F. A Merrillville player tries to take down Eric Jackson as he runs for a touchdown.

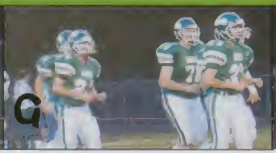
G. The team hustles to the line against Merrillville to begin the play.

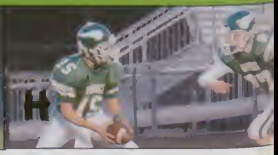




## Freshman Football...







# Hut!

# Hut!

# Hike!





A. Running back/ Line Back, Jake Hrcha, Kicks the ball to begin the game.
B. Eric Jackson takes a stance. He was ready to attack the other team to protect the ball.
C. Team Captian, JJ Peller, hands off the ball to the quarterback.

High School was all about preparing for the future. Freshman football players anticipated their last home game as Varsity players.

The freshman football team worked hard to live up to varsity standards. "Each player became a better athlete and football player," said Coach Herb Hofer.



Football exposed players to many different skills that would forever help them advance in football and other areas in their lives."The physical aspect was fun, but the mental challenge and the constant need for improvement were what I enjoyed," said tight end, Ben Tobey.

Along with the learning came the fun. The boys went out and played their favorite sport almost everyday. They hung out with friends that became their brothers.

"One beat, one pulse" was the 2005 Valpo football slogan. Freshman football taught discipline and teamwork, characteristics that helped the players succeed this season. "Football improved my moral standards and my willingness to sacrifice for the whole team," said Tobey.

After a win, and ONLY a win the team sang the school song together. Unity made this team work so well. "My personal goal was to help the team in every way possible to accomplish our task of winning the game," said Quarterback JJ Peller.

"The players have the ability to come back no matter what happened," said Hofer.

This seasons record was 5-4. In Conference the record was 4-3 and received 4th place.



Freshman Football Team Bottom Row (L to R): Jake Hrcha, Shane Velasquez, Andrew Heath, Steve McQuirl, Elliot Wratten, Matt McCheseney, JJ Peller, Scott McQuirl. Second Row: Kevin Krupchak, Scott Austin, Schuyler DeArmond, DJ Lightfoot, Nick Klose, Max Kolar, Michael Ball, Robert Penman, Tony Hite, Tyler Wilsch, Dennis Publicover, Tom Higgins, Paul Reis, Kurt Blakely. Third Row: Nate Malone, Ken Shoualter, Neil Sarkisian, Rocky Chumbley, Jesse Simons, Matt Krantz, Jon LeBron, Andrew Ramirez, Garrett Jones, Eric Jackson, Kyle Jacques, Eddie Chuprinskas, Kevin Pich, Devon Scott. Top Row: Carl Rivera, Kelton Kaetzke, Jon Gough, Todd Jamison, Matt Hills, Ben Olejniczak, Zach Greiner, Leo Husarik, John Olson, Ben Tobey, Scott Shelton, Jon Holmgren, Conner Snapp.










A) At a home game, Senior Corey Crew listens as Coach Dave Coyle gives them instructions on what to do.

B) Senior captains(from left to right) Carl Hoefler, Sheldon Alt, and Tim Hamilton shake hands with the captains from the Merrillville Pirates at the homecoming game.

C) Coach Mark Hoffman talks to the huddle.

D) Sophomore Scott Rasitovic runs the ball while senior Matt Ryan blocks him at the homecoming game.

E) Junior Hallis Ballard runs the ball at the homecoming game against Merrillville, where the Vikings lost 30 0.

F) Sophomore Rob Perry is tackled by a Crown Point player on September 24,2005. the Vikings lost 21 7.

G) Players(from left to right) Tyler Doane, Brandon Connett and John Small run off the field at the homecoming game.

H) JV defensive line sets up on the line of scrimmage against the Crown Point Bull Dogs.







# Varsity Football...









# One beat one pulse



"One beat, One pulse," was the theme this year for the varsity football team.

"The team really had a banner year. They played with enthusiasm. The kids were playing really hard," said head coach Mark Hoffman.

"It taught me the importance of hard work and dedication," said senior linebacker Tim Hanton. During the summer, the players had three practices a day. When the season started every Tuesday through Thursday the team went to dinner set up by the coach, players, and The Quarterback Club.

"My favorite memory was watching people sing the school song during three a day practices, and proving people wrong," said junior punter/kicker Brett Van Keppel.

The Vikings season record was 5-4. "They were playing really hard." These kids had an exceptional year," Hoffman. The season ended with a loss to Crown Point in the first round of sectionals.



Senior Tim Hanton



Varsity and Junior Varsity Coaches: Hoffman, Van Keppel, Hahne, Gutierrez, Klimczak, McCall, Maddix, Ewing, Hahn, Tampa, Maddox, Evans, Coyle, Cox, Rowe, Buford. Top row: Sheldon Art, Jackson Phelps, Matt Jaskwik, Brian Blankenship, Brandon Cornett, Logan Kirby, Tyson Deaton, Scott Kaufman, Carl Hostler, Brent Sones, Nick Lester, Mike Wamsteker, Travis Allen, Brad Kasperson, Brad Van Sanus. 2: Byron Miller, Drew Zawadzki, Tim Hostler, Ryan Effle, Brad Gottschalk, Jordan Mroz, Matt Beach, Ryan Pyfgrove, Alex Sarkisian, Alex Mogck, Nick Rodick, Jake Schroeder, Chris Uff, Evan Gates, Gilbert Allen. 3: Tyler Deane, Brett Van Keppel, Matt Kennedy, Brian Goodson, Jon Balejan, Brady Carlin, Ben Vanmaley, Zac Bunden, Kory Erb, Ben Buncich, Colin Knapchek, Marvin Kitten, Matt Lasky, Rob Longo. 4: Jon Medved, Zach Fineran, Joe Hill, Jake Schau, Jon Small/Hafka Bedford, Jawad Cain, Sean Houlihan, Jawad Frey, Michael Mueller, Tim Drabick, James Zubik, David LeBlanc, Matt Ryan. 5: Aaron Velazquez, Matt Goldschmidt, Zach Kuzela, Rob Penny, Karl Bertram, Justin Usher, Shaun Crabtree, Mike Baxter, Chuck Sizemore, Erich Gossman, Aaron Biggs, Corey Cenac, Mike Proctor, Brandon Kimes. Cheerleaders: Mango Andrews, Lara Merrill, Jasmine Williams, Michelle Stack, Amanda Thomas, Katie Tumley, Dana Zubik, Krystina Irpky, Cami Kane, Gianna Summers, Kate Weatherfield, Allison Prescott, Amanda Henderson, Kelsey Hall.



(top of page) Varsity offensive players set up a line against the Merrillville Pirates.
(above) Sophomore Alex Sarkisian, jr quarterback, waits for ball to be hiked.










A. After Michigan City serves to Valpo, senior Jon Chen returns the ball.

B. Junior Vamshi Yelavarthi hits a backhand. During the season, the team exceeded the expectations of fellow teams and coaches, said Yelavarthi.

C. David Millspaugh serves to an opposing Michigan City player.

D. Travis Nuygen stands at the net. In the background, Colin Willing served to Michigan City.

E. Senior Josh Earhart steps onto the court to serve.

F. Senior Kevin Tran makes a serve. Tran was one of the leaders of the Boys Tennis Team.

G. Scanning the court, junior Paul Mooney is ready to return the ball.

H. Once again in action, junior Paul Mooney waits to return the ball.









# Boys Tennis









# Swing For Your Life





Front Row (LR) Andy Reich, Travis Nuggen, Rajiv Pithadia, Bruse Tran, Colin Willing, Ben Shuta, Matt Scuderi, Eric McClure, Anthony Blakely, Todd Miner, Ben Kroft
Back Row (LR) Kevin Tran, Brian Tran, Dan Connors, Paul Mooney, Scott Martin, Rob Hummel, Sri Kota, Jon Chen, Josh Earhart, Shashika Stanislaus, Vamshi Yelavarthi, David Millspaugh

"If you're into it, your players are into it," that was the motto of Coach Bob Barthold, who led the Varsity Boys Tennis Team to sectionals in 2005.

Barthold spent all but one of his 32 years of coaching at VHS.

The strongpoint of the



team was the character of the players. "They were good kids both on and off the court," according to Barthold. He rarely had to motivate the team because they were self-motivated and were consistently eager to play.

Barthold's goal was always for the team to do its best. He felt that is was also important to have fun with the game and to never have any regrets.

His favorite aspect of coaching was to see the players mature and build character through out the season.

The 2005-2006 team had a strong season. Their record was 9-5.

The team beat Portage High School at sectionals, but lost to Chesterton High School at regionals.

"(We) didn't accomplish goal of winning regionals which left me wanting more for next season," said Junior, Vamshi Yelavarthi.

The VHS Tennis team's 2005-2006 season was one of building. They started off slow but rose above the odds, and to the suprise of other teams in the league, made it all the way to regionals. They knew that they just had to keep on keepin' on.



A VHS tennis player crouches in position ready to return the ball to the opponent.



A)



B)



C)

A) Fighting for the ball against an opposing player, senior Rachel Churchard steals the ball.

B) With Ruth Zembe assisting, Amanda Malone tries to take the ball from the other team.

C) Senior Caitlan Weeks successfully keeps the ball away while trying to score.

D) Keeping up with the ball, sophomore Molly O'Brien goes up against opposing players.

E) Senior Caitlan Weeks dribbles the ball down the field.

F) Successfully catching the ball, senior Maeghan Parks keeps the opposing team from scoring a goal.

G) Junior Lauren Prow slams into a player from the other team while trying to get to the ball and junior Amanda Malone assists.

H) Kicking the ball away from the other team, senior Erica Humes attempts to make a goal.



D)



E)

# Girls Soccer...



F)



G)



H)

# Alive and Kicking



Junior Ruth Zemke congratulates a player from the opposing team at the end of a game.

Between making up songs , having pasta parties,and running warm-up laps, the girls soccer team was very busy this year.

With sixteen wins, and four losses, captains Erica Humes and Rachel Churchard kept the team in line.



" One of my greatest memories was having a water balloon fight at Maeghan Park's house. Erica and Tashia totally wiped out in the driveway. I loved my girls," said Ruth Zemke.

The girls varsity soccer team which was dominated by seven seniors, was a close team, having had four years to play together. " They will definitely be missed. However, I believe we'll have great senior leadership next year. We will be looking forward to another great year of Lady Viking Soccer," said Mr. Cespedes

" The girls always brought my best memories," said junior Lauren Prow.

" By Beating Andrean to win sectionals, we were all excited that we played one of our best games," said Bridget O' Brien.

circle inset: The varsity soccer captions Erica Humes and Rachel Churchard.



Girls Varsity Soccer

bottom: Meghan Denny, Meghan Oglesby, Kate Stoner, Bridget O'Brien, Alexa Kovachevich, Meaghan Ryan, Rachael Churchard, Arianna Kovachevich, Jillian Schafer. Top: Dale Heinrich, Molly O' Brien, Amanda Malone, Heidi Trapp, Ruth Zemke, Lauren Prow, Erica Humes, Meg Walsh, Julie Kahrs, Laura Nietert, Caitlen Weeks, Lisa Church, Amanda Compos, Robert Cespedes, Mike Whistler.



Girls Soccer Junior Varsity

bottom: Olivia Thomas, Alyssa Johnson, Sadie Nagel, Kate Kilhefner, Holly Savage, Ali Bluell, Kayla Thorpe, Kassi Van Keppel, Kelli Parks, Jen Angelini, top: Dale Heinrich, Lisa Kurtz, Carolyn Shaffer, Kate Kilhefner, Tashia Mech,Sadie Nagel, Caroline Walsh, Krista Shaefer, Laura Jack, Carolyn Welsh, Jessica Rudovich,Chelsey WeinickEster Key.







A) As his teammates took the lead in the game, Junior Gene Hart watches in anticipation.

B) Senior Patrick Rickman keeps the ball away from the opposing team.

C) Senior Mark Katmaback blocks the opposing team from scoring a goal.

D) Members of the varsity team huddle together before the start of the game.

E) Senior Kyle Frey attempts to keep the ball away form the opposing team.

F) Watching his team pull ahead in the game, senior Patrick Rickamn jumps for joy.

G) Senior Joe Corsbie attempts to steal the ball from the opposing team.

H) Sophmores Mark Minnissale and Todd Morton cheer on their team mates while they take a break from the game.





# Boys Soccer...







# Kickin' with it style





Varsity Front Row (L to R): Head Coach Danny Jeftich, Sean Cunningham, Hunter Van Houten, Joe Corsbie, Todd Mortan, Matthew Malecha, Mark Kalmabach, Pat Rickman, Jamie Smith, Cameron Weeks, Danny Livarchik, Kyle Freg. Back Row (L to R): Manager Anna Bianco, Thomas Leland, Gene Hart, Alexander Balingit, Brett Balingit, Marcus Minissale, Zachary Rodenbarger, Timothy Wells, Ian Page, and Manager Kristen Alessi.

The boys of the varsity and junior varsity soccer teams pushed themselves everyday through grueling practices and extreme heat to achieve their level of success.

According to varsity player Patrick Rickman,"seeing the looks on the faces of little kids after you scored a goal or did a crazy move," was the best part about playing soccer.



Senior Patrick Rickman

Winning, according to junior Tom Leland, was the best part about playing soccer.

To continue with the success of the team, the boys had many pre-game traditions which included pasta parties, pre-game warm-ups, and prayers for the team's health and safety.

The success of the team was driven by the determined players as well as the countless hours they put into practice each season .

Typical practices included 3 D 4 drills, 4 D 2 drills, and every Monday the boys of varsity and junior varsity were required to run 5 miles.

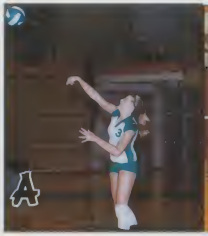
Many of the players participated in soccer for much of their lives. "I started to play soccer when I was a little kid and just continued and didn't bother with other sports," said senior Mark Kalmbach.

"Soccer has always been a passion of mine and every time I moved up to play with better skilled players , I loved it even though it got more competitve and more challenging," said senior Cameron Weeks.

The boys ended their tough season with a successful final record of 10 wins and 2 losses.



Junior Varsity Front Row (L to R): Junior Varsity Head Coach Ted Cuson, Peter Kalmbach, Mike Pavell, Mark Tunacik, Nick Franz, Pat Kozlowski, Craig Bazin, Max Breitinger, Torrey Brock, Tyler Jacobs, Coach Steve Cuson. Front Row (L to R): Ryan Bejna, Josh Stymiest, Bryan Webb, Danny Mendoza, Mark Gletti, Ken Armour.








A) Sophomore Maddie Baker starts the game by striking the ball over hand.

B) Down by one, captain Chelly Clem tries to gain another point by setting the ball to a teammate.

C) Brittany Cowan concentrates on bumping the ball, hoping a nearby teammate will be able to set it.

D) A crowd of boys cheer on the girls at the end of a winning game.

E) Jumping as high as she can, senior Alyssa Sharp uses all her energy to spike the ball over the net.

F) During a quick time out, Coach Salomon explains to the team how to adjust to the opponent's formation.

G) Valpo teammates cheer on freshman Gina Lang as she is introduced over the speaker.

H) The team shares a laugh before the game begins after performing Gigallo.






# Valpo Volleyball...







# Only the Strong Survive





**Varsity** Front Row (L to R): Brittany Cowan, Jessica Gordon, Alyssa Sharp, Leah Bess, Chally Clem. Back Row: Coach Salomon, Gina Lang, Maddie Baker, Allie Zikesch, Michelle Lang, Allison Nix, Coach Treece.

"They loved to play," remembered head Varsity Volleyball coach Michelle Salomon.

And it showed. With an overall record of 13-7, the varsity team made it all the way to regionals before losing a tough game to Lowell. Out of three matches, the team won 1, losing the 3rd match from the morning game .



Senior Alyssa Sharp

"We were cursed. We could never make it past regionals but we had a great year, regardless of how it ended," said senior Alyssa Sharp.

This season, the team composed of 10 girls: 5 seniors, 3 juniors, 1 sophomore, and 1 freshman."We usually got along pretty well," said sophomore Maddie Baker.

"It was very important for us to get along because volleyball was very much a team sport," added Sharp.

One team ritual the girls remember well was called "Gigallo". This involved the girls getting together in a circle and then proceeding to do a traditonal cheer and dance which included each girl creating her own dance move.

"I've done it since freshman year," said senior Leah Bess.

"Overall, I really enjoyed being a senior and being able to lead the other girls," said Sharp.

For the team, there were more ups than downs, and no matter what, above all, they knew the best thing to do was **keep on keeping on.**

"All I expected from them was their best," said Salomon. "And that's what I got."

The MVP was senior Michelle Lang. Other award winners included: Chally Clem, Allie Zikesch, and Brittany Cowan who received the mental attitude award.



**Junior Varsity** Front Row (L to R): Samantha Haller, Natalie Nightengale, Emily Van Laan, Jordan Longstreth, Katie Rodenbeck. Back Row: Lauren Sharp, Rebekah Niedner, Kristin Hasselbring, Meghan Romo, Rebecca Hoefler, Alyssa Turk, Emily Welter, Coach Ashley Dobis.







A ) Freshman Bailey Robinson shoots a free throw shot against the Highland Trojans.

B ) Amber Shuta spikes the ball over the net during one of the teams first games of the season.

C ) After scoring a point, the team huddles up to dance together, in celebration.

D )The team gathers in a huddle and prepares to go out on the court. A team cheer was done before hand.

E ) Alexis Clark prepares to serve the ball in the Valparaiso field house.

F ) Melissa Moller guards a Highland Trojan at Highland on November 8, 2005.

G )Coach Deb Clifford talks to the girls during a time out. She motivated her team by positive reinforcement and pointed out things to improve.

H )Besty Black waits for the ball during a free throw against Highland.

Opposite page: Bailey Robinson dribbles the ball down the court.





# Freshman Girls Volleyball/ Basketball







# Beginning To Play Ball





"I expected a big improvement from middle school to high school," said freshman Kristin Lenz, who played the left side position in volleyball. For the players to improve their individual and team skills," said Coach Deb Clifford, were her expectations for this year. Playing this game influenced its players a lot. Improving was what the team was all about.


Freshman Abbey Ford

"Bring it on," was the theme for this year's freshman basketball team. Their goals were to work hard and just improve throughout the season.

"There were so many awesome memories of this year. I was so happy with how we improved from the first game that we played to the last game, there was a huge difference," Coach Alana Harrington said.

Before practice everyday, the girls huddled and talked about what was going on in their lives and about morals and, "Not to judge a book by its' cover."

"I loved the competitiveness, and I just think it was a lot of fun to be part of a team and compete against other schools," said Laura Franz, who played post. Most girls agreed being on the team helped them with school, because if you didn't keep your grades up, you could not play.

This season both teams won a good portion of their games and both coaches were very pleased with how their seasons turned out.

Volleyball: (Back row) Kristen Lenz, Ruth Sanders, Andrea Fraley, Coach Deb Clifford, Laura Franz, Amber Shuta, Jessica Novak (Front Row) Stephanie Coleman, Brittany Nevill, Nicole Bianco, Sarah Todd, Morgan Olson, Alexis Clark



Basketball (Front Row)Kassi Van Keppel, Bailey Robinson, Elise Kirby, Megan Graykowski, Libbie Gilliland Back Row)Assistant Coach Faye Georgiadis, Haley Leuthart, Melissa Moeller, Betsey Balck, Taylor Fleeman, Maggie Freeman, Laura Franz, Abbey Ford, Head Coach Alana Harrington





A) Senior Tasmia Blake sets up for a shot as her opponents close in.

B) Tasmia Blake, Emilie Naccarato, Megan Steiner, and Lauren Prow line up as the starters are announced.

C) Junior guard Lauren Prow takes a shot.

D) Coach Greg Kirby instructs the girls during a timeout.

E) Varsity post Taylor Craig goes up for a lay up at the varsity game against Plymouth. Craig made it a point to be consistent , strong, and aggressive during her first season playing for VHS.

F) Emily Naccarato comes out of the game to take a break and catch her breath.

G) Junior Lauren Prow is in triple threat position.

H) Coach Kirby and JV coach Mark Knauff watch the JV team closely. Coach Knauff encouraged his team to play each game with the belief that they could compete with everyone on their schedule.






# Girls Basketball...







# Courage on the Court



Varsity coach Greg Kirby and JV coach Mark Knauff began the season with an admittedly young team. However, what they lacked in experience they more than made up for in work ethic. At each game, the girls strived to leave a lasting impression upon the competition, regardless of whether or not they won or lost. It was key for each individual to be "mentally ready for every game and play consistently," explained junior Emilie Naccarato.



"My goal was to contribute to the team as much as I could," added Taylor Craig. As it was Craig's first year playing basketball at the school, she was especially focused on proving herself to be a dependable, aggressive asset to the team.

Leadership was also essential to the teams' success. Senior Erica Humes, who played her fourth year on varsity as point guard, provided guidance as well as motivation.

According to Coach Kirby, her "combination of athleticism and skills" led the varsity team through many tough moments. One such incident occurred at a match against West Lafayette, where the girls won in overtime 61-56. The team went on to play against Merrillville at sectionals.

Freshman Tara Villarreal and sophomore Christine Brichta, both JV guards, displayed "good quickness and court awareness," reflected coach Knauff. The JV team ended the season with an impressive 17-3 record.

Above: The varsity team gathers around head coach Kirby to talk strategy during a time out.



**Varsity** Front Row (L to R): Haley Cribbs, Lauren Prow, Brittney Woldt, MacKenzie Dykes, Emilie Naccarato, Tara Villarreal; Back Row (L to R) Assistant Coach Kathy Levandowski, Megan Steiner, Kayla Von Tobel, Rebacca Hoefler, Erica Humes, Taylor Craig, Christine Brichta, Taunia Blake, Greg Kirby



**Junior Varsity** Front Row (L to R): Elissa Martin, Alyssa Ensign, Lydia Naccarato, Jordan Jones, Jordan Longstreth, Tara Villarreal; Back Row (L to R): Hannah Hupp, Haley Cribbs, Hayley Costas, Christine Brichta, Taylor Craig, Kayla Von Tobel, Mark Knauff







A) After being fouled, Eric Jackson gets ready for a shot at the free throw line.

B) Using his height to his advantage, Hayden Humes passes the ball right over Lake Central players.

C) After being fouled, Carl Rivera concentrates on making the free throw.

D) Kevin Piet dribbles the ball to get around the Lake Central player guarding him.

E) Kevin Costalunga prepares for a layup.

F) In amazement of the game, John Berning stares up at the basket while looking to make a shot.

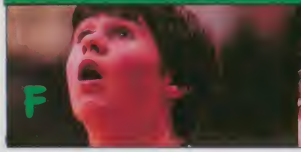
G) Just like Coach John Knauff taught them, Eric Jackson follows through on his shot.

H) Hayden Humes makes some quick maneuvers to get around the other team to make a basket.





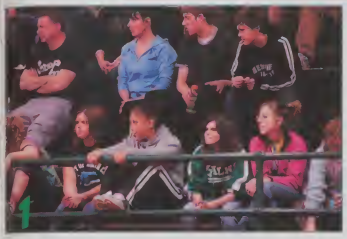
# Freshman Basketball...







# He shoots He scores!





1. The crowd looks on as the players score to another victory.
2. The team huddles around Coach Knauff to listen to instructions.

"My goal was to have fun and get better," said Hayden Humes. Freshman basketball improved player's skills and techniques for junior varsity and varsity basketball.

"We tried to do the same offenses and defenses that they used," said Coach John



Carl Rivera

Knauff. Most of the players didn't just pick up a basketball, they worked at the game for a long time. "I have been playing for as long as I can remember," said John Berning.

"The team's strengths were teamwork, shooting, and defense," said Knauff. A normal practice included activites such as ball handling, dribbling, shooting, free throws, half court and full court drills, 3 on 3, 4 on 4, and 5 on 5 drills.

My favorite memory was when we came back from behind to Chesterton to win the game," said Jeremiah Withrow.

One of the greatest motivations for freshmen basketball were the dreams of playing for junior varsity and varsity. "I know there was always room for improvement," said Humes.

Basketball was a highly skilled game. Players had to be on their toes anticipating the next move. "My strength was the ability to rebound. My weakness was the short amount of thinking before I made a decision," said Withrow.

The A team had a season record of17-3. The B team had a record of 18-2.

The goal for every team was to win one of the Duneland Conferences, but both A and B teams had the privledge of winning it.

" The team enjoyed winning so they worked hard," said Coach Knauff.



**Freshman** Front Row (L to R): Joe Gough, Brendon Pope, Pete Ferrari, Josh Stymiest, Kyle Jacques, Eric Jackson, Kevin Piet, Clayton Cunningham. Back Row: Coach John Knauff, Matt Hills, Alex Paul, Jeremiah Withrow, Hayden Humes, John Berning, Kevin Costalunga, Ben Wilson, Carl Rivera, Assistant Coach David McGonigle.










A) Junior Robbie Hummel attempts a pass to his teammate.

B) The varsity team surrounds Head Coach Bob Punter during a brief time out during the game.

C) Senior Kevin Tran dribbles the ball down the court as the opposing team closes in on him.

D) As a pre game tradition, the boys huddle in the center of the court as a sign of unity.

E) Junior Nate Windsor attempts a rebound during a game against Lake Central.

F) Superfans Brandon Cornett and Matt Beach multi task as they read the news and watch the game.

G) Superfans cheer after the Vikings score a basket.

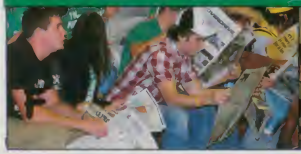
H) Valpo Superfans take a break during half time of the game.







# Valpo Boys Basketball...









# Anyone... Anywhere... Anytime... Viking Nation



Ending their season with a record of 21 wins and 3 losses, the Vikings had an astonishing season.

"I think as a whole they did very well. Our expectations were high before the season started and we finished as one of the eight



Junior Rob Hummel

teams in the state," said Head Coach Bob Punter.

The team was led by 6-foot-8 players Rob Hummel and Scott Martin as well as 6-4 senior Paul Coburn, and guards Kevin Tran and Kyle West.

During the season, the players worked hard and attained their level of success by having practice Monday through Saturday. Their practices consisted of two hours worth of warmups, shooting drills and scrimmages (five on five).

"I feel the greatest accomplishment this season was when we won the sectional championship because we played well as a team and accomplished one of our goals," said Scott Martin.

On a personal level, Martin felt that the season went very well for him as he improved in many areas.

In the Class 4A Michigan City Regional, the No.8 ranked Vikings lost to No.9 ranked Penn in a 52-42 loss.

"Tomorrow is never promised so play as hard as you can because tomorrow you may not be able to play," said Hummel, addressing the best piece of advice his coaches had ever given him. "I loved our team and our coaches."

"The team was really amazing. They made a really positive influence on the school as a whole," said fan Katelyn Casey.

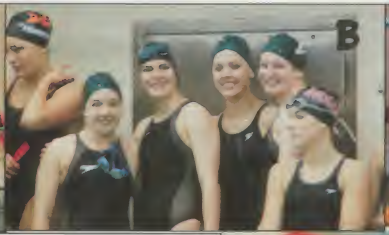


**Varsity** Front Row (L to R): Kevin Tran, Jackson Phelps, Marcus Biggs, and Kevin Meyne. Back Row (L to R): Nate Windsor, Travis Allen, Rob Hummel, Scott Martin, Kyle West and Paul Coburn.




**Junior Varsity** Front Row (L to R): Trent Redington, Brad VanSenus, Joe Vaznonis, Mike Wendahl, Alex Mogck. Back Row (L to R): Scott Rastovic, Coach Lew Rhinehart, Mike Pavell, and Brian Tran.







A) Junior Natalie Gough completes her inward dive.

B) From Left: sophomore Sam Bowker, senior Michelle Moore, sophomore Emily Welter, and junior Jourdan Ringenberg pose for a picture after taking 4th place in the 200 Medley Relay at Chesterton.

C) Sophomore Karin Kozendaal cheers on teammate Megan Price while counting for Megan during the 500 freestyle race.

D) From left: senior Mary Kozelka, sophomore Emily Welter, freshman Marissa Hoshaw, senior Natalie Fisher, sophomore Megan Price, sophomore Karin Kozendaal and junior Jourdan Ringenberg lighten the mood during sectional warm-up.

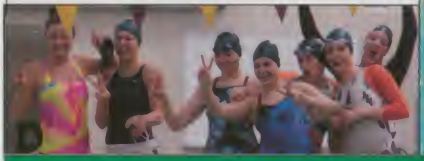
E) Freshman Emily Cole is in the spotlight for the 100m backstroke.

F) " Dropping time at Sectionals never gets old. It feels so good to see all of your hard work during the season pay off," said Mary Kozelka about her 100 butterfly race.

G) Senior Michelle Moore wins sectionals with her best 100 breastroke race yet.

H) Assistant Varsity Coach Perez delivers a pep talk to junior Danielle Johnson and freshman Emily Cole.

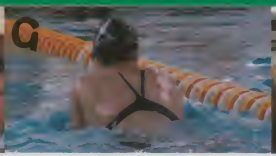
I) Junior divers Brandy Morgan and Kate Stoner enjoy their congratulations after receiving 2nd and 4th place respectively at sectionals.





# Valparaiso Girls Swimming...







# Go Big or Go Home





The team sets the tone by cheering before a meet.

"The most important part of being on a team was looking out for your teammates, and getting through tough times together," stated sophomore Ellen Kozelka.

Valparaiso Girls Swimming perserved through all the practices together.



Junior Hannah Fingerhut

Whether it was winning meets, or just swimming personal bests, the team was successful.

The girls had a winning season with a 6-1 DAC record. The Chesterton dual meet was a highlight for Coach Pete Sattler because of the amount of personal bests. Sectionals was just as successful according to him.

"There was a high concentration of lifetime bests," he remembered. Swimming practices with the boys this year didn't phase them.

A record number of girls traveled to state, ten swimmers and three divers.

"We were really close this year, and that alone made us a very strong team," said junior Danielle Johnson.

Many great memories were made along the way.

"My fondest memory of this season was the pasta parties and cheering at meets until you didn't have a voice," reflected sophomore Kacey Gergely.

"My fondest memory of this season was watching everyone drop time at sectionals. It showed us that the 5 AM practices were worth it," added sophomore Megan Price.



Girls Swimming Front Row (L to R): Alicia Johnson, Jaiysa Lopez, Annaliese Brandt, Brandy Morgan, Nicole Holtzinger, Samantha Bowker, Karitza Medina, Danielle Johnson. Second Row: Jill Seeger, Kate Stoner, Jamie Hootnick, Sarah Goodacker, Emilia Sitja, Megan Rhinefield, Natalie Fisher, Nicole Lawrence, Alyson Tuenge, Lindsey Pfiedderer, Becky Paul. Third row: Manager Michelle Loudermilk, Sam Haller, Patricia Dippo, Marrissa Hothaw, Alexis Clark, Hannah Fingerhut, Megan Price, Chelsea Sharp, Smuruthi Garlapati, Amber Shuta, Amanda Kerner, Devin Howard, Natalie Gough, Becky Townsend, Becky White, Diving Coach Bill Chappo. Fourth Row: Assistant Coach Manny Perez, Varsity Coach Pete Sattler, Courtney Adams, Ellen Kozelka, Emily Cole, Michelle Moore, Mary Kozelka, Karin Rozendaal, Jordan Ringenberg, Kacey Gergely, Chloe Strycker, Emily Welter, Whitney Anderson, Kelcey McShane, Laura Hyer, JV Coach Karen Koelm.










A) Senior Matt Obrien looks at the schedule to see what event he is swimming.

B) Sophomore Ian Moore participates in the 100 meter butterfly during a meet.

C) Junior Eric Vaughn competes in the individual medley which uses all four strokes.

D) Senior Ian Kennedy starts off for the breastroke against Hobart High School.

E) Billy Winder completes a dive.

F) Sophomore Ben Shuta does a backstroke while competing in a meet.

G) Coach Sattler and Junior Dana Huck go over strategy for the next race.

H) Freshman Drew Marciniak competes against Hobart during an away meet.

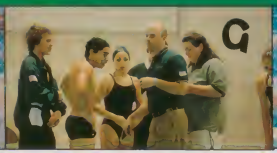






# Boys Swimming...






# Swimmers don't quit and don't swim



Front row: Coach Manny Perez, Becky Townsend, Travis Kipper, Andrew Leeth, Chris Cauchon, Igor Harris, Jeff Skelton, Ian Moore, Brian Connor, Nathan Berbesque, Dana Huch, Micheal Sandridge, Robert Chaisson, Chris Pullins, Tim Hennessy, Drew Marciniak, Derrick Woods, Robbie Johnson, Michelle Laudermilk, Becky White, Coach Karen Koelm. Back Row: Coach Pete Sattler, Matt O'Brien, Collin Willing, Eric Vaughn, Ben Shuta, Brody Carter, Jimmy Zubek, Evan Merz, Alex White, Kevin Carpenter, Corbett Miller, Ian Kennedy, KC Wuebbling, Ross Musak, Billy Wunder, Jamison Todd, Senaka Ratnagake, Kevin Skelton, Neville Gough, Zach Shuta, Coach Bill Chappo.

With many different changes this year, including combining the girls and boys swim teams, there were many positive changes throughout the season.

"I've learned how to get up every morning at five am, and I've enjoyed swimming with a bunch of girls," said senior Zach Shuta.



Senior Zach Shuta

With the team motto "Go Big or Go Home" the swimming team did just that. The Boys Varsity team placed second in sectionals, beating out teams like LaPorte, Michigan City, and Portage. Junior Eric Vaughn placed fourteenth in state at state in the backstroke.

"I realized you received so many benefits from coaching and working with kids," said coach Karen Koelm.

The captains Seneka Raynayake, Zach Shuta, and Eric Vaughn, helped keep the spirits up with other teammates by participating in "Tip of the Goggles", after every meet.

Either on the bus ride home or after a meet, everyone would compliment each other by reinforcing positive contributions made by team members and whoever was the most spirited during the meet would receive the spirit pole and would carry it until the next meet, after writing an inspirational message on it.

"This was the first year the boys and were on the same team. They had a great year, and their team unity was amazing as they pushed and supported each other,"said Koelm.

"My favorite part of the season was about trying to break one's limits everyday," said junior Eric Vaughn.



Doing an inward dive, sophomore Brody Carter competes in a meet.







A) Jessica Johnson enthusiastically cheers on her teammates.

B) Emily Holmen jumps to the high bar during her routine as Dana Webb watches.

C) Sophomores Kathy Rawley and Katelyn Skinner chalk up for their bar routines.

D) Some of the Valpo gymnasts rejoice during a meet.

E) Katelyn Skinner strikes a handstand atop the uneven parallel bars.

F) Junior Dana Webb strikes a pose during her floor routine in a meet against the Merrillville Pirates.

G) Michelle Matchett receives some last minute advice from head coach Mrs. Lorie Cook.

H) Taylor Rose elegantly does a scale during her beam routine.





## Valpo Gymnastics...







Focus

Believe

A!

U Dig?







Varsity Front Row (L to R): Katelyn Skinner, Shelly Kendall, Kathy Rawley, Dana Webb, Michelle Matchett, Taylor Rose, Kimbery Schroder. Back Row: Jessica Johnson, Emily Holmen, Kelly Moran, Janelle Elwood, Leslie Levenhagen, Monica Idstein.

Many members of the girls gymnastics team agreed their favorite part about gymnastics was the girls they got to work with. This year, the team looked forward to practices and seeing their teammates.

Junior Leslie Levenhagen stated, "We always accept all the new freshman and ended up as a very tight-woven team." The positive mental attitude of upperclassmen such as Levenhagen motivated girls new to the team this year. Jessica Johnson especially looked up to her teammates for their hard work and determination.



Senior Monica Idstein

Other girls looked up to members of their team for their desire to motivate the other gymnasts to succeed and also the encouragement they gave each other.

Many of the gymnasts said one of their favorite memories from this season was The Carter Classic at Concordia, located in Fort Wayne.

They enjoyed the increased level of competition and were able to spend more time together.

Some of the gymnasts looked forward to this competition for more than a year since the competition was canceled last year due to unfavorable weather.

Head coach Lorie Cook enjoyed her thirty-first year of coaching at Valpo. She continued coaching due to her many sources of motivation. She adored the time she spent with the team, as well as the relationships she developed with some girls over the years. Cook described the team members as being very close and supportive.

The Lady Vikings matched last season's fourth-place standing with a 109.975 score at the state competition.

Gymnast Monica Idstein came the closest to a medal for Valpo by placing eighth on the floor with a score of 9.65.




Three of the thirteen Valpo gymnasts respectfully stand and face the flag for the national anthem.







A) Sophomore Tommy Churchard tries to pin his opponent. In wrestling, to pin a person, both shoulders had to be on the mat for 3 seconds.

B) Junior Austin Zosso begins to wrestle against a player from Merrillville, the team lost 8-60 in this meet.

C) Coach Mark Evans and Coach Tom Churchard motivate their players to do better during the matches.

D) Sophomore Alex Miller has his component from Merrillville in a head lock position.

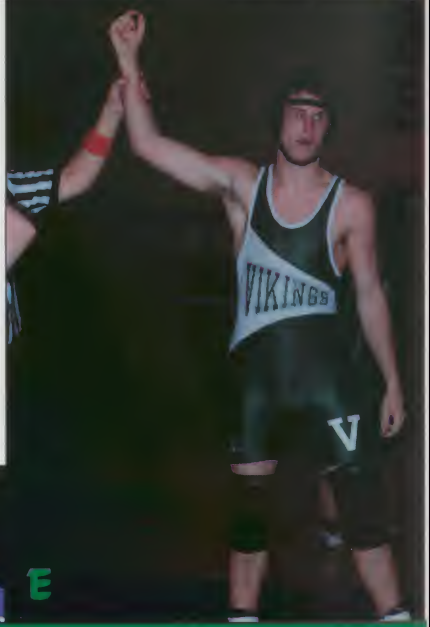
E) The referee holds up freshman Cory Whickars hand for winning his match.

F) Senior Ian Galando shakes the Merrillville players hand to start the match.

G) Junior Clark Hogan is in a standing position as he tries to take down his opponent.

H) Freshman Jake Hneha gets into an awkward position during his match.

Opposite page: The team cheers on their fellow teammates.






# Valpo Wrestling...



# Taking It To The Mat



"We can't be stopped!" That was the theme for this year's wrestling team.

The team this year was the second team in Valparaiso history to have twenty or more wins in a season. The captains were senior Aaron Biggs, junior Austin Zosso and sophomore Tommy Churchard.


Sophomore Otto

There were many goals this year for the team but some of them were individual; Churchard wanted to place in the top eight in the state.

Corey Crew's goal was to wrestle as hard as he could during every match.

Biggs's goal for the season was to wrestle at the Conseco Fieldhouse. "My favorite memory of this season would have been going 20-5 and beating teams like Floyd Central, Fort Wayne Snider, and Penn," said Coach Todd Evans.

This year the team went 20-5 during this season and 4-3 in the DAC. They won the Pioneer and Penn Super Duals and finished 5th at the Traicoff Classic.

Coach Evans motivated his wrestlers by "trying to put each match into perspective."

"Sometimes it helped to see the entire picture and not just a small portion," Evans said.



**Varsity** Front Row (L to R): Manager Christina Csonka, Matt Basile, Clark Hogan, Aaron Biggs, Jeff Shaprio, Alfonso Bray, Tommy Churchard, Tom Drakos, Derek Wilson Back row (L to R): Manager Ashley Sohovich, Corey Crew, Kyle Hittinger, Alex Miller, Austin Zosso, Phil Rodenbeck, Paul Kasperan, Brandon Tritle, Tim Harried, Rob Martin, John Small, Ian Golando, Manager Robyn Rothgeb



**Junior Varsity** Front Row (L to R): Sam Bezotte, Ken Armour, Alex Barrios, Jerry Vasile, Paul Bernaschina, Shane Valasquez, Zayas Felton, Matt Burgess, Mark Bonick, Jake Johnson Top row (L to R): Todd Miner, Mate McGhee, Otto Proud, Ricky Chumbley, Jennings Pemberton, Ross Buncher, Corey Whicker, Devon Scott, Ben Tobey, Kyle Klien, Bradone Kimes, Mike Kosik, Josh Hull, Tom Piemrntal, Brandon Kimes







A) Senior Ashley Thompson takes a lap around the track as she begins to warm up before a meet.

B) Freshman Taylor Rose sails over the high jump with inches to spare.

C) Sophomores Becca Hoefler and Meghan Denny wait with senior Carolyn Maynard to throw in the discus event.

D) Putting herself into perfect position, sophomore Kathy Rawley sails into the sand pit during the long jump.

E) Sophomore Kathy Rawley clears a hurdle as she prepares to race.

F) With a look of pure concentration, sophomore Abbey Sutton sets up for another jump on the pole vault.

G) Junior Alex Jones attempts to hold off approaching competitors as she rounds the final turn of her race.

H) Junior Megan Steiner takes off as her teammate, junior Dana Webb, passes on the baton during their relay.





# Girls Track...







# Whistle Run It! Gun It!





Left: Junior Amanda Hardesty picks up the pace as opponents from Lake Central try to catch her at the final turn of the relay. Right: Rushing down the straight-away, seniors Ashley Thompson and Olga King compete against one another during the 100 meter dash.

Senior Liz Pochop was a distance runner on the track team since her freshman year. Her main motivation throughout the past four years has been her love of running and her admiration for her teammates.

"My distance girls were my best



Coach Jim McCall

friends," said Pochop. "They were the most talented athletes that I knew."

Varsity runner Ashley Thompson, also a senior, shared Pochop's devotion to the team.

"I loved the fact that we were all working together for one goal," said Thompson, alluding to the girls' collective ambition to "take it to state."

Thompson qualified for state in the 400 meter relay, and ran the final leg of the race. Pochop also ran at state in both the 1600 meter relay and the 3200 meter relay, where she shared a third place finish with juniors Lauren and Amanda Hardesty and Molly Steiner.

Lauren Hardesty had an especially memorable experience at the state meet. Her blistering win in the 1600 meter event, with a time of 4:56, left the state champion "shocked" at her own "unbelievable ending" to the season.

Hardesty was the third runner in VHS Viking history to win a state individual event.

The team also found success off the track. Senior Carolyn Maynardtook seventh place in the pole vault.

With endless determination and a true competitive spirit, the team beat out rivals such as Chesterton to achieve personal victories as well as an eighth place finish overall for the season.



Top Row: (L to R): Coach Cavanaugh, Coach Hoffman, Coach Devries, Coach McCall; Second Row: Hanna Stern, Caitlin Casey, Mallory Jindra, Ashlee Karp, Rachel Kipsis, Molly Steiner, Lauren Hardesty, Amanda Hardesty, Liz Pochop, Kathy Rawley, Ruth Sanders, Melissa Moeller, Jackie Schrader, Megan Steiner, Becca Hoefler, Taylor Craig, Taylor Fleeman, Carmen Lococo; Third Row: Meen Boribourne, Hanna Mueller, Kateiga Skinner, Nicholle Staack, Abbey Johnson, Kelcey Olsen, Caitlin Weeks, Rachel Donner, Dailin McDowell, Kristin Claiborne, Carolyn Maynard, Dana Webb, Michelle Matchett, Taylor Rose, Jessica Rudovich; Fourth Row: Kassi VanKeppel, Mo Biggs, Jocelyn Schirato, Justia Cain, Olga King, Natalie Villasenor, Jenna Agee, Sumer Abuthaesan, Francesca Pastrai, Kelly Moran, Olimpia Burgess, Megan Ranegan, Cindy Rawley; Fifth Row: Maddie McKulin, Sharmaine Biggs, Alex Jones, Karitza Medina, Carmen Rojas, Kristen Engeren, Annaliese Brandt, Ashley Thompson










A) Junior Drew Zwomboski prepares to throw the discus.

B) Jon Clark and Tyson Daake receive some track side pointers from Coach Jeff Kalish.

C) Flying through the air, Hollis Ballard takes his best attempt at the long jump.

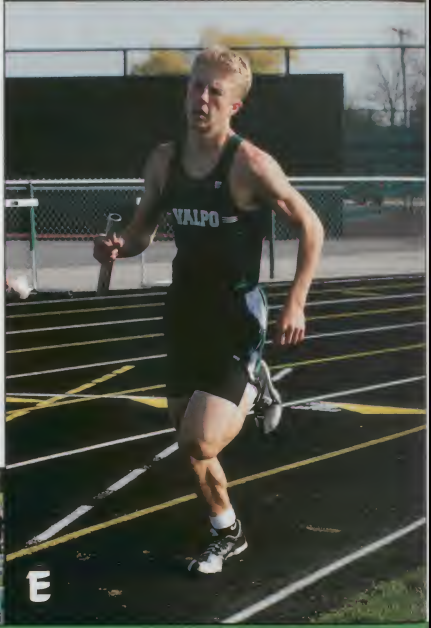
D) Racing past his opponent, Brian Tran flies over a hurdle.

E) JT Sirokie, also known as Rocket, competes in a team relay.

F) Running in a longer race, Jack Ryan and Matt Meyer attempt to pull ahead of the pack.

G) Working as a team, a group of distance runners jogs to warm up before a race.

H) During his first year in high school track, freshman Matt Hills clears the high jump bar.







# Valpo Boy's Track









# Valpo: A Class Act.



Pushed by team veterans, the 2006 boy's track team had a positive mentality. They stayed focused with the goal of always improving.

A number of runners came back once again to push themselves to the limits. Many of the guys were running on the VHS track team since their freshman year and continued to participate for many reasons: to stay fit and active, to enjoy the thrill of competition, as well as the appreciation for their teammates. Another backbone to the team, Coach Polizotto, inspired the runners to do better through setting goals and practicing with intensity. With twenty-one years of coaching track and field, Polizotto had the knowledge to set the bar high; some of the goals included: going undefeated and winning conference, as well as the sectional, regional, and state competitions. He continued coaching because he enjoyed helping people, working towards a goal, and interacting with students outside of the classroom.



Nate Wendrickx

Not only did Coach Polizotto wish to succeed in an ordinary competition, but he hoped to excell with every meet and constantly improve. The most talented of runners were able to keep this spirit alive.

Gilbert Allen, a senior, motivated other track participants through his accomplishments. "His attitude helped others not only in track but life, and that included friends, and family," commented teammate JT Sirokie. His sophomore year, he improved his times during every competition.

Many of the members of this year's team looked forward to competing against different teams, including Merrillville and Portage. The guys ended their season with a 6-1 PAC regular season record.



**Track Team** Front Row (L to R): Andrew Hostetler, Tim Hennessy, Johnathan Farrell, JJ Peller, Joe Price, Brad Colter, Kevin Latta, Pat Bushbaum, Mark Evans, Glenn Mueller, Cam Weeks, Carl Rivera, Jontae Randolph, Jon Clark, Adam Robinson. Row Two: Sam Tallman, Aaron Biggs, Zach Fromm, Tyler Doane, Jordan Vouga, Nick Skok, Vaughn Leslie, Matt Hudgins, Brian Tran, Jake Hreha, Matt Kennedy, Alex Paul, Kyle Jacques, Blake James, Jeff Jensen. Row Three: Coach Polizotto, Don Johnson, JT Sirokie, Chris Owen, Mike Pavell, Scott Shimala, Drew Zromkowski, Brian Goodaker, Kevin Ostafinski, Jon Zimmerman, Evan Gootee, Mark Stymiest, Kory Erb, Nathan Wendrickx, Gilbert Allen. Row Four: Coach Kolish, Brian Miller, Billy Wunder, Brent Sever, Nate Malone, Kyle Klein, Matt Meger, Kevin Costalonga, Billy Ryan, John Berning, Jason Higginbotham, Alex Fusak, Brandon Cornett, Nick Rodich, Travis Allen, Connor Snapp, Coach Hefner.



Senior Tim Hennessy helps set up hurdles before the race begins.

## Regional Champs!!!









A Junior Brittany Hoffman waits to return a serve.

B) Sophomore Priantka Reddy and freshman Christina Rodick talk to the tennis coach Bob Barthold.

C) Sophomores Laura Middlestat and Krista Schaefer play the game of doubles.

D) Sophomore Priantka Ready returns the tennis ball to her opponent, trying to create a good volley and to win the match.

E) Senior Kate Larson and freshman Brianna Sever shake hands with their opponents from Crown Point.

F) Freshman Mia Kalisch returns the tennis ball to the other side of the court.

G) Doubles partners Katie Shraeder and Erica Bengel work together to try and win their match.

H) Melissa Hensley finishes serving. She played 1 doubles.







# Valpo Girls Tennis









# Serving an Awesome Ace



The team claps for fellow teammates.

"The goals this year were to have fun, learn new things about the game, to improve, and to always give our best," said coach Bob Barthold.

Having fun was a big part of the tennis team this year, and with their motto being "Would you like yours toasted?" one can tell that they girls did have fun.



Junior Lauren Prow

Portage and Munster were the teams that the girls looked foward to playing the most. "I liked playing Munster because they are always our last match of the regular season, and it's always a challenge," senior Kelly Goffiney said.

"I looked forward to competing against Portage because my cousin was the number one singles player on their team. I looked forward to a friendly competition," freshman Bri Sever said.

Many of the girls also looked up to girls on the team." A team member that I looked up to was Melissa Hensley. She always made practice fun, and she always played well in a match. Plus, she and Lauren Prow were undefeated this year," senior Kate Larson said.

This year the tennis team had a record of 7-8 and they won their sectional.

"This season was a good learning experience for the younger members of the team," said junior Lauren Prow.



**Varsity** Front Row (L to R): Erica Bengel, Allison Witte, Mia Kalisch, Kate Larson Top Row( L to R): Assistant Coach Dixon, Kelly Goffiney, Bri Sever, Lauren Prow, Christina Rodich, Melissa Hensley, Prianka Ready, Head Coach Bob Barthold



**Junior Varsity** Front Row (L to R): Katie Shrader, Arpita Appannagari, Laura Mittlestaedt, Ashley LeBar Top Row (L to R): Asistant Coach Dixon, Kelci Banschbach, Stephanie Ranegar, Cassie Felton, Krista Schaefer, Brittany Hoffman Coach Bob Barthold







A) Senior outfielder Keith Carlson throws the ball back in to the infield.

B) Senior Tim Handlon begins to steal a base.

C) Pitcher senior Clint Kyrsa winds up to throw the ball.

D) Junior Chooch Sizemore slides into one of the bases before the base man could tag him out.

E) Assistant Coach Steve Krutz talks strategy with junior Nate Windsor while they wait for the pitch.

F) Infielder, senior Jamie Smith, throws the ball to first base to try to get other team out.

G) Senior Clint Kyrsa debates whether or not to steal to the next base.

H) Senior Jim Meyers waits for a pitch to try to hit the ball and get on base.





# Valpo Baseball







# Down In The Dirt



Senior Billy Allen

"Respect all...Fear none," was this year's theme for the baseball team. The varsity team finished their regular season with a record of 15-13. They placed 3rd and were 9-5 in the Duneland conference.

Junior Jarrod Carr was most proud of the fact that the team beat LaPorte and Crown Point twice as well as Lake Central. "Those were teams that were all ranked in the state's top ten," he stated.

The Vikings lost in the sectional competition to the Crown Point Bulldogs with a score of 10-0.



**Varsity** Front Row (L to R): Mgr. Nick Montgomery, Keith Carlson, Jarrod Carr, Jim Meyers, Chooch Sizemore, Aaron Johnson, Jerry Vasile Second Row (L to R): Assistant Coach Steve Krutz, Brian Loutzenhiser, Jamie Smith, Sean Funes, Dale Clapp, Clint Kyrsa, Tim Handlon, Seth Clinkenbeard, Nate Windsor, Alex Sarkisian, Matt Lasky, Billy Allen, Head Coach Todd Coffin



**Freshmen** (L to R-Top Row) Assistant Coach Chad Evans, Elliott Wratten (mgr), Matt Violanti, Ben Klawitter, Jeremiah Withrow, Ben Wilson, Ben Olejniczak, Travis Jefferson, Stephen Villagran, Cody Karolzak (Bottom Row) Derek Wilson, Ryan O'Laughlin, Matt Krantz, Tyler Wilson, Tony Hite, Cage Dobbins, Coach Todd Evans



**Junior Varsity** Front Row (L to R): Sean Cunningham, Todd Miner, Nathaneal Lawson, Mike Demonja. Second Row (L to R): Coach John Gutierrez, Ethan Kruse, Alex Sarkisian, Dale Clapp, Scott Rastovic, Jake Schroeder, Brian Loutzenhiser, Paul Krenz










A) Junior Brittany Kubal prepares to take a hit against the Merrillville Pirates.

B) Sitting in the dugout, the varsity team watches the field.

C) Getting low and ready to ground a ball, freshman Andrea Fraley is prepared for defense.

D) Five members of the team gather around to discuss a play.

E) Pitcher Autumn Blankenbaker attempts to strike out a Merrillville hitter.

F) Chally Clem throws the ball with all her energy as a teammate watches.

G) Sophomore Jordan Longstreth prepares to bat as she watches for the pitch.

H) Running the bases, Amy Howell watches to make sure she will be able to make it to the next base safely.







# Valpo Softball









# Love of the Sport





**Varsity** Front Row (L to R): Brittany Woldt, Caity Leverich, Megan Arizpe, Angelique Alvarado, Brittany Kubal, Jordan Longstreth, Amy Howell, Tara Villarreal, Mgr. Ashlea Olsen. Row Two: Morgan Olsen, Andrea Fraley, Brittany Leslie, Autumn Blankenbaker, Angel Fraley, Ashley Garrett, Haley Leuthart, Chally Clem, Coach Levandoski

The softball team improved its abilities this season through their experiences. The girls started off as young, individual players without much field experience. However, since then, the girls worked together to become a team and make drastic improvements.



Junior Amy Howell

They were motivated by the, "pride and love of the sport," commented Coach Kathy Levandoski.

From year to year, players progress due to hard work and improved confidence. The girls went through tough times in order to learn and further their ability to play the game well. In the past, the team was unable to control their game in difficult situations and panicked; they improved their composere during the season. The girls played by a rule, "Every game, one could either get better or worse, you never stayed the same."

The team looked forward to tough competition. Portage and Chesterton usually brought a good challenge and team veterans anticipated their game days. Levandoski looked forward to competing against the eleven state-ranked teams in order to judge the team's progress.

Many of the girls participated in softball for more than half of their lives. They chose to participate due to family members playing and they enjoyed the sport.

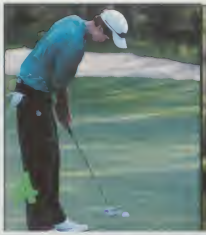
Junior Britty Kubal, who played softball for approximately twelve years, was a role model for teammates.

"She was a great player, and whenever I was frustrated about a play or a strikeout, she would give good advice. During the games, she always had a great attitude and she cheered everyone on," said Angelique Alvarado. Likewise, Kubal admired Alvarado because, "she got the job done when it needed to be done."



**Junior Varsity** Front Row (L to R): Alexis Clark, Samantha Haller, Jessica Keaton, Jordan Jones, Brittany Nevill, Nicole Holesinger. Row Two: Coach Harrington, Kassie HaberKamp, Dani Landgrebe, Emily VanLaan, Emily Welter, Jordan Garibson, Lisa Kurtz, Mgr. Julie Floran.

Record: 8-18







A) Sophomore Cliff Bryan says golf can be difficult because one must focus on one shot at a time and not get ahead of oneself.

B) Junior John Krupinski hits iron.

C) Senior Travis Ranegar drives down the fairway.

D) Sophomore Cliff Bryan trys to free his ball from a bunker.

E) With a look of pure concentration, senior David McGonigle chips a shot.

F) During competition, sophomore Ryan Earl hits a wedge.

G) Junior John Krupinski tees up on the box.

H) On the course at the Valparaiso Country Club, senior Austin Ritter drives his shot.

I) Sophomore Scott Ostijic says that his coach helps him perform better by teaching them what shots to play and when to play them.

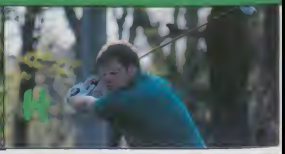




# Valpo Golf...







# The will to win





Senior Austin Ritter walks towards his ball on the green. In the state boys golf final played at the Legends of Indiana Golf Course, the Vikings placed eighth with a total score of 617. Senior David McGonigle's two day total of 151 was the best on the team at the state final.

"What I enjoyed most about participating was the everyday improvement, and hanging out with the guys on and off the course," said sophomore Scott Ostojic.

The team motto for this year was Throwin' Darts. The boys tried to put the ball as close to the hole as possible, similar to when throwing darts.



Senior Travis Ranegar

Junior Michael Nolan said the part of golf that made it difficult was that one must perform constantly. One couldn't just make up the mistakes later.

Sophomore Cliff Bryan thought that the pressure one felt when one knew that the team needed someone to shoot low also added to the difficulty.

"This season's team was unique because we had six seniors," said Coach John Knauff. He enjoyed winning most of the meets, and watching the players improve.

In order to help his golfers compete, Coach Knauff worked not only on skills but the mental approach to the game as well.

"You had to remain in control of your emotions at all times," said Knauff.

"We were all good friends and we got along great together," said senior Chris Wellsand. Some of Wellsand's favorite memories included playing Michigan City and Lake Central.

Many of the golfers made time to perfect their sport.

"I hit balls at Creekside all through the winter," said junior Gene Hart.

At sectionals, the team placed first, winning the title based on the tiebreaker of the fifth man scores.



**Golf Team:** Front Row (L to R): Scott Ostojic, Zach Lomaka, Eric Lisak, Michael Nolan, Gene Hart, Chris Wellsand, John Krupinski, David McGonigle. Back Row: Coach Paul Pera, Coach Wayne Lichtenberger, Drew Ramirez, Chris Baldwin, John Cribbs, Austin Ritter, Cliff Bryan, Travis Ranegar, Joe Gough, A.J. McLinn, Ryan Earl, Coach John Knauff

Jordan Vauga



Kevin Wilson





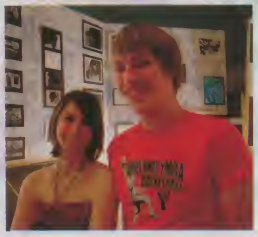




# AP/IB Art Show

## April 26-27, 2006





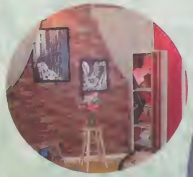


Monica Munoz

Rachel Kenworthy & Adam Vass

Jessica Gordan, Allie Zikesch
Allison Nix

Students who Participated:
Carlton Bishop
Caitlin Casey
Daphinie Cramsie
Nikolas Dorlin
Jessica Gordon
Jessica Heimberg
Rachel Kenworthy
Katie Lenz
Caitlan Magdison
Maricol Marcinkowski
Harold Matias
Thanzeela Mohideen
Michelle Moore
Allison Nix
Jasmine Nwabara
Derek Ransom
Nick Rapley
Jacqueline Schrader
Adam Vass
Kevin Wilson
Vanessa Wirth
Allie Zikesch
Meagan Arizpe
Ashlee Aytes
Marie Bautista
David Black
Michelle Brodzinski
Christy Brown
Amy Carlile
Emily Erftenbeck
Smruthi Garlapati
Susannah Gingerich
Kelly Goffiney
Dana Homegardner
Melissa Jamison
Jessica Johnston
Kit Johnson
Keri Kearns
Jordan Lill
Cam Mahnic
Carolyn Maynard
Renee McShane
Monica Munoz
Laura Nietert
Lindsey Papka
Amanda Pocratsky
Joe Price
Samantha Robertson
Nikkie Samay
Jillian Simson
Dever Thomas
Holly Wiergacz
Allison Witte
Amanda Zale













The Advanced Placement/International Baccalaureate Art Show was held on April 26th and 27th in the upper gymnasium from six to eight p.m.

Students created themed exhibits that displayed their artwork which was created in class throughout the school year. Such themes included a night scene, a hippie commune, and a children's playroom.

"I enjoyed spending an entire school day to work on the set-up. It was a blast. I am always curious about what other people have to say about my work how it made them feel.

or if it affected them at all," said junior Nick Rapley.

Some students used their space to show their opinions on important issues in society. Exhibits focused on a large range of topics such as politics, homelessness, and individuality.

"The art show was a really fast paced event for most people. I wanted to get people to STOP and look at my art. I put the celebrity portraits on the back wall to attract people into my booth. Then they took time to look at my other pieces." said senior Carolyn Maynard.



# Life, outside

Money... it is the driving force behind high schoolers with jobs. Whether or not they needed money, jobs were the only way of having a cash flow.

The majority of high school students worked an average of 15-25 hours per week and most teens enjoyed their jobs. The income they generated from jobs was typically spent on gas, insurance, car payments, and clothing. "It's not a big surprise that most student income was going into their gas tanks because the prices peaked at about $3.51 per gallon",said Elaine Szarmach.





Alyssa Magagnotti worked about 15 hours per week at Smart Fun selling toys. "I worked because it taught me to be responsible and on time, and of course the extra spending money wasn't bad either", said Magagnotti.

So, when the hours were long, the pay was low, and coworkers were difficult, it was important to remember that in any situation the only thing you had to do was just keep on keepin on.

# of school.



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Class of 2006





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## Mrs. Anderson



## Mrs. Connelly

Some teens thought that four years of high school was a long time. It was not for Mrs. Vella Anderson. She taught at Valparaiso High School for 30 years and had a career in teaching for a total of 36 years. Does it sound easy? Most people would say no. While the stresses came with it, it sure was a great time for Anderson and she will miss those great times after she retires this year.

Before teaching, Anderson grew up in Merrillville and said she had a very traditional childhood. She had a stay-at-home mom and savored the times when she got to go with her to the library. Anderson started getting interested with the idea of being a teacher when she got a blackboard and chalk from Santa at Christmas. "I would always want to play school," Anderson said. "My friends would be all lined up [like a classroom] and I would always be the teacher." Anderson always loved real school as well, which fed her desire to be a teacher.

Anderson has two stepchildren, Josh and Elise. Josh is 32 and lives in Denver. Elise is 25, lives in Ohio, and has two kids. At the high school, Anderson has taught business law, marketing, note taking, study skills, keyboarding, and has taught a 10th grade computer class at Benjamin Franklin for 4 years. Even though she's been in VHS's business department for 30 years, Anderson says that several things about the high school itself have changed since then. "There used to be no bells," said Anderson. "We would let kids go at the right time and then they would come in when it was time. Nobody really worried about tardies back then." She also said that there were about 900 students and only 3 grades-from 10th to 12th. Anderson said that there was a more relaxed atmosphere, and that once every so often the study halls would get to watch a movie.

Anderson said that her favorite book was *Bridges of Madison County* by Robert James Waller because it is a love story. Her favorite movie is Dr. Zhivago for the same reason: it's a love story. In her spare time, she enjoys reading, biking, and playing the hammered dulcimer, which is an instrument somewhat similar to a giant autoharp.

She chose this year to retire because her husband retired last year after being an art teacher at VHS and she feels it's time to enjoy the plans they've had for awhile. Anderson said she's glad she's retiring loving what she does. Her short-term plans consist of continuing their participation in a classic car club and going to the National Conclave in Akron, Ohio. In addition, she and her husband will also be going to New England this fall to enjoy the beautiful autumn colors. Something she's looking forward to in the long run is getting more time to travel.

Anderson said that she will miss the youth of the students, her colleagues, and the school environment. Her fondest memories of VHS are all of the friendships she has made. What she won't miss is all of the paperwork and grading. She said she's planning on looking into a program where she can get involved in teaching hearing-impaired students at the university level.

"As I leave, I still love teaching," said Anderson. "I will miss it."

After five years in the media center's task force, Mrs. Kathie Connelly finally found her calling outside the halls of VHS. Connelly, a media center specialist, decided to retire at the end of the school year, partly due to her husband's urging. "I knew it was time," said Mrs. Connelly. "My husband and I both decided that it was just time. There are so many other things we want to do with our lives."

With plenty of free time and no need to be at school at 7am every morning, Connelly will spend her time golfing, traveling, and reading. "My husband and I are planning to travel to Florida for the winters from now on. We are also planning a trip to Hawaii – not this summer, but soon enough," she said.

Beginning work at the VHS media center in 2001, Connelly was a stay-at-home mom as well as a librarian before coming to the high school. "My favorite part about my job now is working with the students here," said Connelly. "I love interacting with them – each one can teach you something different."

Students are not a joy 100% of the time, however. Connelly's biggest pet peeve is when students are rude. "We are all here to help you. You would be surprised how much more willing people are to help you when you are polite and appreciative."

An avid reader herself, Connelly has found her own private haven among the book shelves in the media center. "My all-time favorite book is The Firm, by John Grisham. I also like Gone with the Wind – both the book and the movie."

Much has changed since Mrs. Connelly walked through the doors of the high school for the first time five years ago. "The biggest change I have noticed is the changes made through technology. That aspect of the media center has evolved so much, and it's neat to watch things change – especially when they change for the better."

This summer, Connelly plans to enjoy her retirement by catching up with friends, cleaning, and getting out in her boat. "To celebrate my retirement, I will probably throw a party for a group of my girlfriends, where we get together for lunch and some good conversation."

Although she is glad to retire in order to spend more time with the loved ones in her life, Connelly will miss her job. "The main thing I am going to miss is the structure of working – the schedule, and the purpose of always having to wake up in the morning, and always having somewhere to go and something to do."

One goal of Connelly's retirement is to see the Grand Canyon, as well as other exotic locales she has never frequented before. "Most people don't know that I'm a huge basketball fan," said Connelly. "I love VU basketball, and high school basketball. You might not see me at work, but you will definitely still see me at all of the basketball games."

During her retirement, she looks forward to spending time with her family and friends. "I have two children, ages 28 and 33. It will be nice to get to spend time with them, and get to travel a little bit." Mrs. Connelly's advice as far as students are concerned? "BE nice to everyone and they will be nice to you. I know it sounds corny, but it has proved itself true again and again. Treat others as you want to be treated, and expand your mind by reading a good book!"



Mrs. Gambel



Mrs. Dagnall

In the fall of 1973, theatre specialist and speech teacher Mrs. Alice Gambel began working at Valparaiso High School.

"Each subject was divided into mini-courses. There was a radio class, debate class, and an oral interpretation class. There was even a rap session class where students would sit around and talk about different topics. In total, there were about ten different nine week mini courses. Each student would have to take two," said Gambel.

When asked what was the most difficult thing about the early years of teaching; Gambel answered with a laugh.

"The most difficult part was surviving," she said.

Yet, in the earlier years, Gambel enjoyed the rapport with the kids. Being closer to their age had its perks. At cast parties, she danced with her students and enjoyed their company in a different way then later in her career.

In the later years, Gambel was more relaxed. It was easier to listen to the students. She no longer worried about the subjects, because she knew everything about them. She knew the materials that she was teaching, which allowed her to be more creative when she pondered ideas or new materials in which to incorporate in her classroom.

"My favorite production would have to be the one that's over," Gambel said laughing.

Gambel has directed April Antics since the beginning of her career. It is a money maker that helps out the production department. Also, it is a chance for students to get involved.

The most difficult thing about April Antics is tying the entire show together. It takes a lot of thinking and creativity to tie each act together.

Gambel is a strong advocate that students and children everywhere today need to have the arts.

"Kids have to have the arts. Nobody does anything with just their brain. You need to have the arts to express yourself," she said.

In addition to directing musicals, Gambel has also written one herself. It was titled "Not a Baby Anymore" and was shown at Valparaiso University.

Gambel said one her fondest accomplishments as a teacher was doing the CAT class. It stands for Creative Musical Theatre. It is a composition class where students get to go to New York and Chicago to meet professionals while writing their own original compositions. The course is held every other year.

Thirty three years have passed and Gambel feels it is time to retire. What she has done for the theatre department speaks for itself.

"Set attainable goals and work for them, no matter what age or place in life. Have purpose." Those are the words of wisdom that Mrs. Cheryl Dagnall hopes that her students will carry with them long after she has retired.

Dagnall is retiring to spend more time with her husband, children, and grandchildren. The majority of her thirty-three years at VHS were spent teaching Child Development, but she has also taught Nutrition and Wellness, as well as Interpersonal Relationships.

She loved watching students mature from freshman to seniors, but she also enjoyed working with the preschoolers. "I truly had the best of both worlds," said Dagnall.

In her free time, Dagnall plans on doing lots of quilting and traveling. She has been to every state in the U.S. and has traveled all throughout Europe. Her favorite state that she has traveled to is Alaska, because she enjoys nature. "Out of all the places that I've traveled, my favorite is still home," said Dagnall.

If she hadn't taught at VHS, she would have been a nurse. "I always thought that I wanted to be a nurse, but it wouldn't have worked out because I can't stomach blood at all," said Dagnall.

The most challenging part of teaching at VHS was keeping a balance between the student-teacher relationships. "I tend to get very close to the students and I'm very motherly. Sometimes it's difficult to maintain the balance between your personal life and your professional life," she said.

VHS has changed a great deal since Mrs. Dagnall began teaching, and she has found that over the years, it has become harder to get close with the kids. "The school has gotten a lot larger. There were a lot of new members of the faculty and we're not as close knit," said Dagnall.




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# Symphonic Band



**Flute:** Amber Caballero, Kristin Engerer, Julene Jolley, Katie Mika, Katie Reinert, Brittany Stack, Alyssa Walter. **Oboe:** Mike Moore. **Bass Clarinet:** Matt Meyer. **Bb-Clarinet:** Jodie Boy, Cassie Felton, Sriharsha Kota, Haley Leuthart, Emily Longhi, Ajay Major, Monica Mockler, Lani Rush, Colleen Sikorski, Nick Skok, Mike Zapetillo. **Alto Saxophone:** Robert Parker, Brian Tran, Nick Virgil. **Tenor Saxophone:** Nick Lawerence. **Baritone Saxophone:** David LeBar. **Trumpet:** Vesna Bukur, Brody Carter, Mike Durak, Ryan Earl, Corbett Miller, Mike Pavell, Aaron Porter, K.C. Wuebbling. **Horn:** Josh Bowman, Megan Evers, Collin Willing. **Trombone:** David Albers, Aaron Carlisle, Kevin Krupchak, Evan Merz. **Euphonium:** Marcus Mues, Jeff Riggle. **Tuba:** David Wenzel. **Percussion:** Jim Burnell, Kevin Costalunga, Jon Gold, Michael Rose, Michael Slack, Alyson Twenge.

# Concert Band



**Flute:** Patrick Bushbaum, Emily Cender, Courtney Ramano, Angela Rooker, Amber Shuta, Emily Walits. **Oboe:** Crystal Cobb, Lindsey Pfleddерer. **Bass Clarinet:** Jessie Ruisard. Baritone Saxophone: Jamiey Lipscomb. **Bb-Clarinet:** Nicole Bianco, Emily Cole, Hayley Costas, Krissy Hasselbring, Danie Hoffman, Mia Kalisch, Hanna Mueller, April Sirokie, Kate Wandasiewicz. **Alto Saxophone:** Mak Hozo, Michael VanVliet. **Tenor Saxophone:** Sam Elder. **Trumpet:** Alex Archer, Skyler Balmer, Nathaniel Booker, Alex Brietzke, Rebecca Johnson, Ben Klawitter, Steven McGuirl, Katee Riggle, Pat Skelton. **Horn:** Zack Dahlgren, Paulina Schau, Theresa Srnick. **Tuba:** Joe Idstein, Robert Penman. **Trombone:** Kyle Breitenbach, Nick Clark, Andrew Kutkoski, Scott Nemeth, Jeff Skelton. **Euphonium:** Andrew Hostetler, Vaughan Leslie, Daniel Whitlow. **Percussion:** Dee Affeld, Emily Kolodziej, Nate Malone, Ross Mosak, Eric Schoer.

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# Concert Orchestra



**First row:** Gina Long, Hannah Scupham, Aaron Zerza, Mike Barton, Anna-Lisa Nyborg, Brad Colter, Daphinie Cranisie. **Second Row:** Melanie Ohm, Mary O' Hara, Ashley Vanderwall, Megan Ranegar, Jessica Wells, Kathryn Philips, Kayla Breitenbach, Alexes Valestin, Casey Thompson, Sonia Radke, Devon Scott, Kelly Dimitroff. **Third row:** Alison McDonald, Olivia Wise, Kelsey Angelini, Emily Lundstrom, Cora Grossnickle, Jacqueline Painter, Heather Huber, Laura Franz, Annie Nolan, Erica Wickstrom, Steve Nardi, Joe Price, Brad Cozza, Marissa Hoshaw, Bryan Colter. **Fourth row:** Melissa Reach, Abby Gratz, Phil Jakich, Stephanie Mahan, Kristen Kelly, Simone Williams, Angela Rooker, Rick Stark, Mr. Tim Kopf. **Not Pictured:** Liz Price, Nicole Holesinger, Ken Long, Jill Seeger, Becky Townsend.

# Chamber Orchestra



**First row:** Jon Chen, Smita Das, Jason Copeland, Emily Barry, Matt Jadrnak, Paige Thompson, Megan McGrath. **Second row:** Brittney Alyea, Lisa Fitzgerald, Sarah Lindsey, Heidi O'Hara, Kaitlyn Cook, Sarah Dooley, Justin Schafer, Erika Marinello, Amy Ridder, Cliff Bryan, Frank Odar, Juliana Kahrs. **Third row:** Megan Price, Laura Hyer, Karin Rozendaal, Jourdan Ringenberg, Emily Schmidt. Melissa Gronek, Andy Reich, Kristen Pallok, Kelly McMillan, Tiffany Smock, Mike Mullen, Joe Price, Alex Costakis, Margo Andrews, Matt Scuderi, Alecia Brown, Erin Gehrig. **Fourth row:** Laura Mittlestaedt, Arianna Kovachevich, Mr. Tim Kopf, Krista Schafer, Michelle Walker, Jordan Lain, Gabrielle Philips, Stefani Puaca, Katie Rodenbeck, Courtney Wright, Josh Boynton, David Beckwith, Katie Horan, Nikke Ault, Ben Townsend, Ken Long. **Not Pictured:** Jason Rothenberger, Sarah Davis.

# A BAND



**Flute:** Sarah Albers, Shauna Croarkin, Monica Idstein, Mary Kozelka, Laurie Mullins, Lorrin Ostojic, Sarah Surber. **Oboe:** Laura Alonzo, Jill McMillan, Linda Rohe. **Bassoon:** John Dougherty, Harold Matias, Andreas Shepard. **Bass clarinet:** Ian Kennedy, Shashika Stanislaus. **Bb Clarinet:** Jane Bowker, Elizabeth Boyce, Kristen Ellison, Madeline Foster, Katherine Hostetter, Ashley Naramore, Jamie Patton, Julie Wandasiewicz, Melissa Young. **Alto Saxophone:** Andrew Gambel, Jason Higginbotham, Nick Kelley, Ben Kenis, Andrew Schmidtke. **Tenor Saxophone:** Chris Minissale, Grace Sutherland. **Baritone Saxophone:** Sean Cunningham. **Trumpet/Cornet:** Paige Anderson, Andy Baker, Kathy Dehring, Michael Hammond, Danny Livarchik, Jen Marshall, Rajiv Pithadia, Seneka Ratyanke, Kimberly Schroeder, Mike Scott. **Horn:** Alex Andrejevich, Aaron Brown, Natalie Gough, Katelyn Holub. **Trombone:** Michael Moran, Jordan Merz, Burton Piper, Emily Williams. Euphonium: Loman Fox, Eddie Garwick, Jamie Smith. **Tuba:** Scott Doebler, Kyle Hittinger, Evan Witters. **Percussion:** Eric Allen, Carolyn Engerer, Robert Grossman, Sam Grossnicke, Kenny Lipscomb, Michael Patterson.

# B BAND



**Flute:** Madeline Baker, Katelyn Casey, Mary Moats, Jaiyssa Lopez, Nicholle Staack, Barbara Wilkerson. **Oboe:** Andria Kessler, Ellen Kozelka. Bassoon: Gianni Galbiati. **Bass clarinet:** Emily Simison, Shelly Westerhausen. **Bb clarinet:** Ali Bluell, Danijela Bukur, Michael Bocek, Liz Dzomba, Lexxi Lawson, Tessa Meyer, Jessie Mueller, Abby Olack, Kevin Ostanfinski. **Alto Saxophone:** Caitlan Casey, Cameron Hilker, Julia St. John. **Tenor Saxophone:** Donald Sands. **Baritone Saxophone:** Don Johnson. **Trumpet/ Cornet:** Paul Albers, Brad Gottschlich, Ben Kroft, Phil Santay, Carolyn Shaffer, Michael Stuck, Peter Westrick. **Horn:** Samm Bowker, Betsy Janus, Matt Kennedy, Tanav Popli, Becky Schoon.**Trombone:** Blake James. Jordan Longstreth, Todd Miner. **Euphonium:** Alyssa Ensign, Michael Moran, Kate Stoner, Brent Taylor. **Tuba:** Michael Huguenard, Sam Ostafinski. **Percussion:** Ben Bernthal, Elizabeth Danielson, Tom Leland. Nick Rapley, Peter Zale.

# Mixed Chorus



**First row:** Yuki Okumura, Amanda Swinehart, Chris Lockard, Aaron Velasquez, Zach Bergman, Patrick Martin, Jackie Neumann, Fawn Selsor. **Second row:** Laurel Peterson, Ana Bates, Brittany Hyde, Alexa Raynor, Amal Akbik, Melissa Estrada. **Third row:** Mrs. Schoon, Becky White, Chelsea Schroeder, Hannah Camp, Molly Brittain, Jorie Mulvihill, Brianne Wozniak, Haley Glickauf, Alexa Amatulli, Morgan Olsen, Kristin Sulich, Felecia Owens, Solanna Dommer, Kayla Lloyd, Mrs. Schonbachler. **Fourth row:** Mrs. Shepard, Emilia Sitja, Tiffany Tyler, Brittany DePriest, Tiffany Sandberg, Valerie Slagle, Teagan Manogg, Maggie Freeman, Hanna Stern, Tracy Reff, Chelsea Wilson, Courtney Murphy, Bree Synder, Kelly Hetzel. **Not Pictured:** Patrick Fraley, Alyssa Metcalfe, Vicky Morgan.

# Women's Chorus



**Front row:** Arita Appannagari, Brittany Nevill, Jessica Smick, Gina Bishop, Megan Banschbach, Erica Wickstrom, Jordan Jones, Becky Townsend, Annaliese Brandt, Erin Williams, Becky Brown, Maddie Miskulin, Salome Santiago. **Second row:** Emily Krysa, Christina Heath, Rocio Rodea, Becky White, Jessica Allen, Amanda Kerner, Tiffany Vega, Marie Rodriguez, Jill Seeger, Christie Gleason, Brandy Goldman, Kaitlan Williams, Becca Millian, Mrs. Schonbachler. **Third row:** Mrs. Schoon, Kassi Van Keppel, Anna Kispert, Samantha Goethals, Hannah Hupp, Kassie Haberkamp, Allison Flasch, Nellie Jindrichova, Kaylen Wanek, Lani Rush, Sara Alessi, Samantha Lawson, Tory Ford, Caitlin Sherman, Ame Wallace. **Fourth Row:** Kelly Ann Linder, Mary O'Hara, Jessica Lampman, Samantha Schelling, Tori Schroeder, Kate Sanders, Alyssa Turk, Hannah Weitzel, Courtney Gleason, Ruth Zemke, Ruth Sanders, Ashley Heroldt, Jessica Archer, Naomi Staub, Chelsea Sharp. **Not Pictured:** Sydney Castle, Sara Sowers.

# Concert Choir



**First row:** Jenny Vega, Laura Alonzo, Julia St. John, Sarah Kretzmann, Nick Bullman, John Thyen, David Conison, Josh Earhart, Alisha Garrison, Kate Gonzalez, Heidi O'Hara, Kailee Pynakker, Jenna Ensign, Marissa Taylor. **Second Row:** Amanda Thomas, Rachel Donner, Courtney, Wright, Kristen Alessi, Leeann St. John, Tim Hennessey, Andrew Basile, David Cross, Chris Latta, Tanav Popli, Robbie Dunevant, Stephanie Shelton, Susannah Gingerich, Dallin McDowell, Allyson Lodics, Mrs. Schonbachler. **Third row:** Mrs. Hazen, Kylie Johnson, Anna Kispert, Laura Punter, Madelin Foster, Lindsey Papka, Paul Albers, Greg Gibson, Brad Wanek, Michael Stuck, Zach Neill, Caitlan Weeks, Erika Farwig, Emily Schmidt, Lauren Bryan, Annesa Kasparian, Kristin Claiborne. **Fourth row:** Mrs. Schoon, Mari Diveris, Hillary Reisinger, Carley Gasaway, Elizabeth Garnes, Emily Williams, Alex Dean, David Stuck, Eddie Garwick, Tyson Daake, James Winter, Frank Odar, Karli Costalunga, Cami Kern, Rebecca Schoon, Tracey Reff, Diane Hardin. **Not Pictured:**Sean Cunningham, Loman Fox, Kaitlan Kearby, Mike Moran, Aaron Porter, Justin Schafer, Katie Scherschel, Molly Vass.

# Men's Chorus



Front row: David Albers, Ashton Kleemann, Patrick Thornton, David Fox, Robert Sarwacinski, Aaron Porter. Middle row: Mrs. Schoon, Ryan Huffman, Scott McGuirl, Andrew Guard, Vince Garza, Nick Bullman, Mrs. Schonbachler. Back row: Steve Engel, Jerry Tondini, Greg Gibson, Tyson Daake, James Winter, Trey McClain, Kris Brown, Travis Jefferson. Not Pictured: Dan Wagner, Ryne Wooley.

# Varsity Singers



First row: Lauren Byran, Susannah Gingerich. Second row: Kailee Pynakker, Paul Albers, James Winter, Tanav Popli, Nick Bullman, Leeann St. John. Third Row: Julia St. John, Brad Wanek, Kristen Alessi, Andrew Basile, Karli Costalunga, David Stuck, Hillary Reisinger, Eddie Garwick, Sarah Kretzmann, Dave Cross, Annesa Kasparian, Dave Conison, Laura Punter, Tyson Daake. Fourth Row: Cami Kern, John Thyen. Not Pictured: Sound Crew: Kris Brown, Alex Dean, Vince Garza.

# CASS

## "It's not just joking around!"

CASS stands for Creating a Safer School, and that's what the CASS mentors did. They started the forum team for the high school and continued their success with the middle school mentors.

Senior Brandon Cornett and sophomore Julie St. John teach their middle school students the importance of Point of View.



### Why did you decide to join CASS?



"Because I wanted to make the most awkward years of a child's life a little less stressful by letting them know someone is there for them and understands what they are going through."
-Tiffany Casey, 06



"I joined CASS to change people's lives. I stayed in CASS because it changed my life."
-Brandon Cornett, 06

Cass mentors gather in the Ben Franklin commons for snacks before their students arrive.





Senior Carly Butterfield relaxes at the BF middle school commons while waiting for her students to arrive.

Senior Beth Hoffman and Junior Matt Ziolkowski chat while waiting for their students to arrive.





CASS instructors gather before the start of the middle school mentor session.

Eric Allen bonds with his kids while listening to a presentation.



# August 21, 2005

The first day of School



# September 19,05

The ipod mini is replaced by the ipod Nano.



# October

1-The homecoming dance takes place after the Vikings were defeated by Portage.

# November

Jodee Blanco author of two bestsellers, "It's Not Just Joking Around", and "Just Stop Laughing at Me" spoke at our school about bullying.

# December 8, 05



was John Lennon's 25th death anniversary. A special memorial was located in Strawberry Field's in New York City's Central Park.

# January 31, 06

Senator Hilary Clinton seeks help for ground zero workers in asbestos bill. She sought to create a Federal Asbestos Compensation Fund.

7-A four-year-old boy takes his mom's car out for a spin. He was unable to use the accelerator but the idling car took his mom's car the 1/4 of a mile to the video store where he then caught the eye of a policeman.

# February

# March 24, 06

Spring break begins

# April 29,06

A middle school in M.N. mistakes a giant burrito as a weapon, the school was put on lockdown for over two hours after the suspicious item was identified as a 30 inch long burrito.

# June 7, '06 We GRADUATE




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# Staff

# look...we made it.

It seemed just was only our first day of school. But, whether it comes as a surprise or not, the year truly is over. For the undersclassmen, it might seem like just another year. But, to the seniors, it means so much more.

To the class of 2006- I hope we look back on our high school experience with happiness. There might have been times when we just wanted to give up, but we didn't. We made it through all four years of high school. We took the good with the bad and just dealt with it. We are done...our lives are up to us now. We can choose to dwell on our past mistakes or we can use what we have learned to create our new lives and establish new goals. We must always keep in mind that without bad there is no good. Our best option is to not let either impact our lives in a negative way. My advice? Remember to keep on keeping on...and keep yourself content.

-Sarah Kepa



Wow! We've finally made it. Between prom, football games, surprise quizzes, and our stressful finals, the year is finally over. As we all move on to college, new careers, and living in different places we remember where we came from, it was our home for four years, it was the place where we grew up to become the people who we are today. Valparaiso High School. It meant different things to all of us, but regardless of the good times and the bad, the class of 2006 did it together. I hope that the good outweighed the bad, so keep on keeping on 2006.

To the class of 2006, as quoted by Bob Dylan:

The line it is drawn,
The curse it is cast,
The slow one now
Will later be the fast.
As the present now,
Will later be past, the order is,
Rapidy fadin'
And the first one now
Will later be the last.
For the times they are a-changin'.

-Holly Wiergacz




The advisor was Gordana Sormaz

# Colophon

The 2006 yearbook was produced in room A101 by the yearbook staff. Phil Page was the Jostens Representative. The yearbook was produced using six PC Dell computers. The program utilized was Adobe InDesign CS2. The fonts included: AYT Alice Text, AYT Austure, AYT Cheerstype, AYT Clarence, AYT Cowgirl, AYT Jackson, AYT Keifer, AYT KendallScript, AYT Kindle, AYT Kurt, AYT Oliveoil, AYT ReturnToEarth, and AYT TickTock.

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# Staff

# DO YOU REMEMBER

1) My hardest memory of this year _____

2) My closest friends this year were _____

3) My hardest class this year was _____

4) My favorite dance this year was _____

5) My favorite teacher this year was _____

6) My biggest challenge this year was _____

7) My favorite new movie this year was _____

8) My favorite song this year was _____

9) My favorite after school activity this year was _____

10) My favorite new experience this year was _____

11) My favorite school project was _____

12) My favorite restaurant was _____

13) My best friend this year was _____

14) My favorite local restaurant this year was _____

15) My favorite moment this year was _____

